

JANUARY 2022 REN CALENDAR



1
Saturday
Services

Sorry - We're
CLOSED

Don't Forget to
cancel your
rides.

3
AM Groups 9-11:30
WHAM & Workout
Check In & Current
REC
8 Dimensions Of
Wellness CR
PM Groups 12:30-3
Creative Writing CR
Anger Management
HERO



4
AM Groups 9-11:30
Chair Aerobics
People Are Awesome REC
Success Principal CR
REN News Team
St Vincent De Paul
PM Groups 12:30-3
Adventure Time

5
AM Group 9-11:30
Fitness Goals W/ Gayle
Workshop Wednesday-
REC
Power of Positivity-CR
HERO
Community Fitness
Laundry 4 Love
PM Groups 12:30-3
New Year New You
Club Rainbow

6
AM Groups 9-11:30
Circuit Training
WHAM
Fun In Recovery REC
Nutrition & Cooking 4
Health - CR
St Vincent De Paul
Hero
PM Groups 12:30-3
Adulting 101 CR
Women's Group
Let It Roll



7
AM Groups 9-11:30
Fitness Friday
Bingo REC
Fun Fact Friday Prize
Play CR
Stardust
PM Groups 12:30-3
Good Vibes Music Time
CR
Game On HR

8
Saturday
Services

**New Year
New You**

10
AM Groups 9-11:30
WHAM & Workout
Check In & Current
REC
8 Dimensions Of
Wellness CR
PM Groups 12:30-3
Creative Writing CR
Anger Management
HERO

11
AM Groups 9-11:30
Chair Aerobics
People Are Awesome REC
Success Principal CR
REN News Team
St Vincent De Paul
PM Groups 12:30-3
Adventure Time

12
AM Group 9-11:30
Fitness Goals W/ Gayle
Workshop Wednesday-
REC
Power of Positivity-CR
HERO
Community Fitness
PM Groups 12:30-3
New Year New You
Club Rainbow
Vulture City Mine

13
AM Groups 9-11:30
Circuit Training
WHAM
Fun In Recovery REC
Hero Zoo Outing
PM Groups 12:30-3
Adulting 101 CR
Women's Group
Zoo Outing



14
AM Groups 9-11:30
Fitness Friday
MLK Bingo REC
MLK Trivia CR
Stardust
PM Groups 12:30-3
Good Vibes Music Time
CR
Game On HR

15
Saturday

**Rock &
Roll**

Marathon



17
CLOSED
In
Observance
of
MLK Day
Don't Forget to cancel
your rides



18
AM Groups 9-11:30
Chair Aerobics
People Are Awesome REC
Success Principal CR
REN News Team
St Vincent De Paul
PM Groups 12:30-3
Adventure Time

19
Closed
All Staff
REN Closed
*Remember to
cancel your rides!*

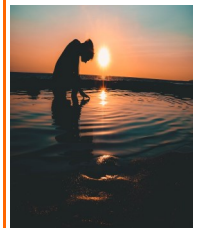


20
AM Groups 9-11:30
Circuit Training
WHAM
Fun In Recovery REC
Nutrition & Cooking 4
Health - CR
St Vincent De Paul
Hero
PM Groups 12:30-3
Adulting 101 CR
Women's Group

21
AM Groups 9-11:30
Fitness Friday
Bingo REC
Fun Fact Friday Prize
Play CR
Stardust
PM Groups 12:30-3
Good Vibes Music Time
CR
Game On HR
Camp Friendly Pines
21st-23rd

22
Saturday Services

**Project Inner
Peace**



JANUARY 2022 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>24 AM Groups 9-11:30 WHAM & Workout Check In & Current REC 8 Dimensions Of Wellness CR PM Groups 12:30-3 Creative Writing CR Anger Management HERO RST</p> 	<p>25 AM Groups 9-11:30 Chair Aerobics People Are Awesome REC Success Principal CR REN News Team St Vincent De Paul PM Groups 12:30-3 Adventure Time RST</p>	<p>26 AM Group 9-11:30 Fitness Goals W/ Gayle Workshop Wednesday- REC Power of Positivity-CR HERO Community Fitness Barber College PM Groups 12:30-3 New Year New You Club Rainbow</p>	<p>27 AM Groups 9-11:30 Circuit Training WHAM Fun In Recovery REC Nutrition & Cooking 4 Health - CR St Vincent De Paul Hero PM Groups 12:30-3 Adulting 101 CR Women's Group RST</p>	<p>28 AM Groups 9-11:30 Fitness Friday Bingo REC Fun Fact Friday Prize Play CR PM Groups 12:30-3 Good Vibes Music Time CR RST</p>	<p>29 Glow Mini Golf</p> 
<p>31 AM Groups 9-11:30 WHAM & Workout Check In & Current REC 8 Dimensions Of Wellness CR PM Groups 12:30-3 Creative Writing CR Anger Management HERO RST</p>					

Understanding the Calendar

- *Closed group which requires Registration with group staff
- **Bold items mean outing**
- **Bold & GREEN requires sign up**
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor

Computer Lab | M-F 7:30 AM / 9:00 AM



If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance. REN Phone # 602-248-0368

Calendar Highlights

- ⇒ 01/01 Closed
- ⇒ 01/05 Laundry 4 Love
- ⇒ **01/06 Let It Roll**
- ⇒ 01/12 Vulture City Mine
- ⇒ **01/13 Zoo Outing**
- ⇒ 01/15 Rock & Roll Marathon
- ⇒ **01/17 Closed MLK Day**
- ⇒ 01/19 Closed All Staff
- ⇒ 01/22-23 Camp Friendly Pines
- ⇒ **01/26 Barber College**
- ⇒ 01/29 Glow Mini Golf

January REN Hours

Monday - Friday 7:30am – 3:00pm*

Saturday 7:30am-2:30pm*

***Unless otherwise noted**

Meals Served Daily

Breakfast 7:30am – 9:00am

Lunch 11:45am – 12:45pm

Transportation starts @ 2:15pm