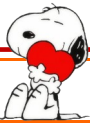





REN CALENDAR FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>February REN Theme</p> <p>Celebrate Worldview at REN- We have strength in Sharing & Learning about how we have come to know what we know.</p>					<p>1</p> <p>Friendship Day</p> <p>Weekend Connections</p> <p>7:30am - 2:30pm</p>
<p>3</p> <p>9-11:30 Chair Aerobics & Open Gym</p> <p>9-11:30 Karaoke & Social Games</p> <p>9-11:30 Adventure Time</p> <p>9-11:30 Laundry 4 Love</p> <p>9-11:30 Anger Management</p> <p>12:30-3 Get your Food Box</p> <p>12:30-3:00 Gym Ability 360 (Limit 16)</p> <p>12:30-1:30 Beading & Art Social</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Trivia & Games</p>	<p>4</p> <p>9-11:30 HYL Orientation</p> <p>9-11:30 Batting Cages (Limit 16)</p> <p>9-11:30—Open Center</p> <p>9-11:30 LGBTQ+</p> <p>9-1 Volunteering Sunny Slope (16)</p> <p>12:30-1:30 Active Games</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Music Appreciation</p>	<p>5</p> <p>9-11:30 Gym Ability 360 (limit 16)</p> <p>9-11:30 Mind, Body, Soul Yoga</p> <p>9-11:1130 Creative Writing</p> <p>12:30-1:30 World View</p> <p>12:30-3 Adopt-A-Street</p> <p>12:30-3 Pottery Burst of Butterfly (Limit 8)</p> <p>12:30-3 Computer Lab</p> <p>130-3:00 Acting & Games</p>	<p>6</p> <p>9-1 Volunteering CASS (Limit 8)</p> <p>9-11:30 BINGO & Karaoke</p> <p>9-11:30 Mind Over Mood</p> <p>9-11:30 Chair Aerobics & Open Gym</p> <p>12:30-1:30 Grief & Loss</p> <p>12:30-1:30 Healthy Juicing (REC)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Documentary & Discussion</p>	<p>7</p> <p>9-11:30 Women's Group</p> <p>9-11:30 Men's Group</p> <p>9-11:30 Circuit Training</p> <p>9-11:30 Gift in Kind (Limit 3)</p> <p>9-11:30 Friendship Friday</p> <p>9-11:30 Chinese Festival (Limit 16)</p> <p>12:30-1:30 Film Discovery</p> <p>12:30-3 Barber College (Limit 8)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Karaoke Social</p>	<p>8</p> <p>REN -A- RAMA Dance</p> <p>1-7 PM</p> <p>DANCE EVENT</p> <p>*RIDE*</p> <p>*REMINDER</p>
<p>10</p> <p>8:30-11:30 Harvest For Compassion (Limit 8)</p> <p>9-11:30 Chair Aerobics & Open Gym</p> <p>9-11:30 Adventure Time</p> <p>9-11:30 Karaoke & Social Games</p> <p>9-11:30 Anger Management</p> <p>12:30-1:30 Beading & Art Social</p> <p>12:30-3 Gym Ability 360 (Limit 16)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Trivia & Games</p>	<p>11</p> <p>9-11:30 Phoenix Mountain Adventures (Limit 16)</p> <p>9-11:30 Open Center</p> <p>9-11:30 LGBTQ+</p> <p>9-1 Volunteering Sunny Slope (Limit 16)</p> <p>12:30-1:30 Active Games</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Music Appreciation</p>	<p>12</p> <p>9-11:30 Fitness fun & Open Gym</p> <p>9-11:30 Mind, Body, Soul Yoga</p> <p>9-11:1130 Creative Writing</p> <p>12:30-1:30 Ted Talk & Recycled Art</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Acting & Games</p>	<p>13</p> <p>9-1 Volunteering CASS (Limit 16)</p> <p>9-11:30 BINGO & Karaoke</p> <p>9-11:30 Mind Over Mood</p> <p>9-11:30 Chair Aerobics & Open Gym</p> <p>12:30-1:30 Grief & Loss</p> <p>12:30-1:30 Healthy Cooking & Tips (REC)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Poetry & Art</p>	<p>14</p> <p>9-11:30 Women's Group</p> <p>9-11:30 Men's Group</p> <p>9-11:30 Circuit Training</p> <p>9-11:30 Gift in Kind (Limit 3)</p> <p>9-11:30 Friendship Friday</p> <p>9-11:30 Community NA Meeting (Limit 8)</p> <p>9-11:30 Ceretta Chocolate Tour</p> <p>12:30-1:30 Film Discovery</p> <p>12:30-3 Barber College (Limit 8)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Karaoke Social</p>	<p>15</p> <p>Weekend Connections</p> <p>Wickenburg Parade (Limit 20)</p> <p>7:30am - 2:30pm</p>
<p>17</p> <p>REN Closed For The Holiday</p> <p>Happy Presidents Day!</p> <p><i>Remember to cancel your rides!</i></p>	<p>18</p> <p>9-11:30 Phoenix Mountain Adventures (Limit 16)</p> <p>9-11:30 Creative Writing</p> <p>9-11:30 LGBTQ+</p> <p>9-1 Volunteering Sunny Slope (Limit 16)</p> <p>11:30-3</p> <p>Celebrate Recovery with Ren's Live Concert</p>	<p>19</p> <p>All Staff Training</p> <p>REN Closed</p> <p><i>Remember to cancel your rides!</i></p>	<p>20</p> <p>9-1 Volunteering CASS (Limit 16)</p> <p>9-11:30 BINGO & Karaoke</p> <p>9-11:30 Mind Over Mood</p> <p>9-11:30 Chair Aerobics & Open Gym</p> <p>12:30-1:30 Grief & Loss</p> <p>12:30-1:30 Healthy Juicing (REC)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Open Topic</p>	<p>21</p> <p>9-11:30 Women's Group</p> <p>9-11:30 Men's Group</p> <p>9-11:30 Circuit Training</p> <p>9-11:30 Gift in Kind (Limit 3)</p> <p>9-11:30 Friendship Friday</p> <p>9-11:30 Community NA Meeting (Limit 8)</p> <p>12:30-1:30 Film Discovery</p> <p>12:30-3 Batting Cages (Limit 16)</p> <p>12:30-3 Computer Lab</p> <p>1:30-3:00 Karaoke Social</p>	<p>22</p> <p>Weekend Connections</p> <p>Writing Workshop</p> <p>7:30am - 2:30pm</p>



