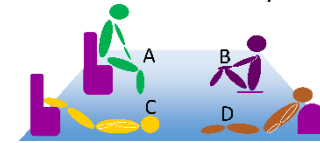


- Who can administer an auto injector in an anaphylaxis emergency?
 - The casualty and anyone officially trained at recognising signs and symptoms
 - Only the casualty can self-administer the medication
 - Only medical professionals and the person to whom it is prescribed
 - Anyone can, it is not a complicated procedure
- Bully boss has broken gentle Jonny's jaw. What can you do for Jonny?
 - Bandage tightly around the jaw, over the head to immobilise area
 - Provide a cushioned cold pack for pain relief and transfer to hospital
 - Immobilise the jaw and neck using neck collar, call 999 for a paramedic
 - Place Jonny in the recovery position, leaving Billy to look after him
- Receptionist Ahava has a fading level of response, after a bad bleed. An ambulance was called 15 minutes ago, she is on her back, her legs are raised, what else do you do?
 - Move her to her side as she is about to pass out
 - There is no more you can do, the ambulance will be there soon
 - Update ambulance to the deterioration and prepare to move her to her side
 - Stimulate her to keep her awake using pain and splashes of water
- Polly has inhaled poisonous sulphuric gases in the lab. She is coughing slightly, but seems ok, what pro-active measures do you take?
 - Reprimand her for opening the fuming cupboard, as the room stinks now
 - Send her with a colleague to sit outside, and send other staff to get help
 - Tell her to let you know if she does not feel any better in a hour
 - Sit her by your office entrance, so you can keep an eye on her
- Stacey has just been stung by a bee, and has a little sack of poison still attached:
 - You flick it off and give her a drink of warm tea with honey
 - Do not remove it, apply ice and immobilise by bandaging around the sting
 - Wash the area with warm soapy water, and apply anti sting spray
 - Remove it without squeezing poison into her from the sting sack, and wash
- An elderly partner is having a seizure because they are clearly too hot, what do you do?
 - Hold them still and gently place a wooden spoon in their mouth
 - Move the fitting casualty into a cool bath and place in cold water around them
 - Call 999 and wait for help in a cool area with the casualty
 - Reduce the heat exposure, cool them down, pad the area around the partner and time how long the seizure lasts, and consider calling 999
- Fifty year old Jody is frustrated as she has a grass seed in her eye, you can see it, her eye is not really hurting, but feels uncomfortable. What can you do?
 - Get a helper to hold her eye open, while you extract it using tweezers
 - Try flushing it out using saline solution or water, if no luck take her to hospital
 - Bandage both her eyes up so she cannot see at all, and call an ambulance
 - Leave it in there, and encourage her to cry, it will eventually fall out

- Which is a preferred position for a conscious casualty with breathing problems?



- Sarah has a painful large burn on her arm, and is feeling dizzy. What do you do?
 - Run it under tepid cool water for at least 20 minutes, with Sarah lying down
 - Forget the burn, and get Sarah down in case she passes out
 - Forget the dizziness and get the burn under water for a 10 minutes
 - Run it under tepid water for at least 2 minutes, then lie Sarah down
- Something has got stuck deeply into toddler Bruce's ear, what is the best treatment?
 - Using water and warm oils, gently tease the object out of the ear
 - Using tweezers and cocktail sticks, remove the foreign body
 - Take Bruce to the A&E department, where they can remove it carefully
 - Call 999, but do nothing yourself, let the emergency services deal with it
- 28 year old Jim has a splinter in his finger. It is small and still poking out. You would...
 - ... tell Jim to go and wash his hands and hope it comes out
 - ... wash the area for Jim and put a plaster on it. We are not allowed to remove splinters
 - ... carefully tell Jim to wash his finger, then using tweezers pull the splinter out. Make it bleed slightly and then wash again, finally covering with a plaster
 - .. call 111 and ask for advice, or 101 for less urgent assistance
- Susy has had a second seizure. She is now not moving. Can you help?
 - Yes, leave her in the recovery position and call ambulance. She might have further fits
 - No, she needs to sleep it off. Just let her sleep where she is
 - Yes, try to get some sugary food and drink into her ready for the next seizure
 - Yes, look for any medication she needs and get that into her somehow
- Athena has wheezing breathing problems, what's wrong with her and what can you do?
 - She has a first asthma attack, lie her down on the floor
 - She is worried and panicking, help her breathe through a paper bag
 - You diagnose asthma, give her Zakie's asthma inhaler to use
 - You diagnose asthma, sit her up easing her breathing and call an ambulance
- Joseph is nine and feels very sick after lunch and looks pale. What can you do?
 - Give him Coca Cola™ as it helps settle the stomach
 - Ask SAMPLE questions including what he ate for lunch, be ready for him to vomit and send home
 - Encourage him to vomit as you suspect he has swollen poison
 - You think it might be poison, so lie him down and let him sleep it off



