

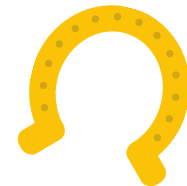
# THE REN REVIEW



## WELCOME MARCH

March is here and we celebrate springtime and new beginnings. It's an awesome time to take inventory, check-in with others, and monitor progress and change. We welcome new ideas and possibilities! This month REN went bowling, attended an LGBTQ retreat, did The REN 5K where members could be "part of the hive," and enjoyed togetherness, fun in recovery, symptoms management, games, and other recovery themes. We took a look at transformations and our awesome world. Thank you to our members who come out every day to share their recovery journey with us!

The REN review is an opportunity for members to submit articles about all things happening at REN! Please see Jen AH, visit the Computer Lab every Tuesday morning or email stories, pictures and ideas to [renaznews@gmail.com](mailto:renaznews@gmail.com). We want to hear from you, this is paper by the peers for the peers and all are welcomed. If you aren't a writer, we can work with you, let's learn together. Here's to a new day, hope and another exciting edition of REN news!



## IN THIS ISSUE

REN Outings

Creative Writing Corner and Question of the Month

Fun Pages: Inspirational Quotes, Mental Health Puzzle, Trish Talks and fun facts

Updates, NEWS and more!



## Do you feel lucky? In honor of the Ides of March what superstition do you or your family observe?

If my left-hand itches, I scratch it and throw away the bills, which means the money is going out. If my right-hand itches, I scratch it and put the money in my pocket money coming in . - Trisha G



Rub my hand to calm my anxiety. Sean G

I won't say Bloody-Mary or Candy-Man in the mirror! - Antonio

Knock on wood after declaring something; "I hope we don't get in accident! (knocks on wood). - Rand

Opening an umbrella in the house. - Richard P

Breaking a mirror brings you seven years bad luck - Shawn

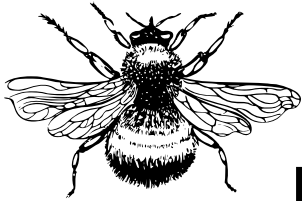


I stay away from open doors and windows because I believe bad spirits come in through them - Rashaye

When I go to bed at night I have to cover every part of my body so that something doesn't drag me out of my bed - Deion

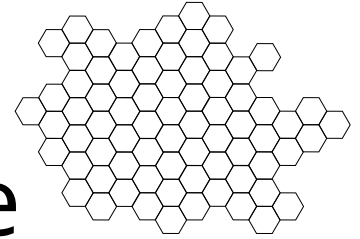


I believe butterflies are good luck or good signs. - Larissa



# REN 5K

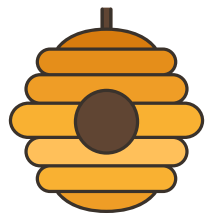
## Bee Part of the Hive



*To provide recovery and healing opportunities in our community by sharing our journey*



REN'S MISSION



# LGBTQ Retreat



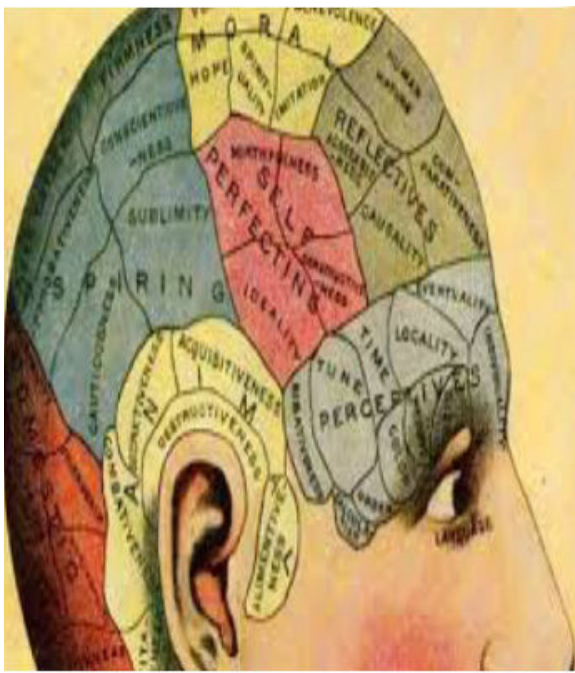
*Nurturing hope, community and growth while reducing isolation and mental health stigma*

