

"Everyone you meet is fighting a battle. Be kind, always"

WHAT IS A PEER SUPPORT?

A peer support worker, also known as a peer specialist, is a person with significant life-altering experience.

This is also referred to as "lived experience". These individuals provide help to others who with have struggles pertaining to mental health, psychological trauma or substance use.

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REN

RECOVERY EMPOWERMENT NETWORK

Recovery Support Training

Peer Support Training

How do I become a qualified Peer Support Specialist?



Not only will (RST) help you and those around you; it will open doors to a career that you can utilize for a life time. Here at REN we walk hand-in-hand with you while you learn how to use the keys to open new doors and achieve your goals.

Peer Support Specialists can work across a number of areas in the mental health system. This can include public, community and private settings.

Their most common role is peer support, which is directly supporting people who are experiencing mental illness by sharing their lived experience.

This engaging and dynamic training will provide you with knowledge, skills and tools to assist you in your recovery journey. Along with a new set of skills, RST allows you to become credentialed as a Peer Support Specialist.

Our credentialing as a Peer Support Specialist is recognized around the world.

Peer support specialist can have an impact on individuals, family, coworkers or even strangers by sharing their knowledge of situations & learned skills

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Check out other workshops offered through our learning team!