

# Re Qualification of First Aid at Work Course Information

DJM/2020

## The First Aid at Work Qualification

Historically the Health and Safety Executive monitored employees' safety at work, and the Health and Safety (First-Aid) Regulations Act of 1981. Each employer must take steps to protect and care for those in their care. This includes First Aid provision. It is generally recommended for offices that for every 50 employees there is one FAW qualified person, and in more high risk locations, one for every five employees. Failure to provide adequate welfare could result in criminal prosecution.

## Course Aims and Objectives

Learn2Rescue's FAW Course is designed for busy professionals aiming to train in first aid, or refresh previously studied areas of the basic life support skills necessary to maintain life in the event of a medical emergency. Courses can include all staff to encourage group activities and team building.

## Who is the course for?

This course is intended for those that have completed a FAW course in the previous three years and require a requalification of the FAW. Participants will need to have current FAW certificate. In some exceptional circumstances participants can still do this course 28 days after the three years expire.

## Intended Outcome

The intended outcome for course participants is to revise their knowledge of elements they would have studied in their initial qualifications. The elements covered on the Requalification FAW course include:

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| <ul style="list-style-type: none"><li>• Incident management</li><li>• Reporting incidents</li><li>• HSE responsibilities</li><li>• Recovery positions</li><li>• Secondary survey</li><li>• Cardio pulmonary resuscitation</li><li>• Automated exterior defibrillation</li><li>• Choking</li><li>• Bleeding</li></ul> | <ul style="list-style-type: none"><li>• Burns</li><li>• Breaks</li><li>• Fainting</li><li>• Heat imbalance</li><li>• Stroke</li><li>• Shock (Hypovolaemia)</li><li>• Head injuries</li><li>• Heart attack</li><li>• Poison</li></ul> | <ul style="list-style-type: none"><li>• Epilepsy</li><li>• Diabetes</li><li>• Anaphylaxis and asphyxia</li><li>• Bandaging</li><li>• Stings</li><li>• Splinters</li><li>• Eye injuries</li><li>• Open forum questions</li></ul> |
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It is also intended that this course provides a pleasant and relaxed atmosphere in which to learn. Delegates are requested to make arrangements for the phones to be answered and for there to be no disruptions.

## Certification and Qualification

This course is taught by qualified first aid instructors, all of whom regularly teach first aid at different levels. This two day course will renew the annual basic life support skills required. It can be used against the verifiable CPD points on request. Should you require an Ofqual recognised qualification, this can be arranged at an additional cost.

## The Assessment

There is a multiple choice test and continual knowledge checks during the course. Practical skills can be externally assessed if your risk assessment deems it necessary, and it carries an in-house L2R qualification. Sensitive and discrete arrangements can be made for those with learning difficulties.

## Course Evaluation

All Learn2Rescue courses are evaluated. At the start of the course participants will be informed that all delegates will be asked to give fair and honest feedback in order to help with continual course adjustments and maintain high levels of education and tutor development.

## Payment

Payment terms and conditions can be found on the invoice, normally 25% payment is made on booking, and the remaining balance a week or two before the course start date. Deposits and last minute cancellations are not normally refundable, as L2R incur costs when the course is booked.

## Logistics

Participants are reminded to wear comfortable clothes as the group will need to demonstrate putting each other into the recovery position. Ladies should not wear low cut tops and trousers are recommended. Participants will need to be able to do CPR which requires a certain amount of physical work. The presenter may want to project slides onto a space on the wall. There will be time for a breaks during each day, but it is preferred staff do not return to their offices to start with office work. Please let L2R know if there are parking restrictions and any specific needs relating to your staff, and if you have more than 12 members of staff attending.