RENS VISION STATEMENT



# LGBTQ Retreat





# RENOLGY

## KNOWLEDGE IS POWER

### **NUTRITION AND MENTAL HEALTH: IS THERE A LINK?**

You hear all the time that eating healthy helps with physical well-being. Did you know good healthy eating also helps with mental and emotional well-being? Anxiety and depression are among the most common mental health conditions worldwide. according to the world health organization. Nutritional psychiatry is an emerging area of research specifically looking at the role of nutrition in the development and treatment of mental health problems. 21 studies from 10 countries found that a healthful dietary pattern — characterized by high intakes of fruit, vegetables, whole grains, olive oil, fish, low-fat dairy, antioxidants, and low intakes of animal foods — was associated with a reduced risk of depression. on the flip side a Western-style diet — involving a high intake of red and processed meats, refined grains, sweets, high-fat dairy products, butter, and potatoes, as well as a low intake of fruit and vegetables — was linked with a significantly increased risk of depression. The relationship between our diet and our mental health is complex. However, research shows a link between what we eat and how we feel.

Eating well can help you feel better. You don't have to make big changes to your diet, but see if you can try some of these tips.

- Eat regularly. This can stop your blood sugar level from dropping, which can make you feel tired and bad-tempered.
- Stay hydrated. Even mild dehydration can affect your mood, energy level, and concentration ability.
- Eat the right balance of fats. Your brain needs healthy fats to keep working well. They're found in things such as olive oil, rapeseed oil, nuts, seeds, oily fish, avocados, milk, and eggs. Avoid trans fats - often found in processed or packaged foods - as they can be bad for your mood and your heart health.
- Include more whole grains, fruits, and vegetables in your diet. They contain the vitamins and minerals your brain and body need to stay well.
- Include some protein with every meal. It contains an amino acid that your brain uses to help regulate your mood.
- Look after your gut health. Your gut can reflect how you're feeling: it can speed up or slow down if you're stressed. Healthy food for your gut includes fruit, vegetables, beans, and probiotics.
- Be aware of how caffeine can affect your mood. It can cause sleep problems, especially if you drink it close to bedtime, and some people find it makes them irritable and anxious too. Caffeine is found in coffee, tea, cola, energy drinks, and chocolate.

As these this have been found to help with mental health however everyone's body is different you should never start a diet or or majorly change your eating habits without talking with your doctor

# Trisha Talks

**Dear Trisha,**

**I get so frustrated with my family. I have suffered from anger and depression all my life. Now that I'm diagnosed, I am treated differently. I just want to be treated like any other person. They don't even ask me. They just assume it's my mental health. Sometimes they just agree with me to shut me up. It makes me feel like what I say doesn't even matter and I am only seen as my diagnosis. How do I make them see me for me?**

**A frustrated family member**

**Dear frustrated,**

**You cannot control what other people think however, you can look at it from their point of view. Sometimes, they are not sure how to treat you because they care and don't want to hurt you in any way. You can use this opportunity to educate them on how you wish to be supported in your journey. In the end, you are all on journeys, and recognizing this may help open up lines of communication and awareness. Practicing patience and acceptance works both ways. Your understanding didn't take place overnight and when you feel overwhelmed you can always hit the pause button and breathe. Hope that helps, much love.**

**Trisha**

If you have something you would like to get off your chest, write to me at [Rentrishatalk@gmail.com](mailto:Rentrishatalk@gmail.com) "Remember not to include names of persons , places or organizations also religion and politics are not permitted". While Trisha is a trained peer support she is not by any means a mental health professional. If you are having a mental health crisis please seek out a trained professional or call the crisis line 602- 222-9444

# Ren Pride

All Things LGBTQ+ at REN and beyond



October Of 1906, A Well Dress man wearing a Prince Albert. (a popular Suit made famous by Prince Albert in 1876) Accompanied by his doctor W.C. Rowe. was on a train to Phoenix, Arizona. Still a territory, then. The man's name was Nicolai De Raylan; He came from Chicago.

He was the personal secretary to the Russian consul General Baron von Schlippenbach. he was born in Kyiv, now Ukraine, around 1873 emigrated to America around 1893 in Chicago.

