UPDATED FEBRUARY 2021 CALENDAR MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 2 1 5 6 AM Groups 9~11:30 AM Groups 9-11:30 AM Groups 9-11:30 AM Groups 9-11:30 AM Groups 9-11:30 Saturday Services hair Aerobics & Cardio Magic: A Lesson In WHAM & Workout Nature Walk Diversity Fest India Friday Fitness Fun Fest Member Mingle & PM Groups 12:30~3 Bingo REC Seeing The Beauty Perception REC Around Us REC Interpersonal Skills REC Diversity Fest India Adventure Time CR Spiritual Healing & The Positive Self Image CR RST (HERO Room) Origins & Beginnings CR Golden Rule CR **Martin Auto** Virtual Support 9-11 * Recovery Reelz Starts Museum PM Groups 12:30-3 PM Groups 12:30~3 Laundry 4 Love LIMIT (7) Auditing 101 REC Virtual Support 9-11 Juicing & Nutrition REC RST (HERO Room) Facing The Battle RST (HERO Room) (LIMIT 25) PM Groups 12:30~3 HYL Graduation CR PM Groups 12:30~3 We're In This Together Disc Golf @ The Park Music That Changed The World REC REC How to Take A Compliment & Emotions CR African American's Many Rivers To Cross Women's Group Virtual Support 1-3 Anger Management RST (HERO Room) Virtual Support 1-3 9 10 13 11 12 AM Groups 9-11:30 Saturday AM Groups 9-11:30 AM Groups 9~11:30 AM Groups 9~11:30 AM Groups 9-11:30 Cardio Monday Nature Walk Love to Sweat WHAM & Workout Fitness Friday Services How To Start Your Week You're Hired REC A Joyful Memory REC Greek Mythology Party Time BINGO REC 4 Tasks of Peer Support Personal Effectiveness and Project REC Power of Positivity CR REC Self-Motivation & Morning Check In & Well Being CR HERO 9-11:30 Weekly Planning CR Virtual Support 9-11 Achieving Goals CR PM Groups 12:30-3 **Great Recovery** PM Groups 12:30~3 RST (HERO Room) Virtual Support 9-11 PM Groups 12:30~3 Finding Inspiration REC BBQ **PM Groups 12:30-3** Valentine's Day Dance Woman's Group Supports We All Need The Power of Positivity Them REC PM Groups 12:30~3 Stacking Bricks **REC** Gratitude Jenga Anger Management Barber College REC Facing The Battle (LIMIT 7) **South Mountain** Virtual Support 1-3 **Restoration Project** Virtual Support 1-3 15 16 17 18 19 20 AM Groups 9-11:30 AM Groups 9~11:30 AM Groups 9~11:30 Saturday CLOSED Nature Walk **GYM** 90's BINGO REC Services IN OBSERVANCE Something Fun with Recovery Takes Changes Getting To Know Yourself OF Presidents Day Art Projects REC CR & Exploring Life REC Japanese Something Fun And PM Groups 12:30~3 Member Mingle CR Friendship Chill CR **South Mountain** Magic: A Lesson In Garden Woman's Group Perspective REC **Restoration Project** Virtual Support 9-11 Virtual Support 9-11 (LIMIT 16) PM Groups 12:30~3 **REN MEN's Retreat** PM Groups 12:30~3 All Staff Fortune Cookie Fortunes TREASURE HUNT 19th-22nd **REN Closed** (LIMIT 13) REC Anger Management TREASURE HUNT Virtual Support 1-3 Remember to cancel your rides! ESIDENTS OF AY 22 23 24 26 27 AM Groups 9~11:30 AM Groups 9~11:30 Saturday AM Groups 9-11:30 AM Groups 9~11:30 AM Groups 9~11:30 Team Building & Skills REN Newspaper Planning World Exploration & Fitness Fitness Friday Services Juicing & Nutrition Recovery BINGO REC Training REC ŔĔĊ Geographical REC REC Camp Skills & Urban How Things Have Evolved Moving On CR Smoooooothie & Adventure Time CR Survival CR PM Groups 12:30~3 CR Nutrition CR Exploring The Power of Positivity Barber College Woman's Group PM Groups 12:30~3 HERO OPEN 9-11:30

Virtual Support 9-11

PM Groups 12:30-3

Origins & Beginnings

REC

Community

Beautification

Project: 3rd Street Virtual Support 1-3

Healing With Horses

PM Groups 12:30~3

Seeing the Beauty

Around Us REC.

Working Through

Trauma

(LIMIT 7)

Virtual Support 9-11

PM Groups 12:30~3

Repurposed Crafts REC

Anger Management

Virtual Support 1-3

REC

Facing The Battle

Papago Park

(LIMIT 25)

What's Happening This

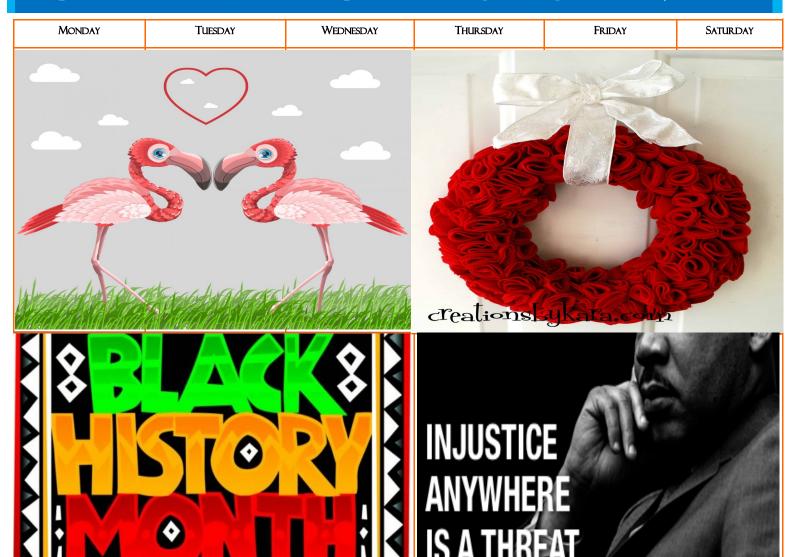
Weekend REC

RST Graduation

Lynx Lake Outing

(LIMIT 32)

D FEBRUARY 2021 CALENDA



Understanding the Calendar

- *Closed group which requires Registration with group staff
- **Bold items mean outing**
- **Bold & GREEN requires sign up**
- Blue is groups/activities on the second floor
- Black is groups/activities held on the first floor

RECOVERY Empowerment NETWORK

February REN Hours

Monday - Friday 7:30am - 3:00pm* Saturday 7:30am-2:30pm* *Unless otherwise noted

> **Meals Served Daily** Breakfast 7:30am - 9:00am

Computer Lab | M-F 7:30 AM / 9:00 AM If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

> All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance. **REN Phone # 602-248-0368**

Lunch 11:45am - 12:45pm Transportation starts @ 2:15pm

Calendar Highlights

- ⇒ 2/03 Diversity Celebration
- 2/04 Laundry 4 Love
- 2/06 Martin's Auto Museum
- 2/09 Barber College
- 2/10 Valentine's Dance
- ⇒ 2/13 Great Recovery BBQ
- ⇒ 2/15 Closed Presidents Day
- 2/17 Closed All Staff
- ⇒ 2/18 Treasure Hunt
- 2/20 Friendship Garden
- \Rightarrow 2/26 Lynx Lake Outing