



Teresa L. Gregersen, ABD, ACP®, LPCC, LAC

INDUSTRY EXPERIENCE

Population Health
Clinical Integration
Managed Care Contracting
Sales and Proposal Development
Program Development
Research and Data Analysis
Humanistic Counseling
Somatic Therapies

LEADERSHIP

Associate Director
Clinical M.A. Supervisor
Adjunct Faculty
Board Member

THOUGHT LEADERSHIP

NAADAC
APA
CSJ
FCA
NALA Facts & Findings

EDUCATION

Doctoral Candidate, Counselor Education & Supervision

M.A., Mental Health Counseling

B.A., English

Teresa Gregersen is an Advanced Certified Paralegal and licensed mental health counselor, specializing in humanistic approaches to mental health care. She is also a doctoral candidate, completing a PhD in Counselor Education and Supervision. With more than 25 years of intrapreneurship experience, Teresa's trusted and collaborative style allows her to effectively leverage the creativity and strengths of employees, leading to significant growth and innovation within established businesses.

Teresa has a passion for training and developing new leaders. While serving as an Associate Director at a Fortune 10 company and as a Project Manager at a Fortune 10 and Fortune 100 company, Teresa developed customized, individually tailored, comprehensive training programs covering technical skills, company policies, and professional development. Teresa currently serves as Adjunct Faculty two Universities, where she designs and teaches online, hybrid, and in-person courses in psychology and counseling.

Teresa is dedicated to advocating for people who are routinely denied access to services and subject to discrimination. Prior to her current role, Teresa supported several hospital systems and organizations by providing direct care servicing adults and adolescents experiencing acute and chronic mental illness, substance use disorders, and houselessness.

Teresa's conducts research in the areas of social justice and advocacy, artificial intelligence, and value-based care. She facilitates experiential workshops across disciplines on global perspectives, educating employers and employees about issues related to different worldviews.