While on the 2000 mile train ride, the two probably talk about issues of the day or Chicago at the time the white sock was playing the cubs in the world series. Maybe they chatted about his job with the general and talked about the opposite sex; you see, De Raylan was a ladies' man. was going to phoenix For a months-long desert air treatment for tuberculosis he'd been battling for two years. Fully expecting to recover, he'd left behind his wife and stepson, with whom he shared an apartment in Chicago

They Arrived in phoenix and took a room at the Union Hotel. Most tuberculosis patients stayed in tents, but they got accommodations in the hotel. However, despite all the good doctors could do, De Raylan's health got worse.

De Raylan began to get agitated not about dying, but he made Rowe promise that no one but his wife was able to see the body. He explained that they had a religious compact of sorts: that whoever outlived the other would wash the dead body and see personally to its interment. Rowe was either unable or unwilling to carry out his patient's wishes. When De Raylan died in his hotel room on the evening of December 18, his wife was still in Chicago, awaiting his return. With no next of kin close at hand, Rowe sent for a pair of undertakers to deal with the body. Then Rowe went to the hotel office to telegram De Raylan's wife the news of his death.

Continued on next page



Soon after, one of the undertakers, a man named Driscoll, rushed back to the hotel to deliver to Rowe another piece of news, one considerably more shocking than that of the death itself: The deceased was not whom he claimed to be. On undressing the body, the undertakers had made a startling discovery: Strapped to the man's waist was an artificial penis and testicles made of chamois (Goat or antelope skin) and stuffed with down. Beneath those: Female genitalia. The Arizona Republic Headline read the next day "A man in a lifetime a woman in death."



In 2016 the hip Historian Marshal Shore discovered this story. Shore learned about his secret and impact on transgender history in Arizona, he decided to work on writing a happier end to De Raylan's story.

whom was this person asked the reporters of the day? his closes friends said that even though he had many peculiarities they stood by their belief he was a man. "De Raylan's habits ... were those of the 'rounder.' Chorus girls, wine suppers and 'red light' tours were a part of his routine. All intimates of the dead secretary agreed that he smoked and drank in excess. He was never without a cigarette and he was able to drink some of his stoutest companions 'under the table.'"

"When I found out that we had a gender pioneer, right here in Arizona from 1906, I started working with the local community to raise funds to get him a headstone," Shore said.

Edward Burchulis, who had married De Raylan's ex-wife, Eugenia, remarked incredulously, "Why, I have been swimming with him, both at Atlantic City and in the Central YMCA here in Chicago. I am sure he was a man."

His fundraiser started in 2017. Shore capitalized efforts through social media and word of mouth. He said a lot of the money came from just talking to people at bars, on tours, and various LGBTQ groups across the Valley.

Paolo Rinaldi, a barber, told the reporter that De Raylan had been extremely anxious to grow a mustache. Rinaldi said that his customer had used at least 20 lotions and creams to get his facial hair to grow

in two short years, they raised \$3000 enough to get the headstone but they did not know what it should say

A Taxi driver told reporters

For Keppler, it was clear the headstone "should not out him as trans" because of the experience in the transgender community "of knowing just how important it is to keep a secret and just how hard it is to let that secret go."

on numerous occasions" went out in women's attire. On other occasions, the driver watched as De Raylan and a female companion fought in his cab. "It was De Raylan's favorite diversion to scratch the face of his companion. He never resorted to blows," Lambrakis said, insinuating that De Raylan fought like the woman he was later discovered to be.

.In 2019, the headstone was installed, engraved with a quote from Ralph Waldo Emerson: "To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."

he was buried at Greenwood Memory Lawn Mortuary & Cemetery in Phoenix in a cemetery open in 1906 and a lot of historic people are there including John T. Alsap, Phoenix's first mayor

Keppler said every decision regarding the headstone was intentional.

De Raylan was buried in Dress and without a headstone. The end of De Raylan's life offers insight into the extremely tragic way transgender people were treated in the early 1900s, according to Erica Keppler, founder of Arizona TransAlliance. in an article for the Arizona Republic

De Raylan and his wife had enough money to afford a traditional burial, but Shore explained that the unmarked grave was a sign of disrespect in the period.

"Of course, there's tragedy at the end of the story in Nicolai's life because he died of tuberculosis," Keppler said. "But an even bigger tragedy for him is that it forced his secret to come out, which was not a thing that he ever wanted to happen."

