

# JULY 2021 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><b>1</b>  <b>AM Groups 9-11:30</b>  <b>Circuit Training</b>                      Fun In Recovery REC                      The Power of Positivity CR                      HERO  <b>PM Groups 12:30-3</b>                      Music and Healing REC                      Women's Group</p>	<p><b>2</b>  <b>Patriotic Picnic and Prize Party</b></p> 	<p><b>3</b>  <b>Saturday Services</b>  <b>Picnic and Pie Outing</b>  <b>Rocksprings</b></p> 
			<p><b>5</b>  <b>Closed In Observance of Independence Day</b></p> 	<p><b>6</b>  <b>AM Groups 9-11:30</b>  <b>Flex &amp; Flow Yoga</b>                      People Are Awesome REC                      Success Principles: CR                      REN News Team  <b>PM Groups 12:30-3</b>                      Adventure Time REC</p>	<p><b>7</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      Workshop Wednesday REC                      Artistic Expressions- CR                      HERO  <b>PM Groups 12:30-3</b>                      Member Spotlight</p> <p><b>Fun In The Water</b></p> 
<p><b>12</b>  <b>AM Groups 9-11:30</b>  <b>Flex &amp; Flow Yoga</b>                      Check In &amp; Current Events REC                      8 Dimensions of Wellness CR  <b>PM Groups 12:30-3</b>                      Creative Writing REC                      Anger Management HERO</p>	<p><b>13</b>  <b>AM Groups 9-11:30</b>  <b>Fitness and Nutrition</b>                      Wacky Art REC                      Success Principles CR                      REN News Team  <b>St Vincent De Paul</b>  <b>PM Groups 12:30-3</b>                      Adventure Time REC</p> 	<p><b>14</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      Exploring National Parks REC                      Artistic Expressions- CR                      HERO  <b>PM Groups 12:30-3</b>                      Member Meeting                      Anger Management</p>	<p><b>15</b>  <b>AM Groups 9-11:30</b>  <b>Circuit Training</b>                      Fun In Recovery REC                      The Power of Positivity CR                      HERO  <b>PM Groups 12:30-3</b>                      Music and Healing REC  <b>Women's Group</b></p>	<p><b>16</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Friday</b>                      Bingo REC                      Fun Fact Friday Prize Play CR  <b>Stardust</b>  <b>PM Groups 12:30-3</b>                      Good Vibes Music Time REC</p>	<p><b>17</b>  <b>Saturday Science Center Outing</b></p> 
<p><b>19</b>  <b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events REC                      8 Dimensions of Wellness CR  <b>PM Groups 12:30-3</b>                      Creative Writing REC                      Anger Management HERO</p> 	<p><b>20</b>  <b>AM Groups 9-11:30</b>  <b>Chai Tea &amp; Tai Chi</b>                      People Are Awesome REC                      Success Principles CR                      REN News Team  <b>St Vincent DePaul</b>  <b>PM Groups 12:30-3</b>                      Adventure Time REC                      Grief &amp; Loss</p>	<p><b>21</b></p>  <p><b>All Staff REN Closed</b></p> <p><i>Remember to cancel your rides!</i></p>	<p><b>22</b>  <b>AM Groups 9-11:30</b>  <b>Flex &amp; Flow Yoga</b>                      Fun In Recovery REC                      The Power of Positivity CR                      HERO  <b>PM Groups 12:30-3</b>                      Music and Healing REC  <b>Women's Group</b></p>	<p><b>23</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Friday</b>                      Bingo REC                      Fun Fact Friday Prize Play CR  <b>Stardust</b>  <b>PM Groups 12:30-3</b>                      Good Vibes Music Time REC  <b>Project Open Sky</b>  <b>23rd-25th</b></p>	<p><b>24</b>  <b>Saturday Services</b>                      Ice Cream Social</p> 

