

HERO April Calendar

HERO Discovery Center

212 E Osborn Rd.
Phoenix AZ 85012
(602) 248-0368

Staff:
Steven Saucedo
(Manager)
602-214-9231

HERO Hours of Operation:

Mon & Thur 11:30-3pm
Tues & Wed 9:00-11:30am
REN Mon-Fri 7:30-3:00pm

Breakfast from 7:30am-9:00am
Lunch from 11:45am-12:45pm
***ALL Outings are bold on the calendar. Community Events are in Italics.**



Calendar is subject to change as needed.

Sign up for events at renaz.org/events

MON.	TUE.	WED.	THU.	FRI.	SAT.
		1 All Staff Closed 	2 Lets Go: Burlington Coat Factory 11:30-3pm 	3 Eggstravagnza: SQUID GAMES 	4
6 REN on the move: Papago Park 11:30-3pm 	7 Express yourself 9-11:30am 	8 Music Appreciation 9-11:30am 	9 Lets Go: Goodwill 11:30-3pm 	10	11
13 REN on the move: Encanto park 11:30-3pm 	14 Cooking Skills 9-11:30am 	15 Reset Room: Sound Healing Meditation 9-11:30am 	16 Lets Go: Christown Mall 11:30-3pm 	17	18
20 REN on the move Margaret Hance 11:30-3pm 	21 Interactive Games 9-11:30am GAMES 	22 Healing Through Words 9-11:30am 	23 Lets Go: Five and Below 11:30-3pm 	24	25
27 REN on the move: AZ Falls 11:30-3pm 	28 Create Your Vibe 9-11:30am GOOD VIBES 	29 Mental health Movie day 9-11:30am 	30 Lets Go: Christown Mall 11:30-3pm 	 <p>HAPPY SPRING ALL RIGHT, WHO PLANTED THE FLOWER?!</p>	

1:1 Time Available - This is an opportunity to have some time with the program manager to openly discuss what's going on.

Art - This is a time to creatively express yourself through the planned art activity, we will be wood painting

Calendar— Come help HERO put together a calendar of your dreams.

Cooking Skills- Come learn how to make some simple dishes in our kitchen.

Eggstravaganza: Squid games month—Join all of REN and Get ready for the ultimate spring showdown at our Eggstravaganza! This isn't your average Easter event—we're bringing the excitement of Squid Game-style challenges together with festive fun at Saguaro Ranch Park! Members will compete in high-energy, interactive games inspired by Squid Game, all while enjoying a safe, supportive, and fun-filled environment. From thrilling challenges to laughter, teamwork, and friendly competition, this event is all about stepping out of your comfort zone, building confidence, and making unforgettable memories. Whether you're in it to win it or just here for the vibes, Eggstravaganza is your chance to connect, play, and celebrate the season in a whole new way. Don't miss out—let the games begin!

REN on the move— Through outings in the community, members build confidence, practice social skills, and strengthen their independence while creating positive, meaningful experiences. This group promotes connection, exploration, and personal growth in a supportive and empowering environment. So come and join your fellow HEROs on an exciting adventure!

Lets Go— Come enjoy a fun eventful outing with your fellow peers as we adventure out in the community!

Music Appreciation-Get ready to turn up the energy in our Music Appreciation Group! This is your space to vibe out, share your favorite tracks, and explore how music connects to your mood, memories, and life experiences. Whether it's a song that lifts you up, helps you cope, or tells your story, every voice matters here. Come ready to listen, share, and discover new sounds while building connection, confidence, and positive vibes together!

