

Short school Enrichment Course for Sixth Formers' Peer to Peer Training. Information Sheet

DJM/2020

Course Aims and Objectives

Learn2Rescue's Secondary School peer to peer project is designed for teenagers to lead basic first aid sessions for lower school students. The course is aimed to be delivered in an engaging way that will entertain and educate, without creating fear of what injuries and illnesses can potentially ultimately result in. However, there is always a possibility that children can be concerned or alarmed as a result of the course and staff should risk assess vulnerable children independently.

Intended Outcome – Sixth Form

The aim is to provide the sixth formers with an official Emergency First Aid at Work qualification. This six hour course is recognised by the Health and Safety Executive and a starter level course in Basic Life Support. With the knowledge gained together with some basic youth leadership training, the sixth formers would then pass skills onto classes in the school, in short high impact sessions. Pre reading notes can be arranged and created by six formers to reinforce their own knowledge. These can be then made available on the school and Learn2Rescue websites.

Intended Outcome – Years 7 - 11

The session can cover any area of first aid, but some suggestions of what could be covered are listed below. Time, space, the room and finances will dictate how much information can be taught.

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| • Incident management | • Using and AED | • Seizures |
| • Recovery Position | • Choking | • Burns |
| • Cardio Pulmonary Resuscitation | • Bleeding | • Breaks |

Certification and Qualification

The lower school students will be given a certificate of attendance. This holds no qualification, but demonstrates that they have attended a short first aid awareness course.

Teaching Style and Trainer Expectations

It is intended that this course provides a pleasant and relaxed atmosphere in which to learn. Longer sessions will be in the form of activities and games, using drama and physically performing activities to learn first aid. A ratio of one educator to ten students is best in order to maintain discipline and control. Short sessions will be less active, but teaching one topic or revising a previously studied one.

Course Evaluation

All Learn2Rescue courses are evaluated. After the course the sixth former and school staff will be invited to complete an evaluation to provide feedback to L2R trainers and the six formers taking the sessions. The project will be regally evaluated by the school staff, Learn2Rescue and lead six formers, together with school council students or representatives from each year.

Payment

Learn2Rescue in the community do not normally charge for a certain number of communal projects of this nature. If there is to be a charge for the sessions. A 25% deposit is normally paid to secure the booking and the balance required two weeks of before start date. In case of last minute cancellation, deposits are not usually refundable, as trainers will require remuneration.

Child Protection and Safeguarding

All risk assessments and child protection concerns should be raised with L2R before the course date. L2R trainers are instructed not to be alone with children and contact kept extremely minimal, if at all. Six formers responsibilities to safe guarding and child protection will be managed by the school.

Governance

The techniques and skills taught in the courses provided will be monitored by Learn2Rescue staff. Learn2Rescue has its own internal trainer evaluation and appraisal systems in place. Learn2rescue follow the guidance laid out in the Resuscitation Council UK resus.org.uk and in the voluntary aid societies' first aid manual, published by DK books.

Logistics

The room used should have enough space for participants to practise recovery positions. It is recommended that children wear sports clothes and gym mats are recommend if the floor is not carpeted.