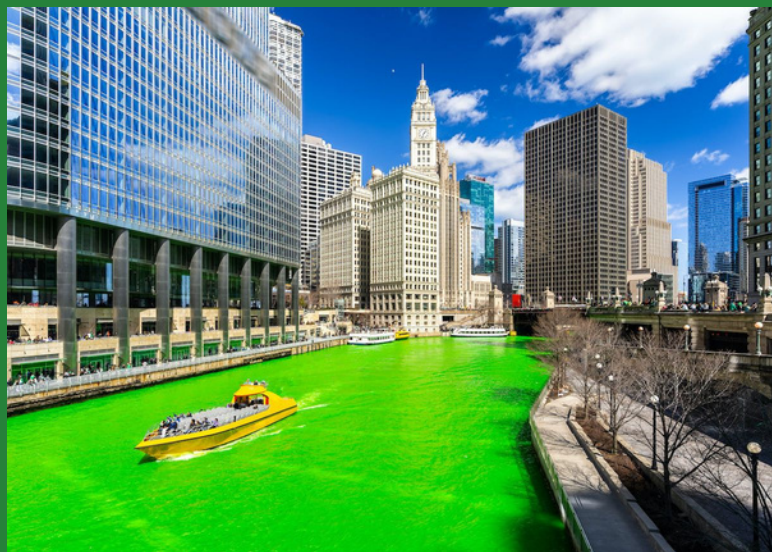
"You can tell a lot about a city by going and visiting a cemetery and seeing its history," Shore said. With a headstone, a man who died a century ago is given back his identity

However, Keppler warns that the consequences of people discovering his secret during his life could have been much steeper, adding that it took courage or persistence to keep his gender identity intact.



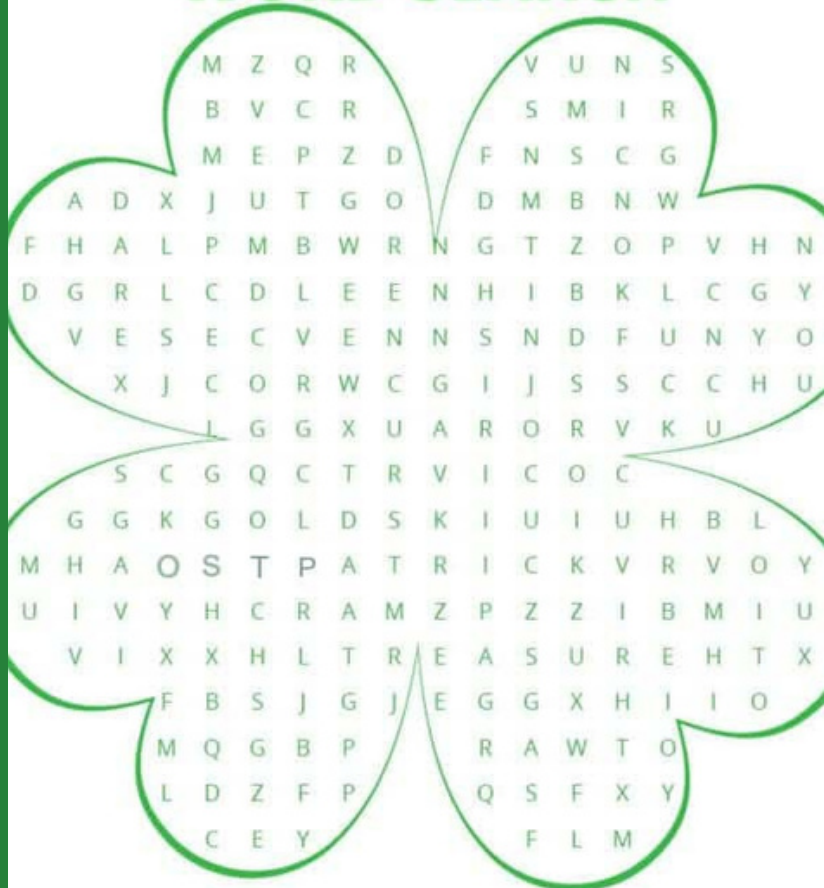
# FUN IN RECOVERY

*Would you Believe...*



- In the early Roman calendar, March (or Martius) was the first month of the calendar year. it was the start of new beginnings.
- Saint Patrick didn't wear green. His color was blue." The color green became associated with St. Patrick's Day after it was linked to the Irish independence movement in the late 18th century
- There isn't any corn in the traditional St. Patrick's Day meal of corned beef and cabbage. The name is a reference to the large grains of salt historically used to cure meats, which were also known as "corns."
- the first St. Patrick's Day parade in America was held in New York City in 1766.
- 1962 marked the first time Chicago dyed their river green for St Patrick's Day.
- the Plumbers Local 110 union dyes the river Kelly green. The dye lasts for around five hours.
- Your odds of finding a four-leaf clover are about 1 in 10,000.
- For 20 years, a cat served as mayor of an Alaskan town.

