# DECEMBER 2025 REN CALENDAR

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 2 4 5 AM Groups 9-11:30 AM Groups 9~11:30 AM Groups 9~11:30 AM Groups 9~11:30 AM Groups 9~11:30 Saturday Services Chair Aerobics 7:30AM~2:30PM **Muscle Mondays** Weight Lift Wed Circuit Training Tea Time LGBTQ+ Creative Writing Craft Nation Solutions on Sobriety Power of Positivity **Stardust Volunteer** Tempe Festival Laundry 4 Love St Vincent Volunteer Heidi's Village Animal **RENovation Station** Fun Fact Friday of the Arts Shelter Volunteer Gratitude Monday **HERO** Member Advisory Council **Ability 360** (Off-Site Activity) Journey to GED **RENovation Station** Awesome World Bingo Activity Info: PM Groups REN Newsletter Journey to GED PM Groups Immerse yourself in the 12:45~3:30 HERO PM Groups PM Groups Arizona Art world. 12:45~3:30 Fun in Recovery 12:45~3:30 Explore dozens of local 12:45~3:30 Good Vibes Music Time Let It Roll Bowling art vendors. **REN On The Move** Anger Management DnD Role Playing Game **DnD Role Playing** Journey to GED REN Closed **Ice Cream Social** PNC Mobile Bank Game Circle of Support (1p-3pm)for PM Groups REN@Nite 3:30~7:30p Transportation will start PNC Banking Night \*Activity subject to after lunch. change 9 10 12 Sunday 7 11 13 AM Groups 9-11:30 AM Groups 9-11:30 AM Groups 9-11:30 AM Groups 9~11:30 AM Groups Saturday Services **Chair Aerobics** Weight Lift Wed Tea Time LGBTQ+ 7:30AM~2:30PM 7:30~11:30 **Circuit Training** Craft Nation Solutions on Sobriety Power of Positivity **Stardust Volunteer** Holiday **REN Really Really** St Vincent Volunteer Heidi's Village Animal **RENovation Station** Fun Fact Friday **Surprise Activity!** Free Market! **HERO** Shelter Volunteer **Ability 360** (On-Site Activity) PM Groups **RENovation Station** Awesome World Bingo Activity Info: 12:45~3:30 Journey to GED PM Groups Come get some 8 Fun in Recovery HĚRO **PM** Groups 12:45~3:30 Holiday cheer AM Groups 9~11:30 Let It Roll Bowling 12:45~3:30 PM Groups Good Vibes Music Time Creative Writing DnD Role Playing Game during this surprise Anger Management **DnD Role Playing** 12:45~3:30 Journey to GED activity! Journey to GED REN@Nite 3:30~7:30p Game Men's Group Gratitude Monday Circle of Support REN will be open late for Wal-Mart Run **REN Newsletter** extra activities & dinner! Women's Group PM Groups 12:45~3:30 **REN On The Move** \*Activity subject to Wellness & Wholeness change SPIRIT WEEK MAKE&TAKE 16 19 20 18 AM Groups 9-11:30 | AM Groups 9-11:30 AM Groups 9~11:30 REN ANNUAL \*Mismatched \*Wacky Hair Day\* Ugly Čhristmas **REN CLOSED** Shoe Day\* **Chair Aerobics** Sweater Day\* HOLIDAY Craft Nation **Muscle Mondays Circuit Training** Creative Writing Power of Positivity St Vincent Volunteer PARTYI **Laundry 4 Love HERO RENovation Station** Gratitude Monday **RENovation Station** PM Groups Journey to GED PM Groups 12:45~3:30 REN Newsletter 12:45~3:30 Fun in Recovery PM Groups Anger Management Let It Roll Bowling DnD Role Playing Game 12:45~3:30 Journey to GED **REN On The Move** Circle of Support PNC Mobile Bank Ice Cream Social (1p-3pm) 2220 Fun, Food, REN@Nite 3:30~7:30p Presents, and PNC Banking Night \*Please Remember to cancel your rides. More! 23 24 25 26 27 22 AM Groups 9-11:30 AM Groups 9-11:30 REN WINTER BREAK Gratitude Monday **Chair Aerobics** Craft Nation Journey to GED Creative Writing St Vincent Volunteer **Muscle Mondays RENovation Station** 

