ECEMBER 2022 REN CALENDAR WEDNESDAY THURSDAY SATURDAY MONDAY TUESDAY FRIDAY 2 3 1 AM Groups 9-11:30 AM Group 9-11:30 Saturday Services **Circuit** Training 7:30AM~2:30PM **Fitness** Friday Power of Positivity Bingo Women's Guild St Vincent De Paul Stardust **Holiday Craft Fair Exploring the** Fun Fact Friday (Off-Site Activity) Keyboard Typing & Intro to PowerPoint Activity Info: PM Groups 12:30-3 Shop local vendors of PM Groups 12:30~3 Fun in Recovery crafts, art, food, and Club Rainbow Game On more! **Bowlero Bowling** Good Vibes Music Time w/HERO Camp Open Sky **Sedona** WORLD International Day of Persons with AIDS Disabilities DAY **3 DECEMBER** 7 8 9 10 5 6 AM Groups 9~11:30 <u>AM Groups 9~11:30</u> AM Groups 9~11:30 <u>AM Groups 9~11:30</u> AM Group 9~11:30 Saturday Services WHAM & Workout Chair Aerobics **Fitness Goals Circuit** Training Fitness Friday 7:30AM~2:30PM Craft Nation Power of Positivity Check in Soup 4 the Soul Awesome World Bingo Game Show Fresh Cuts **St Vincent DePaul** Laundry 4 Love St Vincent De Paul Stardust Showdown **OCJ Volunteering** Dimensions of Wellness HERO Let's look at Facebook Fun Fact Friday (On-Site Activity) **Relevant Windows** Security Refresher HERO iPhones & Androids **Gmail & Google** Activity Info: Tips & Tricks PM Groups 12:30~3 PM Groups 12:30~3 PM Groups 12:30-3 PM Groups 12:30~3 Come play a variety of HERO Creative Writing Circle of Support Anger Management Game On tv game shows like, Game Stop! Men's Group **Recovery Meeting** Good Vibes Music Time Jeopardy, Shark Tank, **HERO Celebration of** The Price is Right, and **Christmas Play** many more! REN (3:30pm - 9pm) CLOSING EARLY INTERNATIONAL HUMAN RIGHTS DAY **RIDES WILL BE** 00 DISPATCHED AT 12:45PM 14 13 15 16 12 17 AM Groups 9~11:30 Saturday Services AM Groups 9~11:30 AM Groups 9~11:30 Winter 7:30AM~2:30PM WHAM & Workout **Chair Aerobics Fitness Friday** Wonderland Check in Soup 4 the Soul Awesome World Bingo Sidewalk Saturday -we're **Internet Refresher St Vincent De Paul** Stardust at The Churchill Celebration Holiday Portraits HERO Fun Fact Friday (Off-Site Activity) **Create Content** PM Groups 12:30~3 PM Groups 12:30~3 (YouTube, Instagram, Good Vibes Music Time Activity Info: Game Stop! **Blogger**) Game On Travel to Churchill in Creative Writing **Downtown Phoenix for** PM Groups 12:30-3 **HERO** All Staff a season sale of local Circle of Support artisans! Women's Group **REN** Closed Remember to ALL DAY cancel your rides! **EVENT** 22 24 21 23 19 20 AM Groups 9~11:30 **REN will be CLOSED** AM Groups 9-11:30 AM Groups 9~11:30 AM Groups 9~11:30 **Circuit** Training WHAM & Workout **Chair Aerobics Fitness Goals** Check in Soup 4 the Soul Awesome World Craft Nation Power of Positivity **St Vincent De Paul** Dimensions of Wellness **St Vincent De Paul** Microsoft Excel **Microsoft PowerPoint** HERO HERO PM Groups 12:30~3 HERO **Microsoft Word** Creative Writing PM Groups 12:30~3 Game Stop! PM Groups 12:30~3 Anger Management PM Groups 12:30~3 Circle of Support Fun in Recoverv HERO **Recovery Meeting** Men's Group Club Rainbow **Bowlero Bowling** Be safel Remember to cancel your rides! Happy Winter Solstice

EM IBER 2022 REM SATURDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 26 29 30 31 27 28 AM Groups 9~11:30 AM Groups 9~11:30 AM Groups 9~11:30 **REN CLOSED REN will be CLOSED** Chair Aerobics Fitness Goals w/Gayle **Circuit Training** for Holiday Break Awesome World Craft Nation Power of Positivity **St Vincent De Paul Top Useful Apps St Vincent DePaul** Be safe! Remember to First Day of HERO HERO **PC Basics Review** HERO Share the Air cancel your rides! Kwanzaa PM Groups 12:30~3 PM Groups 12:30~3 Anger Management Dec. 6th ~ Jan. 1st Circle of Support **Recovery Meeting** PM Groups 12:30-3 2023 Anger Management Women's Group **Recovery Meeting Bowlero Bowling** ecover

DECEMBER CELEBRATIONS

Month Long	Week Long	Days		Outing
Read a New Book	• 18th - 26th Hanukkah	4th National Cookie Day5th World Soil Day	\Rightarrow	12/02 – 12/04 Camp Open Sky Sedo
• Plan Ahead	Thundakkun	• 5th International Volunteers Day	\Rightarrow	12/03 Women's Guild Holiday Craft
for Health Awareness		• 7th Remembrance of Pearl Harbor Day		Fair
 Seasonal Depression 		7th National Cotton Candy Day10th International Animal Rights Day	\Rightarrow	12/05 Fresh Cuts
Awareness		18th International Arabic Language Day	\Rightarrow	12/07 Laundry 4 Love
		• 18th International Day of Migrants	\Rightarrow	12/07 Celebration of Christmas Play
		• 26th National Thank you Note Day		(Evening Outing)
 <u>Understanding the Calendar</u> *Closed group which requires registration with group staff Bold & PURPLE items mean Courage Computer Lab Bold & GREEN requires sign up Bold & BLUE is groups/activities on the second floor 			\Rightarrow	12/08 REN CLOSES EARLY
				(Rides dispatched @ 12:45pm)
			\Rightarrow	12/10 Game Show Showdown
• Black is groups/activities held on the first floor Courage Computer Lab M-F 7:30 AM / 9:00 AM Open Lab Limited Assistance				12/12 Holiday Portraits
December REN HoursMeals Served DailyMonday - Friday 7:30am - 3:00pm*Breakfast 7:30am - 9:00amSaturday 7:30am-2:30pm*Lunch 11:45am - 12:45pm*Unless otherwise notedTransportation starts @ 2:15pm			\Rightarrow	12/14 REN CLOSED for ALL STAFF
			\Rightarrow	12/15 Winter Wonderland Celebrat
			\Rightarrow	12/17 Sidewalk Saturday at The
				Churchill
All offsite activiti		If you're interested in	\Rightarrow	12/22 Bowlero Bowling

limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance. **REN Phone # 602-248-0368**



attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

 \Rightarrow 12/01 Bowlero Bowling w/HERO

Calendar Highlights

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- 12/23 12/26 REN CLOSED for \Rightarrow Christmas Break
- \Rightarrow 12/30 01/02/23 REN CLOSED for

New Years Break