

JUNE 2025 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2 <u>AM Groups 9-11:30</u> Muscle Mondays Laundry 4 Love Weekend Highlights MindMasters Creative Writing RST</p> <p><u>PM Groups 12:30-3</u> REN On The Move Wellness & Wholeness MindMasters</p> 	<p>3 <u>AM Groups 9-11:30</u> RENewal Spa Chair Aerobics RST Craft Nation St Vincent Volunteer RENovation Station HERO</p> <p><u>PM Groups 12:30-3</u> MindMasters Anger Management MindMasters Circle of Support RENewal Spa</p>	<p>4 <u>REN Closed for All Staff</u></p>  <p>Please Remember to Cancel Your Rides!</p>	<p>5 <u>AM Groups 9-11:30</u> Circuit Training RST Power of Positivity MindMasters RENovation Station RENewal Spa</p> <p><u>PM Groups 12:30-3</u> Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa</p> <p><u>REN@Nite 3-7:30p</u> REN will be open late for activities and dinner!</p>	<p>6 <u>AM Group 9-11:30</u> Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa Dreaded Barber RST</p> <p><u>PM Groups 12:30-3</u> RENewal Spa Good Vibes Music Time MindMasters</p>	<p>7 <u>Saturday Services 7:30AM-2:30PM</u> <u>Saturday Fun Day with Steven S!</u> (On-Site Activity) <i>Activity Info:</i> You know him! You love him! Steven is preparing a day of fun you won't want to miss!</p> <p><i>*Activity subject to change</i></p>
<p>9 <u>AM Groups 9-11:30</u> Muscle Mondays Weekend Highlights MindMasters Creative Writing RST</p> <p><u>PM Groups 12:30-3</u> REN On The Move Wellness & Wholeness MindMasters</p> 	<p>10 <u>AM Groups 9-11:30</u> RENewal Spa Chair Aerobics RST Craft Nation St Vincent Volunteer RENovation Station HERO</p> <p><u>PM Groups 12:30-3</u> MindMasters Anger Management MindMasters Circle of Support RENewal Spa</p> 	<p>11 <u>AM Groups 9-11:30</u> Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO</p> <p><u>PM Groups 12:30-3</u> Wal-Mart Run Men's Group MindMasters Women's Group</p> 	<p>12 <u>AM Groups 9-11:30</u> MindMasters Circuit Training RENewal Spa Power of Positivity RST</p> <p><u>PM Groups 12:30-3</u> Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa</p> <p><u>REN@Nite 3-7:30p</u> REN will be open late for extra activities and a great dinner!</p>	<p>13 <u>AM Group 9-11:30</u> Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RST RENewal Spa</p> <p><u>PM Groups 12:30-3</u> RENewal Spa Good Vibes Music Time MindMasters</p> 	<p>14 <u>Saturday Services 7:30AM-2:30PM</u> <u>Mall Walk</u> (Off-Site Activity) <i>Activity Info:</i></p>  <p><i>*Activity subject to change</i></p>
<p>16 <u>AM Groups 9-11:30</u> Muscle Mondays MindMasters Weekend Highlights Laundry 4 Love Creative Writing RST</p> <p><u>PM Groups 12:30-3</u> REN On The Move Wellness & Wholeness MindMasters</p> 	<p>17 <u>AM Groups 9-11:30</u> RENewal Spa Chair Aerobics RST Craft Nation St Vincent Volunteer RENovation Station HERO</p> <p><u>PM Groups 12:30-3</u> MindMasters Anger Management MindMasters Circle of Support RENewal Spa</p> 	<p>18 <u>AM Groups 9-11:30</u> Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO</p> <p><u>PM Groups 12:30-3</u> Wal-Mart Run Men's Group MindMasters Women's Group RENewal Spa</p>	<p>19 REN CLOSED IN OBSERVATION OF</p> <p>HAPPY JUNE TEENTH</p> <p>Please Remember to Cancel Your Rides!</p>	<p>20 <u>AM Group 9-11:30</u> Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa Camp Open Sky Chavez RST</p> <p><u>TEA TIME RETREAT</u> <u>PM Groups 12:30-3</u> RENewal Spa Good Vibes Music Time MindMasters</p>	<p>21 <u>Saturday Services 7:30AM-2:30PM</u> <u>REN CLOSED FOR SATURDAY SERVICES!</u></p>  <p>Please Remember to Cancel Your Rides!</p>
<p>23 <u>AM Groups 9-11:30</u> Muscle Mondays Weekend Highlights MindMasters Creative Writing RST</p> <p><u>PM Groups 12:30-3</u> REN On The Move Wellness & Wholeness MindMasters</p> 	<p>24 <u>AM Groups 9-11:30</u> RENewal Spa Chair Aerobics MS Craft Nation St Vincent Volunteer HERO</p> <p><u>PM Groups 12:30-3</u> MindMasters RENovation Station Anger Management MindMasters Circle of Support RENewal Spa</p>	<p>25 YMCA Monthly Event</p> 	<p>26 <u>AM Groups 9-11:30</u> Circuit Training Power of Positivity MindMasters RENovation Station RENewal Spa</p> <p><u>PM Groups 12:30-3</u> Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa</p> <p><u>REN@Nite 3-7:30p</u> REN will be open late for activities and dinner!</p>	<p>27 <u>AM Group 9-11:30</u> Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa</p> <p><u>PM Groups 12:30-3</u> MindMasters Good Vibes Music Time RENewal Spa</p>	<p>28 <u>Saturday Services 2PM-Next Day</u> <u>Rattlers Game & REN Camp-In</u> (Off-Site Activity) <i>Activity Info:</i> Enjoy Arena Football and a night camping out inside REN!</p>  <p><i>*Activity subject to change</i></p>