## ST. PATRICK'S DAY WORD SEARCH



RAINBOW  
ST. PATRICK  
TREASURE

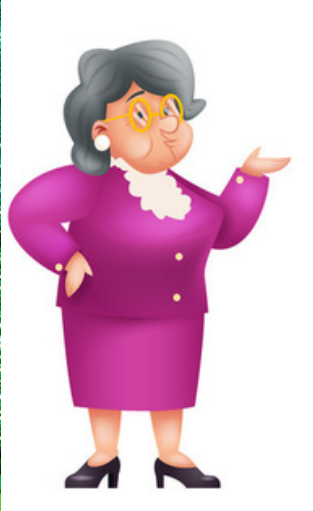
IRISH  
GREEN  
LUCK

GOLD  
MARCH  
CLOVER

THETYPICALMOM.COM

# Peer Trisha's Almanac

## March 2022



**March 1, 1961** - President John F. Kennedy established the Peace Corps

**March 4, 1681** - King Charles II of England granted a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.

**March 4, 1789** - The first meeting of the new Congress under the new U.S. Constitution took place in New York City

**March 4, 1830** - Former President John Quincy Adams returned to Congress as a representative from Massachusetts. He was the first ex-president ever to return to the House and served eight consecutive terms.

**March 9, 1970** - Ulysses S. Grant was commissioned as a Lieutenant General and became commander of the Union armies.

**March 9, 1984** - Children of the Corn released

**March 10, 1862** - The first issue of U.S. government paper money occurred as \$5, \$10 and \$20 bills began circulation.

**March 10, 1880** - The Salvation Army was founded in the United States. The social service organization was first founded in England by William Booth and operates today in 90 countries.

**March 12, 1609** - The island of Bermuda was colonized by the British after a ship on its way to Virginia was wrecked on the reefs

**March 12, 1888** - The Great Blizzard of '88 struck the northeastern U.S. The storm lasted 36 hours with snowfall totaling over 40 inches in New York City where over 400 persons died from the surprise storm.

**March 12, 1994** - The Church of England ordained 32 women as its first female priests

**March 12, 1999** - Poland, Hungary and the Czech Republic became full-fledged members of NATO

**March 16, 1945** - during World War II, American forces declared they had secured Iwo Jima

**March 16, 1802** - President Thomas Jefferson signed a measure authorizing the establishment of the U.S. Military Academy at West Point, New York.

**March 16, 1926** - rocket science pioneer Robert H. Goddard successfully tested the first liquid-fueled rocket at his Aunt Effie's farm in Auburn, Massachusetts.

**March 17, 1762** - 1st St Patrick's Day parade in NYC

**March 17, 1884** - John Joseph Montgomery makes 1st glider flight at Otay, California

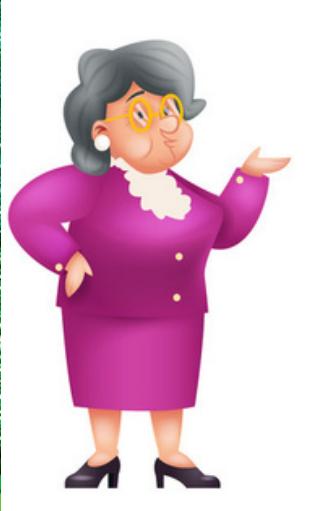
**March 17, 1912** - Camp Fire Girls organization announced by Mrs Luther Halsey Gulick

**March 18, 1911** - Theodore Roosevelt opened the Roosevelt Dam in Arizona. It was the largest dam in the U.S. at the time.

**March 18, 1989** - A 4,400-year-old mummy was discovered at the Pyramid of Cheops in Egypt.

# Peer Trisha's Almanac

## March 2022



**March 19, 1932** - The Sydney Harbour Bridge is opened in Sydney, Australia

**March 20, 1602** - United Dutch East Indian Company (VOC) forms

**March 20, 1789** -

**March 20, 2016** - Barack Obama becomes the first US President to visit Cuba since 1928, arriving for a 3 day tour

**March 22, 1972** - The Equal Rights Amendment to the U.S. Constitution was passed by the U.S. Senate and then sent to the states for ratification. The ERA, as it became known, prohibited discrimination on the basis of gender, stating, "Equality of rights under the law shall not be denied"

**March 23, 1775** - Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, "I know not what course others may take; but as for me, give me liberty, or give me death!"