15. Tim had a bump and an adult tooth came out whole, what help can you offer?
- Carefully clean the tooth completely and insert it back into the gum, then refer to dentist or hospital
 - Rub the tooth clean thoroughly, and then insert it into back into the gum
 - Send Tim to a dentist or hospital, keeping the tooth in milk, saliva or water
 - Manage bleeding and send the tooth home with Tim for the fairies to deal with
16. Rebecca hates dogs, now one has bitten her arm and run away, leaving a small puncture wound. What can you do?
- Just clean the area. A dog's saliva is a natural antiseptic and so it will be ok
 - Apply a tight tourniquet to the area above the bite to stop infection spreading
 - Clean and cover the area, check for other injuries and then send to be checked at hospital
 - Call police to have the dog seized, and an ambulance for the bite
17. Beth has totally trapped her leg under a heavy joist, and has been there for 10 minutes. You cannot see any bleeding. Do you lift it off?
- No, it has been too long. She will need urgent medical specialists. Just call 999
 - Yes, it has not been too long, remove it slowly and carefully. Call 999
 - No, it might be punctured a blood vessel and cause uncontrollable bleeding
 - Yes, but put a tourniquet **below** the area first to totally stop the blood flowing
18. The correct adult CPR protocol is:
- 2 rescue breathes, 30 compressions followed by 2 breaths again
 - 5 rescue breathes, 30 compressions followed by two breaths again
 - 5 rescue breathes, 15 compressions, 2 breaths, then 15:2 repeated
 - 30 compressions followed by two breaths, then 30:2 repeated
19. How do you treat a nose bleed?
- Pinch the nose at the soft part below the bridge and lean the head **back**
 - Pinch the nose at the soft part below the bridge and lean the head **forward**
 - Put ice on their neck to attract the blood to that area, while they pinch it
 - Pinch the hard bridge part of the nose for up to 30 minutes
20. The asthma medication Salbutamol is not working, why might that be?
- The casualty is not inhaling the medication, help them breathe it in
 - The inhaler is empty, find a replacement
 - It is the wrong inhaler, check they use the correct one
 - All of the above are possible



now check your answers!

First Aid at Work Assessment Paper 3

- As it is not a requirement for first aiders to be able to read or write English.
- Learners may be unfairly challenged by the paper. If this is the case please contact Learn2Rescue to discuss different assessment options.
- The paper should be undertaken in typical exam conditions.
- A maximum of 30 minutes should be allowed for candidates undertaking the assessment.
- A clock should be prominently displayed in the assessment room
- Learners should be spaced round the room and be sat at least 1.5 metres apart.
- Learners should not be allowed assistance to answer the questions, but help understanding certain words is permissible.
- The assessment paper consists of 20 multiple choice questions.
- The pass mark of the paper is 15 correct answers.
- Learners must demonstrate competence before commencing the practical assessments.
- Any learner who fails to achieve 15 correct answers should be referred
- Do not write on the question paper.
- Learn2Rescue has an appeal process for those that want to have their test results investigated.

Good luck