




AUGUST 2025 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>No matter what people tell you, words and ideas can change the world.” -Robin Williams</p> 				<p>1 AM Group 9-11:30 Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa PM Groups 12:30-3 RENewal Spa Good Vibes Music Time MindMasters</p>	<p>2 Saturday Services 7:30AM-2:30PM Self Love Saturday (On-Site Activity) Activity Info: Come and get some love at REN. Explore ways to improve the love you have for yourself.</p> <p><i>*Activity subject to change</i></p>
<p>4 AM Groups 9-11:30 Muscle Mondays RENewal Spa Gratitude Monday MindMasters Creative Writing Journey to GED REN Newsletter Arts & Sciences Collective PM Groups 12:30-3 REN On The Move Wellness & Wholeness MindMasters RENewal Spa</p>	<p>5 AM Groups 9-11:30 RENewal Spa TikTok Tuesday Craft Nation St Vincent Volunteer RENovation Station HERO MindMasters PM Groups 12:30-3 Journey to GED Anger Management MindMasters Circle of Support RENewal Spa</p>	<p>6 REN Closed for All Staff</p>  <p><i>Please Remember to Cancel Your Rides!</i></p>	<p>7 AM Groups 9-11:30 MindMasters Circuit Training RENewal Spa Power of Positivity RENovation Station Arts & Sciences Collective PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!</p>	<p>8 REN CLOSED FOR SELF CARE DAY</p>  <p><i>*Please Remember to cancel your rides.</i></p>	<p>9</p>
<p>11 AM Groups 9-11:30 RENewal Spa Muscle Mondays MindMasters Journey to GED Gratitude Monday Laundry 4 Love Creative Writing Arts & Sciences Collective PM Groups 12:30-3 RENewal Spa Wellness & Wholeness MindMasters REN On The Move</p>	<p>12 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer RENovation Station HERO MindMasters PM Groups 12:30-3 Journey to GED Anger Management MindMasters Circle of Support RENewal Spa</p> 	<p>13 AM Groups 9-11:30 Journey to GED Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO RENewal Spa PM Groups 12:30-3 Wal-Mart Run Mental Health Music MindMasters RENewal Spa</p>	<p>14 AM Groups 9-11:30 MindMasters Circuit Training RENewal Spa Power of Positivity Arts & Sciences Collective RENovation Station PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!</p>	<p>15 AM Group 9-11:30 Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa PM Groups 12:30-3 RENewal Spa Good Vibes Music Time MindMasters</p> 	<p>16 Saturday Services 7:30AM-2:30PM Craft Corner (On-Site Activity) Activity Info: One craft, two craft, three craft, you craft. Lets see who is the craftiest of them all!</p> <p>Camp Open Sky Moqui</p>  <p><i>*Activity subject to change</i></p>
<p>18 AM Groups 9-11:30 RENewal Spa Muscle Mondays Weekend Highlights MindMasters Creative Writing Arts & Sciences Collective REN Newsletter PM Groups 12:30-3 REN on the Move RENewal Spa Wellness & Wholeness MindMasters</p>	<p>19 AM Groups 9-11:30 RENewal Spa TikTok Tuesday Craft Nation St Vincent Volunteer HERO MindMasters RENovation Station PM Groups 12:30-3 Journey to GED Anger Management MindMasters Circle of Support RENewal Spa</p>	<p>20 AM Groups 9-11:30 Journey to GED Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO RENewal Spa PM Groups 12:30-3 Wal-Mart Run Woman's Group MindMasters Men's Group RENewal Spa</p>	<p>21 AM Groups 9-11:30 Circuit Training Arts & Sciences Collective Power of Positivity MindMasters RENovation Station RENewal Spa PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for activities and dinner!</p>	<p>22 A Recovery Prom Monthly Event</p>  <p>ALL DAY EVENT</p>	<p>23 Saturday Services 7:30AM-2:30PM TBD (Off-Site Activity) Activity Info: It's a surprise. Just wait and see!</p> <p><i>*Activity subject to change</i></p>

AUGUST 2025 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 AM Groups 9-11:30 Journey to GED Laundry 4 Love Muscle Mondays MindMasters Weekend Highlights Arts & Sciences Collective Creative Writing RENewal Spa PM Groups 12:30-3 REN On The Move Wellness & Wholeness MindMasters RENewal Spa 	26 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer RENovation Station HERO MindMasters PM Groups 12:30-3 Journey to GED Anger Management MindMasters Circle of Support RENewal Spa	27 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO Journey to GED PM Groups 12:30-3 Men's Group MindMasters Women's Group RENewal Spa 	28 AM Groups 9-11:30 MindMasters Circuit Training RENewal Spa Power of Positivity Arts & Sciences Collective RENovation Station PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!	29 AM Group 9-11:30 Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa PM Groups 12:30-3 RENewal Spa Good Vibes Music Time MindMasters 	30 Saturday Services 7:30AM-2:30PM TBD (Off-Site Activity) Activity Info: <i>*Activity subject to change</i>

ARTS & SCIENCES COLLECTIVE

HANDS-ON PROJECTS FROM PAINTING & DRAWING TO CLAY & YARN WORK

SIGN-UP
602-248-0368
REN.AZ.ORG/EVENTS
LISA P.


AUGUST 4TH - OCTOBER 30TH
MON/THUR 9-11:30AM

RECOVERY Empowerment NETWORK

Journey to Success! Ready to Graduate!

GED Support Group!
Monday and Wednesday
9am - 11:30
Tuesday 12:45pm - 3
NO SIGN UP REQUIRED

REN



Calendar Highlights

- ⇒ **Let It Roll Bowling** every **Thursday 12:30 - 3pm**
- ⇒ **REN On The Move** every **Monday 12:30 - 3:30pm**
- ⇒ **Ability 360** every **Friday 9 - 11:30am**
- ⇒ **Wal-Mart Run** every **Wednesday 12:30pm - 3pm**
- ⇒ **8/02 Self Love Saturday**
- ⇒ **8/04 Journey to Success GED**
- ⇒ **8/04 Arts & Sciences Collective**
- ⇒ **8/06 REN Closed for All Staff**
- ⇒ **8/08 - 8/09 REN Closed for Self Care Day**
- ⇒ **8/11 Laundry for Love**
- ⇒ **8/13 Mental Health Music**
- ⇒ **8/16 - 8/18 Camp Open Sky Moqui**
- ⇒ **8/22 Bloom & Dance Prom Event**
- ⇒ **8/23 Craft Corner**
- ⇒ **8/25 Laundry for Love**

AUGUST MONTHLY AWARENESS EVENTS

- National Immunization Awareness Month
- 7th National Opportunity Day
- 9-17th National Science Week
- 18th Never Give Up Day
- 19th World Humanitarian Day
- 30th World Toasted Marshmallow Day

Understanding the Calendar

- **GREEN** requires sign up
- **BLUE** gym
- **Calendar Subject to Change**
- **PURPLE RENovation Station Computers**
Open Lab: Mon. - Fri. 7:30AM - 9AM
Limited Staff Assistance

REN Hours

Monday - Friday 7:30am – 3:00pm*
Saturday 7:30am-2:30pm*
***Unless otherwise noted**

Meals Served Daily

Breakfast 7:30am – 9:00am
Lunch 11:45am – 12:45pm
Transportation starts @ 3pm

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.
REN Phone # 602-248-0368

RECOVERY
Empowerment
NETWORK

If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events
212 E. Osborn Rd.
Phoenix AZ 85012