**March 24, 1934** - The Philippine Islands in the South Pacific were granted independence by President Franklin D. Roosevelt after nearly 50 years of American control.

**March 26, 1885** - Eastman Film Co manufactures 1st commercial motion picture film

**March 26, 1951** - United States Air Force flag officially adopted by President Harry S. Truman

**March 26, 1976** - Queen Elizabeth II sent out the first royal email, from the Royal Signals and Radar Establishment

**March 27, 1855** - Abraham Gesner patents kerosene

**March 27, 1952** - Sun Records of Memphis begins releasing records

**March 27, 1969** - Launch of Mariner 7, flies 2,190-mi above southern Mars

**March 28, 1922** - 1st microfilm device introduced

**March 29, 1929** - 1929 US President Herbert Hoover has 1st telephone installed on the desk at the Oval Office's in the White House

**March 29, 1974** - Mariner 10's, 1st fly-by of Mercury, returns photos

**March 29, 1974** - Chinese farmers discover the Terracotta Army near Xi'an, 8,000 clay warrior statues buried to guard the tomb of China's 1st emperor, Qin Shi Huang

**March 29, 1989** - 1st US private commercial rocket makes suborbital test flight at White Sands Missile Range in New Mexico

**March 30, 240BC** - 1st recorded perihelion passage of Halley's Comet

**March 30, 1867** - Alaska Purchase: US buys Alaska from Russia for \$7,200,000 (\$109 million in 2018), roughly 2 cents an acre

**March 30, 1909** - New York's Queensboro Bridge opens, linking Manhattan & Queens

**March 31, 1870** - Thomas Mundy Peterson of Perth Amboy, New Jersey is the first African American to vote in the US under provisions of the 15th Amendment to the Constitution, in a local election on town's charter

# Happy Birthday

## Happy Birthday to all of you born in March

Birthstone :aquamarine zodiac sign Pisces (Feb 19-mar 20) / Aries (March 21 - April 19)

Here are some celebrities you share your special day with

### March 1

Justin Bieber - 1994  
Ron Howard -1954  
Frederic Chopin 1810-1839

### March 2

Jon Bon Jovi - 1962  
Desi Arnaz - 1917 - 1986  
Sam Houston-1793- 1863

### March 3

Jessica Biel -1982  
Jackie Joyner Kersee- 1962  
Alexander Graham Bell-1847- 1922

### March 4

Josh Bowman - 1988  
Chaz Bono - 1969  
Bob Womack 1944-2014

### March 5

Eva Mendes-1974  
Dean Stockwell - 1936-2021  
Henry II of England 1133-1189

### March 6

Shaquille O'Neal- 1972  
Harriet Tubman 1820 - 1913  
David Gilmour - 1946

### March 7

Brandon T. Jackson -1984  
Wanda Sykes -1964  
Stephen Hopkins-1707-1785

### March 8

Freddie Prinze Jr.-1976  
Camryn Manheim -1961  
Andrea Parker-1970

### March 9

Bow wow -1987  
Emmanuel Lewis - 1971  
Yuri Gagarin (1934 -1968)

### March 10

Carrie Underwood - 1983  
Chuck Norris -1940  
Sharon Stone -1958

### March 11

Thora Birch- 1982  
Johnny Knoxville -1971  
Terrence Howard-1969

### March 12

Malina Weissman -2003  
James Taylor-1948  
William Thomas, (buckwheat) -1931-1980

### March 13

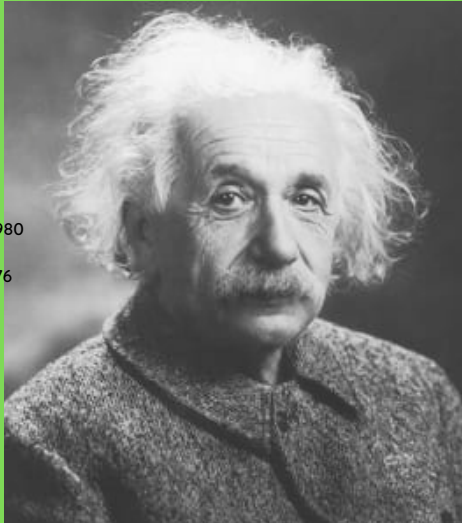
Danny Masterson,(thats 70.show)-1976  
Fred Berry(Rerun)-1951-2003  
Percy Lowell-1855-1916