Gratitude Monday
Journey to GED
Creative Writing
Muscle Mondays
REN Newsletter

PM Groups
12:45-3:30
REN on the Move
Wellness & Wholeness
Wholeness

PM Groups
10:45-3:30
Anger Management
Journey to GED
Circle of Support

REN OS E

REN O

## DECEMBER 2025 REN CALENDAR

29 AM Groups 9~11:30 REN Newsletter

MONDAY

Muscle Monday Gratitude Monday Journey to GED Creative Writing Laundry 4 Love

PM Groups 12:30~3 REN On The Move Wellness & Wholeness/

Ice Cream Social

30 AM Groups 9~11:30

**TUESDAY** 

Chair Aerobics
Craft Nation
St Vincent Volunteer
HERO
RENovation Station

PM Groups 12:45~3:30

Anger Management
Journey to GED
Circle of Support





DECEMBER 7, 2025

212 E. OSBORN RD.

7:30AM - 11:30 AM OPEN TO MEMBERS

9AM - 11:30AM OPEN TO THE COMMUNITY



### **DECEMBER MONTHLY AWARENESS EVENTS**

- 1st World Aids Day
- 1st-7th Anger Awareness Week
- 7th Pearl Harbor Remembrance Day
- 20th International Human Solidarity Day
- 26th Kwanzaa

#### **Understanding the Calendar**

- GREEN requires sign up
- BLUE gym
- Calendar Subject to Change
- PURPLE RENovation Station Computers
   Open Lab: Mon. Fri. 7:30AM 9AM
  - **Limited Staff Assistance**

#### **REN Hours**

Monday - Friday 7:30am-3:30pm\*
Saturday 7:30am-2:30pm\*
Thursday Evening 3:30pm-7:30pm\*
\*Unless otherwise noted

#### **Meals Served Daily**

Breakfast 7:30am-9:00am Lunch 11:45am-12:45pm Thursday Dinner 5:30pm-6:30pm Transportation starts @ 2pm

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance. REN Phone # 602-248-0368



If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events 212 E. Osborn Rd. Phoenix AZ 85012

### Calendar Highlights

- ⇒ Let It Roll Bowling every Thursday 12:30 3pm
- ⇒ REN On The Move every Monday 12:30 3:30pm
- ⇒ Ability 360 every Friday 9 11:30am
- $\Rightarrow$  Wal-Mart Run every Wednesday 12:30pm 3pm
- ⇒ 12/01 Laundry 4 Love
- ⇒ 12/01 Ice Cream Social
- ⇒ 12/03 REN Closed for PM Groups
- ⇒ 12/04 PNC Mobile Bank & Evening Activity
- ⇒ 12/06 Tempe Festival of the Arts
- ⇒ 12/07 REN Really Really Free Market
- ⇒ 12/13 Holiday Surprise Activity
- ⇒ 12/15-12/18 Holiday Make & Take/ Spirit Week
- ⇒ 12/15 Wear Mismatched Shoes for Fast Passes!
- ⇒ 12/15 Laundry 4 Love
- ⇒ 12/15 Ice Cream Social
- ⇒ 12/16 Do your hair up Wacky for Fast Passes!
- ⇒ 12/17 REN Annual Holiday Party
- ⇒ 12/18 Wear an Ugly Christmas Sweater for Fast Passes!
- ⇒ 12/18 PNC Mobile Bank & Evening Activity
- ⇒ 12/19-12/20 REN Closed
- ⇒ 12/24-12/27 REN Holiday Break
- $\Rightarrow$  12/29 Laundry 4 Love
- ⇒ 12/29 Ice Cream Social
- ⇒ 12/31-01/03 REN New Years Break