

MARCH 2026 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2 AM Groups 9-11:30 REN Newsletter Muscle Mondays Creative Writing REnovation Station Gratitude Monday</p> <p>PM Groups 12:45-3:30 REN On The Move: Papago Park Wellness & Wholeness Chele's Cat Care</p> 	<p>3 AM Groups 9-11:30 Chair Aerobics Craft Nation St Vincent Volunteer HERO Member Advisory Council</p> <p>PM Groups 12:45-3:30 Anger Management Circle of Support</p> 	<p>4 REN Closed for All Staff</p>  <p><i>Please Remember to Cancel Your Rides!</i></p>	<p>5 AM Groups 9-11:30 Circuit Training Power of Positivity Chele's Cat Care RE:Wire</p> <p>PM Groups 12:45-3:30 Fun in Recovery Lets Go Burlington Coat Factory DnD Role Playing Game</p> <p>REN@Nite 3:30-7:30p REN will be open late for extra activities & dinner!</p>	<p>6 AM Groups 9-11:30 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday RST Credentialing Ceremony Ability 360 Bingo</p> <p>PM Groups 12:45-3:30 Good Vibes Music Time DnD Role Playing Game</p> 	<p>7 Saturday Services 7:30AM-2:30PM REN Closed for Self Care Day</p> <p><i>Please Remember to Cancel Your Rides!</i></p>
<p>9 REN Closed for Self Care Day</p>  <p><i>Please Remember to Cancel Your Rides!</i></p>	<p>10 AM Groups 9-11:30 Chair Aerobics Craft Nation St Vincent Volunteer HERO</p> <p>PM Groups 12:45-3:30 Anger Management Circle of Support</p> 	<p>11 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World REnovation Station HERO</p> <p>PM Groups 12:45-3:30 Mental Health Music Men's Group Wal-Mart Run Women's Group</p> 	<p>12 AM Groups 9-11:30 Circuit Training Power of Positivity RE:Wire Chele's Cat Care</p> <p>PM Groups 12:45-3:30 Fun in Recovery Lets Go Goodwill DnD Role Playing Game PNC Mobile Bank (1p-3pm)</p> <p>REN@Nite 3:30-7:30p PNC Banking Night</p>	<p>13 AM Groups 9-11:30 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday Ability 360 Bingo</p> <p>PM Groups 12:45-3:30 Good Vibes Music Time DnD Role Playing Game</p> 	<p>14 Saturday Services 7:30AM-2:30PM Recovery Cafe (Off-Site Activity)</p> <p>Activity Info: <i>Recovery and Coffee at it's best!</i></p>
<p>16 AM Groups 9-11:30 REN Newsletter Muscle Mondays Creative Writing REnovation Station Gratitude Monday</p> <p>PM Groups 12:45-3:30 REN On The Move: Encanto Park Wellness & Wholeness Chele's Cat Care</p> 	<p>17 REN'S LUCKY SPRING BASH</p>  <p>ALL DAY EVENT!</p>	<p>18 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World REnovation Station HERO</p> <p>PM Groups 12:45-3:30 Men's Group Wal-Mart Run Women's Group</p>	<p>19 AM Groups 9-11:30 Circuit Training Power of Positivity Chele's Cat Care RE:Wire</p> <p>PM Groups 12:45-3:30 Fun in Recovery Lets Go Christown Mall DnD Role Playing Game</p> <p>REN@Nite 3:30-7:30p REN will be open late for extra activities & dinner!</p>	<p>20 AM Groups 9-11:30 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday Ability 360 Bingo</p> <p>PM Groups 12:45-3:30 Good Vibes Music Time DnD Role Playing Game</p> <p>Open Sky Campout Clear Creek</p> 	<p>21 Saturday Services 7:30AM-2:30PM Self Love Saturday (On-Site Activity)</p> <p>Activity Info: <i>Get some love at REN. Explore ways to improve the love you have for yourself.</i></p>  <p><i>*Activity subject to change</i></p>
<p>23 AM Groups 9-11:30 REN Newsletter Muscle Mondays Creative Writing Laundry 4 Love REnovation Station Gratitude Monday</p> <p>PM Groups 12:45-3:30 REN On The Move: Margaret Hance Park Wellness & Wholeness Chele's Cat Care New Member Ice Cream Social</p> 	<p>24 AM Groups 9-11:30 Chair Aerobics Craft Nation St Vincent Volunteer HERO</p> <p>PM Groups 12:45-3:30 Anger Management Circle of Support</p>	<p>25 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World REnovation Station HERO</p> <p>PM Groups 12:45-3:30 Men's Group Wal-Mart Run Women's Group</p>	<p>26 AM Groups 9-11:30 Circuit Training Power of Positivity RE:Wire Chele's Cat Care</p> <p>PM Groups 12:45-3:30 Fun in Recovery Lets Go Five and Below DnD Role Playing Game PNC Mobile Bank (1p-3pm)</p> <p>REN@Nite 3:30-7:30p PNC Banking Night</p>	<p>27 AM Groups 9-11:30 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday Ability 360 Bingo</p> <p>PM Groups 12:45-3:30 Good Vibes Music Time DnD Role Playing Game</p> 	<p>28 Saturday Services 7:30AM-2:30PM Rainbow Festival 11:30-7pm (Off-Site Activity)</p> <p>Activity Info: <i>Show Pride and support your local community members during this fun and eventful night!</i></p>  <p><i>*Activity subject to change</i></p>