### March 14

Michael Caine-1933  
Quincy Jones-1933  
Albert Einstein -1879-1955

### March 15

Mark Hoppus (blink-182) -1972  
Bret Michaels - 1963  
Andrew Jackson 1767-1845



### March 16

William Drayton (Flavor flav) \*- 1959 -1958

### March 17

Jerry Lewis-1926-2017  
Rob Kardashian-1987  
Rob Lowe -1964

### March 18

Nat King Cole-1910-1965  
March 18  
Adam Levine -1979  
Vanessa Williams-1963

### March 19

Glenn Close-1947  
Bruce Willis-1955  
Wyatt Earp- 1848-1929

### March 20

Spike Lee -1957  
Michael Rapaport -1970  
Fred Rogers -1928 -2003

### March 21

Matthew Broderick -1962  
Rosie O'Donnell-1962  
Johann Sebastian Bach - 1685-1750

### March 22

Keegan-Michael Key - 1971  
William Shatner - 1931  
Stephen Sondheim 1930-2021

### March 23

Victoria Pedretti- 1995  
Chaka Khan - 1953  
Joan Crawford-1908 - 1977

### March 24

Jim Parsons-1973  
Peyton Manning-1976  
Harry Houdini 1874-1926

### March 25

Sarah Jessica Parker -1965  
Elton John-1947  
Aretha Franklin- 1942-2018

### March 26

Kenny Chesney -1968  
Steven Tyler - 1948  
Leonard Nimoy -1931 - 2015

### March 27

Brenda Song-1988  
Fergie -1975  
Quentin Tarantino- 1963

### March 28

Stefani Joanne Angelina Germanotta (lady Gaga) - 1986  
Reba McEntire - 1955  
Vince Vaughn -1970

### March 29

Elle Macpherson - 1964  
Sam Walton (walmart) - 1918-1992  
John Tyler -1790-1862 10th US president

### March 30

Celine Dion- 1968  
Eric Clapton - 1945  
Vincent van Gogh - 1853-1890

### March 31

Angus Young - 1955  
Christopher Walken - 1943  
Cesar Chavez - 1927-1993



# REN MOVIE REVIEW



## Turning Red



Very Cute Movie. However, all is not what it seems. while you think you watching a movie. Having to do with someone being possessed by a big red panda (funny in a scary way Lol). You find the movie is really about a girl becoming a woman. Waking up one-day discovering your smelly, hairy,thinking your a big monster, your ugly, and boys or girls depending on your preference. But most of all trying to navigate the discovering of finding out who you are . Great movie now streaming on disney + .

= **Only on a dare.**

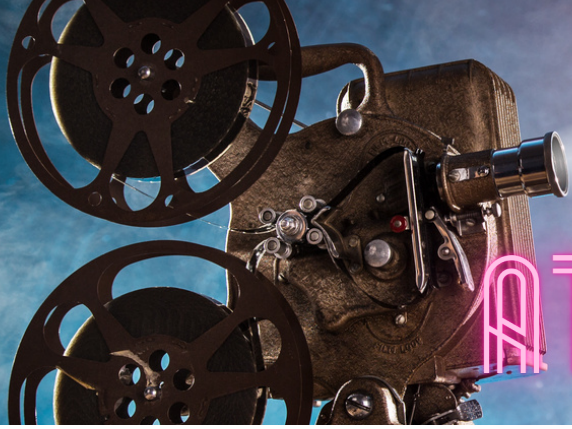
= **I could not find the remote.**

= **It had It's moments.**

= **I like It!**

= **OMG Gurl,You have to see this movie!**





# AT THE BOX OFFICE

## Top 5 leprechaun Movies



1. The leprechaun (8 in all )
2. The Luck of the Irish(2001)
3. Finian's Rainbow(1968)
4. Darby O'Gill and the Little People(1959)
5. Unlucky Charms(2013)



- #1s of the past**
- 1972(50yrs)**  
**The God Father-** *Marlon Brando*
  - 1982 (40yrs)**  
**Porky's-** *Kim Cattrall*
  - 1992 (30yrs)**  
**White Men Can't Jump-**  
*Wesley Snipes*
  - 2001 (20yrs)**  
**Ice Age-** *Ray Ramono*
  - 2021 (1yr ago)**  
**Raya and The Last Dragon-** *Kelly Tran*
  - February 2022 (1 month)**  
**Uncharted-** *Tom Halland*