REN CALENDAR FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>24</p> <p>9-11:30 Chair Aerobics & Open Gym 9-11:30 Karaoke & Social Games 9-11:30 Adventure Time 9-11:30 Anger Management</p> <p>12:30-3:00 Gym Ability 360 (Limit 16) 12:30-1:30 Beading & Art Social 12:30-3 Laundry 4 Luv 12:30-3 Computer Lab 1:30-3:00 Trivia & Games</p>	<p>25</p> <p>9-11:30 Phoenix Mountain Adventures (Limit 16) 9-11:30 Library (Limit 8) 9-11:30 Open Center 9-11:30 LGBTQ+ 9-1 Volunteering Sunny Slope (Limit 16)</p> <p>12:30-1:30 Active Games 12:30-2:30 Community Safety & Self Defense 12:30-3 Computer Lab 1:30-3:00 Music Appreciation</p>	<p>26</p> <p>9-11:30 Ability 360 (Limit 16) 9-11:30 Mind, Body, Soul Yoga 9-11:1130 Creative Writing 9-1:30 Volunteers Group Celebration</p> <p>12:30-1:30 TED Talk & Recycled Art 12:30-3 Computer Lab 1:30-3:00 Acting & Games</p>	<p>27</p> <p>9-4 Sedona Trip (Limit 24) 9-11:30 BINGO & Karaoke 9-11:30 Mind Over Mood 9-11:30 Chair Aerobics & Open Gym</p> <p>12:30-1:30 Grief & Loss 12:30-1:30 Healthy Cooking & Tips (REC) 12:30-3 Computer Lab 1:30-3:00 Poetry & Art</p>	<p>28</p> <p>9-11:30 Gift in Kind (Limit 3) 9-11:30 Women's Group 9-11:30 Men's Group 9-11:30 Circuit Training 9-11:30 Friendship Friday</p> <p>12:30-1:30 Film Discovery 12:30-3 Computer Lab 1:30-3:00 Karaoke Social</p>	<p>29</p> <p>Weekend Connections Healthy Park Adventure 7:30am -2:30pm</p>
<p>Reminder REN Hours:</p> <p><i>Monday to Friday</i> 7:30 – 3pm</p> <p><i>Saturdays</i> 7:30 – 2:30</p>					

Understanding the Calendar

- *Closed group which requires Registration with group staff
- **Bold items mean outing**
- **Bold & GREEN requires sign up with Recovery in Action (RIA)**
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor
- **Bold & ORANGE is an Event/Party**

Computer Lab | M-F 12:30 -3:00 PM

REN Hours

Monday - Friday 7:30am – 3pm
Saturday 7:30am – 2:30pm

Meals Served Daily

Breakfast 8:00am – 9:00am
Lunch 11:30am – 12:30pm



For any questions regarding offsite activities, or wish to cancel by phone, please contact the Community Outreach Team at 602-248-0368. Leave your name, number & outing. Activities require 48-Hour Notice.

All activities have limited spaces available.

Heal Your Life Classes Tuesday—Thursday.

Personal Training available by Appointment
Please see Greg & Jabbar.

Ready to work?
See our Supported Employment Team

Calendar Highlights

- ⇒ 2/8 Sat. REN-A-RAMA Dance
- ⇒ 2/15 Wickenburg Parade
- ⇒ 2/17 Closed for Presidents Day
- ⇒ 2/19 CLOSED For Staff Meeting
- ⇒ 2/29 Sedona Trip

#RENROCKS!