JANUARY 2022 REN CALENDAR MONDAY TUESDAY WEDNESDAY THURSDAY Friday SATURDAY 1 Saturday Services We're Don't Forget to cancel your rides. 3 6 7 8 4 AM Groups 9~11:30 AM Groups 9~11:30 AM Group 9-11:30 AM Groups 9~11:30 AM Groups 9-11:30 Saturday WHAM & Workout Chair Aerobics Fitness Goals W/ Gayle Circuit Training Fitness Friday Services Check In & Current People Are Awesome REC Workshop Wednesday-WHAM Bingo REC Fun Fact Friday Prize Success Principal CR REC Fun In Recovery REC REC **New Year** 8 Dimensions Of REN News Team Power of Positivity-CR Nutrition & Cooking 4 Play CR New You Wellness CR St Vincent De Paul HERO Health - CR Stardust **St Vincent De Paul Community Fitness** PM Groups 12:30~3 PM Groups 12:30-3 PM Groups 12:30-3 Hero Creative Writing CR Good Vibes Music Time Adventure Time Anger Management Laundry 4 Love PM Groups 12:30-3 CR Adulting 101 CR PM Groups 12:30~3 HERO Game On HR New Year New You Women's Group Club Rainbow Let It Roll 12 13 10 11 14 15 AM Groups 9~11:30 AM Groups 9~11:30 AM Group 9-11:30 AM Groups 9~11:30 Saturday AM Groups 9-11:30 WHAM & Workout Chair Aerobics Fitness Goals W/ Gayle Fitness Friday People Are Awesome REC Workshop Wednesday-Circuit Training Check In & Current MLK Bingo REC Rock & REC WHAM MLK Trivia CR REC Success Principal CR Fun In Recovery REC 8 Dimensions Of REN News Team Power of Positivity-CR Stardust Roll Hero Zoo Outing Wellness CR **St Vincent De Paul** HERO PM Groups 12:30-3 PM Groups 12:30~3 PM Groups 12:30~3 PM Groups 12:30-3 **Community Fitness** Good Vibes Music Time Adulting 101 CR Creative Writing CR Adventure Time PM Groups 12:30-3 CR New Year New You Women's Group Anger Management Game On HR Marathon Zoo Outing HERO Club Rainbow Vulture City Mine 21 20 22 17 18 19 AM Groups 9~11:30 Saturday Services AM Groups 9-11:30 AM Groups 9~11:30 LOSED Chair Aerobics Circuit Training Fitness Friday Bingo REC WHAM People Are Awesome REC In Fun In Recovery REC Fun Fact Friday Prize Project Inner Success Principal CR Close Play CR Observance REN News Team Nutrition & Cooking 4 Peace Health - CR Stardust **St Vincent De Paul** of St Vincent De Paul PM Groups 12:30-3 PM Groups 12:30~3 Hero Good Vibes Music Time Adventure Time MLK Dav All Staff PM Groups 12:30~3 CR Don't Forget to cancel Adulting 101 CR Game On HR **REN** Closed your rides Women's Group **Camp Friendly Pines** 21st-23rd Remember to cancel your rides!

JANUARY 2022 REN CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 AM Groups 9-11:30 WHAM & Workout Check In & Current REC 8 Dimensions Of Wellness CR PM Groups 12:30-3 Creative Writing CR Anger Management HERO RST	25 AM Groups 9-11:30 Chair Aerobics People Are Awesome REC Success Principal CR REN News Team St Vincent De Paul PM Groups 12:30-3 Adventure Time RST	26 AM Group 9-11:30 Fitness Goals W/ Gayle Workshop Wednesday- REC Power of Positivity-CR HERO Community Fitness Barber College PM Groups 12:30-3 New Year New You Club Rainbow	27 AM Groups 9-11:30 Circuit Training WHAM Fun In Recovery REC Nutrition & Cooking 4 Health - CR St Vincent De Paul Hero PM Groups 12:30-3 Adulting 101 CR Women's Group RST	28 AM Groups 9-11:30 Fitness Friday Bingo REC Fun Fact Friday Prize Play CR PM Groups 12:30-3 Good Vibes Music Time CR RST	29 Glow Mini Golf
31 AM Groups 9~11:30 WHAM & Workout Check In & Current REC 8 Dimensions Of Wellness CR					1

Understanding the Calendar

PM Groups 12:30-3 Creative Writing CR Anger Management HERO RST

- *Closed group which requires Registration with group staff
- Bold items mean outing
- Bold & GREEN requires sign up
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor

Computer Lab | M-F 7:30 AM / 9:00 AM

January REN Hours Monday - Friday 7:30am – 3:00pm* Saturday 7:30am-2:30pm* *Unless otherwise noted

Meals Served Daily Breakfast 7:30am – 9:00am Lunch 11:45am – 12:45pm Transportation starts @ 2:15pm



If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance. REN Phone # 602-248-0368

Calendar Highlights

- \Rightarrow 01/01 Closed
- \Rightarrow 01/05 Laundry 4 Love
- \Rightarrow 01/06 Let It Roll
- \Rightarrow 01/12 Vulture City Mine
- \Rightarrow 01/13 Zoo Outing
- \Rightarrow 01/15 Rock & Roll Marathon
- \Rightarrow 01/17 Closed MLK Day
- \Rightarrow 01/19 Closed All Staff
- \Rightarrow 01/22-23 Camp Friendly Pines
- \Rightarrow 01/26 Barber College
- \Rightarrow 01/29 Glow Mini Golf