## NOW PLAYING

### IN THEATERS

#### The Batman

The Caped Crusader is back in a new movie, part of the DC Universe but separate from the DC Extended Universe, and simply titled *The Batman*. Directed by Matt Reeves, *The Batman* follows a young Bruce Wayne (Robert Pattinson) in his second year of fighting crime in Gotham City

#### Netflix

#### Piece Of Her

A woman who pieces together her mother's dark past after a violent attack in their small town brings hidden threats and deadly secrets to light.

#### Hulu

#### The Dropout

*The Dropout* tells the story of the rise and fall of former Silicon Valley darling Elizabeth Holmes, the youngest self-made female billionaire

#### Disney +

#### Turning Red

Young actress Rosalie Chiang lends her voice to Mei Lee, a 13-year-old who suddenly “poofs” into a giant red panda when she gets too excited (which is practically ALWAYS). Sandra Oh voices Mei Lee’s protective, if not slightly overbearing mother, Ming, who is never far from her daughter—an unfortunate reality for the teenager. Directed by Shi and produced by Lindsey Collins, Disney and Pixar’s

#### Prime

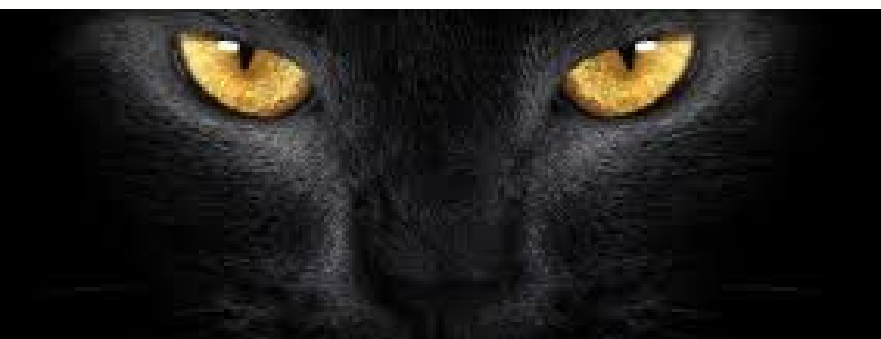
#### upload Season 2

From the Emmy-winning Greg Daniels (*The Office*, *Parks & Rec*) comes a hilarious new sci-fi comedy. In the future people can upload their consciousness to a luxurious digital afterlife. When party boy Nathan gets uploaded to a virtual resort he meets the down-to-earth Nora who starts as his customer service “angel” but becomes so much more as she helps him find friendship, love, and purpose.





# MUSIC



## Top 10 songs to do with luck or superstition

1. Superstition-Stevie Wonder
2. Lucky star - Madonna
3. Knock On Wood-Eddie Floyd
4. Ouija Board, Ouija Board-Morrissey
5. Bad Luck-Neko Case
6. Black Cat-Janet Jackson
7. Born Under A Bad Sign-Albert King
8. When you wish upon a Star -(Cliff Edwards)
9. Lucky Man -Emerson, Lake, And Palmer
10. You Got Lucky - Tom Petty

- 1972(50yrs)  
A horse With Name- America
- 1982 (40yrs)  
I Love Rock N Roll -Joan Jett and the Blackhearts
- 1992 (30 yrs)  
To Be With You- MR. Big
- 2002 (20yrs)  
In The End - Linkin Park
- 2021  
Drivers License - Olivia Rodrigo

last month:  
We Don't Talk About Bruno cast of Encanto



## #1 Albums For March

- 1972(50yrs)  
Harvest- Neil Young
- 1982 (40yrs)  
Beauty and the Beat - GO GOS
- 1992 (30 yrs)  
Ropin' the Wind - Garth Brooks
- 2001 (20yrs) Weathered - Creed
- 2021  
Dangerous: The Double Album- Morgan Wallen
- Last month :  
Encanto (Original Motion Picture Soundtrack)



**ALL WELCOME**  
CASE MANAGERS  
FAMILY OF CHOICE  
ADULTS 18-25

# Open House

212 E. OSBORN RD. PHOENIX AZ 85012  
APRIL 20TH, 2022 3PM - 6PM

**RSVP**



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