

Covid19 First Aid Course Information

DJM/2020

What We Know

The Covid-19 Coronavirus spreads through droplets expelled from an infected person, and reaching the airways of another. Droplets spread through speaking, singing, coughing, sneezing and can remain in the air for a number of hours. The virus can survive on hard plastic and metal surfaces for up to 72 hours. Most alcohol or bleach disinfectants kill the virus. Increasing distance between people can dramatically lessen spread of the virus. As of July 2020 vaccines are about to be distributed, and it is not known if previous exposure to the virus provides immunity, and even it does, it is not known how long this immunity lasts.

Our Training With Social Distancing

In order to comply with government guidelines, Learn2Rescue are constantly adapting how we teach. Classes will be held with minimal contact, regular sterilising, face guards and gloves where required. Where possible we try to maximise ventilation and use full size manikins for the recovery position. It is aimed that each participant will have their own manikin to work with, and a full size manikin will be used to practice recovery position. If participants feel confident to perform the recovery position on each other, then it is possible to partner up.

Risk Assessment

It is expected that the organisation will risk assess the participants taking the training, and bring to the attention of the trainer any concerns they have around Covid-19, social distancing and let the trainer know if any of the group have any specific health concerns that might put them at greater risk.

