

Paediatric First Aid Course Information

DJM/2018

Course Aims and Objectives

Learn2Rescue's paediatric first aid course is designed for busy EYFS Key Stage 1 and 2 educators aiming to learn first aid, or refresh previously studied areas of the basic life support skills necessary to maintain life in the event of a medical emergency with children. Courses can be used as team building activities. This is a 12 hour course, 6 of which has to be face to face excluding breaks.

Intended Outcome

The intended outcome for course participants is to revise their knowledge of elements they would have studied in previous qualifications, or learn from new, paediatric first aid. The course will give participants the knowledge to administer first aid to children, but regular revision of the information is recommended. The elements below are covered on paediatric first aid course as specified in the DofE Statutory framework for the early years foundation stage booklet, and found on page 36. They include:

- **Ability to assess an emergency situation and prioritise what action to take**
- **First aid administration**
- **Help a baby or child who is unresponsive and breathing normally**
- **Help a baby or child who is unresponsive and not breathing normally**
- **Help a baby or child who is having a seizure**
- **Help a baby or child who is choking**
- **Help a baby or child who is bleeding**
- **Help a baby or child who is suffering from shock caused by severe blood loss (hypovolemic shock)**
- **DfEE /Ofsted responsibilities**
- Help a baby or child who is suffering from anaphylactic shock
- Help a baby or child who has had an electric shock
- Help a baby or child who has burns or scalds
- Help a baby or child who has a suspected fracture
- Help a baby or child with head, neck or back injuries
- Help a baby or child who is suspected of being poisoned
- Help a baby or child with a foreign body in eyes, ears or nose
- Help a baby or child with an eye injury
- Help a baby or child with a bite or sting
- Help a baby or child who is suffering from the effects of extreme heat or cold
- Help a baby or child having: a diabetic emergency; an asthma attack; an allergic reaction; meningitis; and/or febrile convulsions
- Understand the role and responsibilities of the paediatric first aider (including appropriate contents of a first aid box and the need for recording accidents and incidents)

Topics in bold italics tested on day 2

Certification and Qualification

L2R courses are taught by qualified first aid instructors, all of whom regularly teach first aid at different levels. This 2 to 8 hour course will renew the annual basic life support skills required. The course can be used against the verifiable CPD points on request. This course is ideal for those caring for children aged 0 to 11. Secondary schools are recommended to combine this course with a three day First Aid at Work course. See further information below.

Teaching Style and Trainer Expectations

It is intended that this course provides a pleasant and relaxed atmosphere in which to learn. Delegates are requested to make arrangements for the phones to be answered and for there to be no disruptions. Your trainer will expect the participants to engage, co-operate in sessions and make the trainer aware of any difficulties.

Course Evaluation

All Learn2Rescue courses are evaluated. At the start of the course, participants will be informed that all delegates will be asked to give fair and honest feedback in order to help with continual course adjustments and maintain high levels of education and tutor development.

Payment

A deposit is normally paid to secure the booking and the balance required within two weeks of start date. In case of last minute cancellations, deposits are not usually refundable, as trainers will require remuneration.

Logistics

The room used should have enough space for participants to practise recovery positions. Refreshment arrangements are the responsibility to the venue, unless L2R have agreed separately to make provisions. Participants are reminded to wear comfortable clothes as the group will need to demonstrate putting each other into the recovery position. Ladies should not wear low cut tops and trousers are recommended, gentlemen are asked not to wear shorts. Participants will need to be able to do CPR which requires a certain amount of physical work. The presenter may want to project slides onto a space on the wall. There will be time for a break in the middle, but it is preferred staff do not return to their offices to start with office work. Please let L2R know if there are parking restrictions and any specific needs relating to your staff, and if you have more than 12 members of staff attending.

Department for Education and Ofsted

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The Government's Department for Education and Employment has departments to discuss and monitor the welfare of children in schools. Other government departments overlap with these, for example the Department for Work and Pensions that oversee the Health and Safety Executive. Guidelines in first aid were also outlined in the Department of Children, Schools and Families, but this was combined with the DfEE. An Ofsted inspection represents the DfEE and monitors children's welfare. In law two main areas of legislation are in place:

The learning and development requirements are given legal force by an Order³ made under section 39(1)(a) of the Childcare Act 2006.

The safeguarding and welfare requirements are given legal force by Regulations⁴ made under section 39(1)(b) of the Childcare Act 2006.

Extract from **Statutory framework for the early years foundation stage booklet**

Published: 3 March 2017

Annex A: Criteria for effective PFA training

1. Training is designed for workers caring for young children in the absence of their parents and is appropriate to the age of the children being cared for.
2. Following training an assessment of competence leads to the award of a certificate.
3. The certificate must be renewed every three years.
4. Adequate resuscitation and other equipment including baby and junior models must be provided, so that all trainees are able to practice and demonstrate techniques.
5. The emergency PFA course should be undertaken face-to-face and last for a minimum of 6 hours (excluding breaks) and cover the following areas:
 - Be able to assess an emergency situation and prioritise what action to take
 - Help a baby or child who is unresponsive and breathing normally
 - Help a baby or child who is unresponsive and not breathing normally
 - Help a baby or child who is having a seizure
 - Help a baby or child who is choking
 - Help a baby or child who is bleeding
 - Help a baby or child who is suffering from shock caused by severe blood loss (hypovolemic shock)
6. The full PFA course should last for a minimum of 12 hours (excluding breaks) and cover the areas set out in paragraph 5 as well as the following areas:
 - Help a baby or child who is suffering from anaphylactic shock
 - Help a baby or child who has had an electric shock
 - Help a baby or child who has burns or scalds
 - Help a baby or child who has a suspected fracture
 - Help a baby or child with head, neck or back injuries
 - Help a baby or child who is suspected of being poisoned
 - Help a baby or child with a foreign body in eyes, ears or nose
 - Help a baby or child with an eye injury
 - Help a baby or child with a bite or sting
 - Help a baby or child who is suffering from the effects of extreme heat or cold
 - Help a baby or child having: a diabetic emergency; an asthma attack; an allergic reaction; meningitis; and/or febrile convulsions
 - Understand the role and responsibilities of the paediatric first aider (including appropriate contents of a first aid box and the need for recording accidents and incidents)
7. Providers should consider whether paediatric first aiders need to undertake annual refresher training, during any three year certification period to help maintain basic skills and keep up to date with any changes to PFA procedures.

For older children in secondary school, a separate booklet produced by the DfEE offers 'good practice' advice for first aid in schools. This booklet is available by searching for 'guidance on first aid for schools - Gov.uk' Published 15 August 2000. This booklet goes into a lot of detail about first aid in schools including risk assessments, the responsibility to adult staff, first aid kits and locations. For this age group.