MARCH 2026 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30 AM Groups 9-11:30 REN Newsletter Muscle Mondays Creative Writing REnovation Station Gratitude Monday</p> <p>PM Groups 12:45-3:30 REN On The Move: Papago Park Wellness & Wholeness Chele's Cat Care</p> 	<p>31 AM Groups 9-11:30 Chair Aerobics Craft Nation St Vincent Volunteer HERO</p> <p>PM Groups 12:45-3:30 Anger Management Circle of Support</p> <p>VOLUNTEER</p> 	 <p>Sunday, March 15th 7:30 am - 11:30 am shopping starts at 8:00 am please bring GENTLY USED items only.</p> <p>Really Really Free Market Community Event</p> <p>yes! really free!</p> <p>Clothes & Accessories - Home Items - Shoes - Books - Hygiene Items - Pantry Items</p>			



SIGN UP

- **SeRENity Salon**
 - Free haircuts, color, and style
- **Reiki**
 - Energy healing with specialist
- **MindMasters**
 - Relax with light therapy and audio guidance
- **RENewal Spa**
 - Facial and skin care support with licensed esthetician

MARCH MONTHLY AWARENESS EVENTS

- American Red Cross Month
- National Women's History Month
- National Nutrition Month
- 8th International Women's Day
- 26th Epilepsy Awareness Day
- 31st International Transgender Day of Visibility

Understanding the Calendar

- **GREEN** requires sign up
- **BLUE** gym
- **Calendar Subject to Change**
- **PURPLE** RENovation Station Computers
 Open Lab: Mon. - Fri. 7:30AM - 9AM
 Limited Staff Assistance

<p>REN Hours Monday - Friday 7:30am-3:30pm* Saturday 7:30am-2:30pm* Thursday Evening 3:30pm-7:30pm* *Unless otherwise noted</p>	<p>Meals Served Daily Breakfast 7:30am-9:00am Lunch 11:45am-12:45pm Thursday Dinner 5:30pm-6:30pm Transportation starts @ 2pm</p>
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All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.
 REN Phone # 602-248-0368



If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events
 212 E. Osborn Rd.
 Phoenix AZ 85012

Calendar Highlights

- ⇒ Lets Go... every Thursday 12:30 - 3pm
- ⇒ REN On The Move every Monday 12:30 - 3:30pm
- ⇒ Ability 360 every Friday 9 - 11:30am
- ⇒ Wal-Mart Run every Wednesday 12:30pm - 3pm
- ⇒ 03/02 REN on the Move: Papago Park
- ⇒ 03/03 Member Advisory Council
- ⇒ 03/04 REN Closed for All Staff
- ⇒ 03/05 Lets Go Burlington Coat Factory
- ⇒ 03/06 RST Credentialing Ceremony
- ⇒ 03/07-03/09 REN Closed for Self Care
- ⇒ 03/12 PNC Bank Night
- ⇒ 03/12 Lets Go Goodwill
- ⇒ 03/14 Recovery Café
- ⇒ 03/15 REN Really Really Free Market
- ⇒ 03/16 REN on the Move: Encanto Park
- ⇒ 03/17 REN's Lucky Spring Bash
- ⇒ 03/19 Lets Go Christown Mall
- ⇒ 03/20-3/22 Open Sky Campout Clear Creek
- ⇒ 03/21 Self Love Saturday
- ⇒ 03/23 Laundry for Love
- ⇒ 03/23 REN on the Move Margaret Hance Park
- ⇒ 03/23 New Member Ice Cream Social
- ⇒ 03/26 Lets Go Five Below
- ⇒ 03/26 PNC Banking Night
- ⇒ 03/28 Rainbow Fest
- ⇒ 03/30 REN on the Move: Papago Park