# CTOBER 2021 REN CALENDAR

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** AM Groups 9~11:30 AM Groups 9~11:30 AM Groups 9-11:30 AM Groups 9-11:30 Chair Aerobics

AM Groups 9~11:30 Fitness Friday Bingo REC

FRIDAY

Fun Fact Friday Prize Play CR Stardust

PM Groups 12:30~3 Good Vibes Music Time CR

2 Saturday Services

**SATURDAY** 

Pumpkin Patch (a) Mother **Natures** Farm



Workout

Check In & Current Events REC 8 Dimensions Of Wellness CR

PM Groups 12:30~3 Creative Writing CR Anger Management HERO

Fitness & Nutrition People Are Awesome REC Success Principals - CR REN News Team St Vincent De Paul PM Groups 12:30~3 Adventure Time CR

You Got Talent

Workshop Wednesday REC Power of Positivity- CR **HERO** Barber College

PM Groups 12:30~3 Member Meeting



Circuit Training

Fun In Recovery REC Cooking 4 Health & Nutrition CR Small Goals Group Hero

PM Groups 12:30~3 Show Stoppers Acting Club

Music and Healing CR Women's Group **Friendly Pines** 

8 AM Groups 9~11:30

Fitness Friday Bingo REC Fun Fact Friday Prize Play CR Stardust

PM Groups 12:30~3 Good Vibes Music Time CR

Saturday Services

Autumn Crafts and Cuisine



11 AM Groups 9~ 11:30

WHAM & Workout Check In & Current Events REC 8 Dimensions of Wellness CR **RST** 

PM Groups 12:30-3 Creative Writing CR Anger Management

12 AM Groups 9~11:30

Fitness and Nutrition People Are Awesome REC Success Principal CR REN News Team St Vincent De Paul **RST** 

PM Groups 12:30-3 Adventure Time CR You Got Talent

13 AM Group 9-11:30

Chair Aerobics Workshop Wednesday REC Power of Positivity - CR

**HERO** Penske Racing Museum PM Groups 12:30~3

Member Spotlight CR Club Rainbow

14 AM Groups 9~11:30

Circuit Training Fun In Recovery REC Cooking 4 Health & Nutrition CR **HERO Small Goals Group RST** 

St Vincent De Paul PM Groups 12:30~3 Show Stoppers Acting Club

Music and Healing CR Women's Group

15 AM Groups 9~11:30

Fitness Friday Bingo REC Fun Fact Friday Prize Play CR **Stardust RST** 

PM Groups 12:30~3 Good Vibes Music Time CR

16 Saturday

**REN** Charity **Tour Flagstaff** 



18

AM Groups 9~11:30 WHAM & Workout Check In & Current Events REC 8 Dimensions of

Wellness CR RST PM Groups 12:30-3

Creative Writing CR Anger Management **HERO** 

**Olive Mills Queen** Creek Tours

19

AM Groups 9~11:30 Fitness & Nutrition

People Are Awesome **REC** Success Principles CR REN News Team St Vincent De Paul **RST** 

PM Groups 12:30-3 Adventure Time CR You Got Talent



All Staff **REN Closed** 

Remember to cancel your rides!

21 October Partv



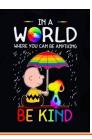
22 AM Groups 9-11:30 Fitness Friday

Bingo REC Fun Fact Friday Prize Play CR Stardust **RST** 

PM Groups 12:30~3 Good Vibes Music Time CR

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Random Acts Of **Kindness** 



## OCTOBER 2021 REN CALENDAR

M	ÍONDAY	TUESDAY	Wednesday	Thursday	Friday	Saturday
WHAM Check Eve 8 Din Wel  PM Gro Creative Anger 1	25 M Groups 9-11:30 /HAM & Workout Check In & Current Events REC 8 Dimensions of Wellness CR RST I Groups 12:30~3 reative Writing CR nger Management HERO	26 AM Groups 9-11:30 Fitness & Nutrition People Are Awesome REC Success Principals - CR REN News Team PM Groups 12:30-3 Adventure Time CR You Got Talent Halloween Town Pumpkin Patch	27 AM Group 9-11:30 Chair Aerobics Workshop Wednesday REC Power of Positivity - CR HERO PM Groups 12:30~3 Member Spotlight CR Club Rainbow AZ Fair Scavenger Hunt	28 AM Groups 9-11:30 Circuit Training Fun In Recovery REC Cooking 4 Health & Nutrition CR Small Goals Group RST HERO St Vincent De Paul PM Groups 12:30-3 Show Stoppers Acting Club Music and Healing CR Women's Group	29 AM Groups 9-11:30 Fitness Friday Bingo REC Fun Fact Friday Prize Play CR Stardust RST PM Groups 12:30-3 Good Vibes Music Time CR Camp Scary Pines	30 Halloween Eve Fun & Festivities
			Scavenger Hunt	·		Tidfrow(f)



## **Understanding the Calendar**

- \*Closed group which requires Registration with group staff
- Bold items mean outing
- Bold & GREEN requires sign up
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor



Computer Lab | M-F 7:30 AM / 9:00 AM

#### **October REN Hours**

Monday - Friday 7:30am – 3:00pm\* Saturday 7:30am-2:30pm\* \*Unless otherwise noted

## **Meals Served Daily**

Breakfast 7:30am – 9:00am Lunch 11:45am – 12:45pm Transportation starts @ 2:15pm If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.

REN Phone # 602-248-0368

## **Calendar Highlights**

- ⇒ 10/02 Pumpkin Patch
- ⇒ 10/05 REN Talent Show
- ⇒ 10/06 Annual Member Meeting
- ⇒ 10/07-10/10 Camp Friendly Pines
- ⇒ 10/13 Penske Racing Museum
- ⇒ 10/18 Olive Mills Queen Creek Tours
- ⇒ 10/20 Closed All Staff
- ⇒ 10/21 October Party
- ⇒ 10/26 Halloween Town Pumpkin Patch
- ⇒ 10/27 Scavenger Hunt AZ Fair
- ⇒ 10/29-11/1 Camp Scary Pines