





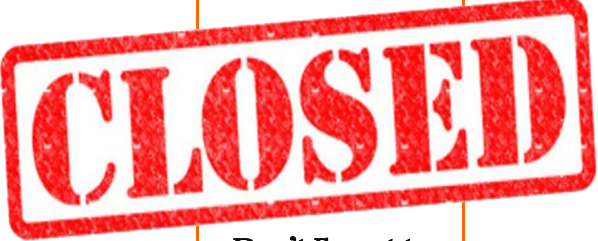


# NOVEMBER 2021 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>1</b>  <b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events REC                      8 Dimensions Of Wellness Spiritual Exploration CR  <b>PM Groups 12:30-3</b>                      Creative Writing CR                      Anger Management HERO</p>	<p><b>2</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      People Are Awesome REC                      Success Principals - CR                      REN News Team  <b>St Vincent De Paul</b>  <b>PM Groups 12:30-3</b>                      Adventure Time CR  <b>You Got Talent</b></p>	<p><b>3</b>  <b>AM Group 9-11:30</b>  <b>Fitness Goals W/ Gayle</b>                      Workshop Wednesday REC                      Power of Positivity - CR                      HERO  <b>Barber College</b>  <b>Community Fitness</b>  <b>PM Groups 12:30-3</b>                      Holiday Survival Guide CR                      Club Rainbow</p>	<p><b>4</b>  <b>AM Groups 9-11:30</b>  <b>Circuit Training</b>                      Fun In Recovery REC                      Cooking 4 Health &amp; Nutrition CR  <b>Small Goals Group</b>                      Hero  <b>PM Groups 12:30-3</b>  <b>Show Stoppers Acting Club</b>                      Adulting 101 CR                      Women's Group</p>	<p><b>5</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Friday</b>                      Bingo REC                      Fun Fact Friday Prize Play CR  <b>Stardust</b>  <b>PM Groups 12:30-3</b>                      Good Vibes Music Time CR                      Game On HR</p>	<p><b>6</b>                      Saturday Services   <b>Pride Parade Event</b></p> 	
<p><i>Thankful</i></p> 	<p><b>8</b>  <b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events Holiday Resources REC                      8 Dimensions Of Wellness CR  <b>RST Study Group &amp; EXAM</b>  <b>PM Groups 12:30-3</b>                      Creative Writing CR                      Anger Management HERO</p>	<p><b>9</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      Community Focus group w/ prize- CR                      REN News Team  <b>St Vincent De Paul CPR</b>  <b>PM Groups 12:30-3</b>                      Adventure Time CR  <b>You Got Talent</b></p>	<p><b>10</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Goals W/ Gayle</b>                      Workshop Wednesday REC                      Power of Positivity- CR                      HERO  <b>Community Fitness</b>                      Feed My Starving Children  <b>PM Groups 12:30-3</b>                      Member Spotlight CR                      Club Rainbow</p>	<p><b>11</b></p>  <p>Don't Forget to cancel your rides</p>	<p><b>12</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Friday</b>                      Bingo REC                      Fun Fact Friday Prize Play CR  <b>Stardust</b>  <b>PM Groups 12:30-3</b>                      Good Vibes Music Time CR                      Game On HR</p>	<p><b>13</b>                      Saturday Services   <b>Fall Art &amp; Feast</b></p> 
<p><b>15</b>  <b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events REC                      8 Dimensions of Wellness Spiritual Exploration CR  <b>PM Groups 12:30-3</b>                      Creative Writing CR                      Anger Management HERO</p>	<p><b>16</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      People Are Awesome REC                      Success Principal CR                      REN News Team  <b>St Vincent De Paul Besh Ba Gowah</b>  <b>PM Groups 12:30-3</b>                      Adventure Time CR                      You Got Talent</p> 	<p><b>17</b></p>  <p><b>All Staff REN Closed</b></p> <p><i>Remember to cancel your rides!</i></p>	<p><b>18</b>  <b>Harvest Celebration &amp; Talent Show</b></p> 	<p><b>19</b>  <b>AM Groups 9-11:30</b>  <b>Fitness Friday</b>                      Bingo REC                      Fun Fact Friday Prize Play CR  <b>Stardust</b>  <b>RST</b>  <b>PM Groups 12:30-3</b>                      Good Vibes Music Time CR                      Game On HR</p>	<p><b>20</b>                      Saturday   <b>Day of the Dog Event</b></p> 	
<p><b>22</b>  <b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events Holiday Resources REC                      8 Dimensions of Wellness CR  <b>RST</b>  <b>PM Groups 12:30-3</b>                      Creative Writing CR                      Anger Management HERO</p>	<p><b>23</b>  <b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      People Are Awesome REC                      Success Principles CR                      REN News Team  <b>Vulture City Mine</b>  <b>PM Groups 12:30-3</b>                      Adventure Time CR                      Fun With Fashion</p>	<p><b>24</b>  <b>AM Group 9-11:30</b>  <b>Fitness Goals W/ Gayle</b>                      Workshop Wednesday REC                      Power of Positivity - CR                      HERO  <b>Laundry 4 Love</b>  <b>Community Fitness</b>  <b>PM Groups 12:30-3</b>                      Holiday Survival Guide CR                      Club Rainbow</p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	
			 <p>Don't Forget to cancel your rides</p>			

# NOVEMBER 2021 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>29</b></p> <p><b>AM Groups 9-11:30</b>  <b>WHAM &amp; Workout</b>                      Check In &amp; Current Events REC                      8 Dimensions of Wellness Spiritual Exploration CR</p> <p><b>PM Groups 12:30-3</b>                      Creative Writing CR                      Anger Management HERO</p>	<p><b>30</b></p> <p><b>AM Groups 9-11:30</b>  <b>Chair Aerobics</b>                      People Are Awesome REC                      Success Principals - CR                      REN News Team  <b>St Vincent De Paul</b></p> <p><b>PM Groups 12:30-3</b>                      Adventure Time CR                      Fun with Fashion</p>				



## Understanding the Calendar

- \*Closed group which requires Registration with group staff
- **Bold items mean outing**
- **Bold & GREEN requires sign up**
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor



## Calendar Highlights

- ⇒ 11/06 **Pride Parade Event**
  - ⇒ 11/08 RST Exam & Study Group
  - ⇒ 11/11 **REN Closed**
  - ⇒ 11/16 Besh Ba Gowah Outing
  - ⇒ 11/17 **Closed All Staff**
  - ⇒ 11/18 Harvest Celebration & Talent Show
  - ⇒ 11/20 **Day of the Dog Event**
  - ⇒ 11/23 Vulture City Mine
  - ⇒ 11/24 Laundry 4 Love
  - ⇒ 11/25-11/27 **Closed**
- Thanksgiving**

## Computer Lab | M-F 7:30 AM / 9:00 AM

**If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ [www.renaz.org/events](http://www.renaz.org/events)**

**All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.**  
**REN Phone # 602-248-0368**

**November REN Hours**  
 Monday - Friday 7:30am – 3:00pm\*  
 Saturday 7:30am-2:30pm\*  
 \*Unless otherwise noted

**Meals Served Daily**  
 Breakfast 7:30am – 9:00am  
 Lunch 11:45am – 12:45pm  
 Transportation starts @ 2:15pm