JUNE 2025 REN CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

AM Groups 9-11:30

Muscle Mondays

MindMasters

Weekend Highlights

Laundry 4 Love

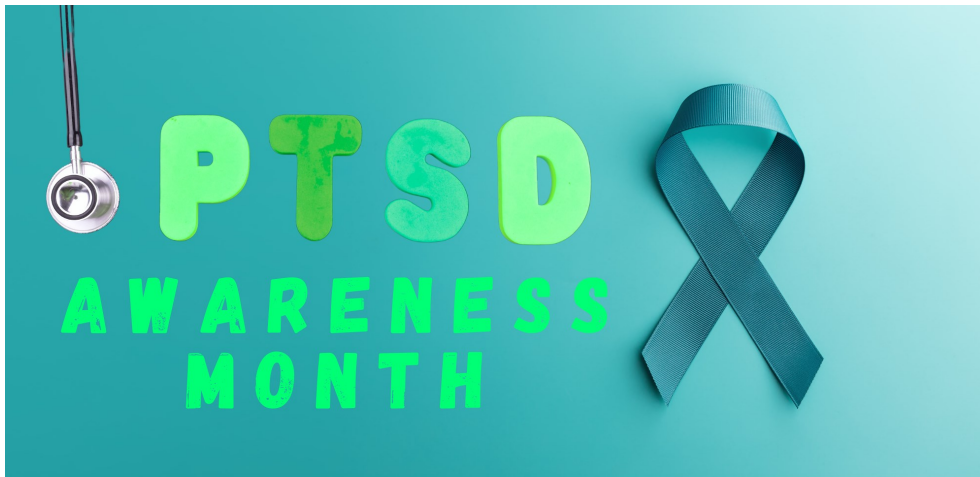
Creative Writing

PM Groups 12:30-3

REN On The Move

Wellness & Wholeness

MindMasters



JUNE MONTHLY AWARENESS EVENTS

- PRIDE Awareness Month
- ALS Awareness Month
- 8th World Oceans Day
- 9th - 15th National Men's Health Week
- 15th Father's Day
- 20th World Refugee Day

Understanding the Calendar

- **GREEN** requires sign up
- **BLUE** gym
- **Calendar Subject to Change**
- **PURPLE RENovation Station Computers**
- **Open Lab: Mon. - Fri. 7:30AM - 9AM**
- **Limited Staff Assistance**

REN Hours

Monday - Friday 7:30am – 3:00pm*

Saturday 7:30am-2:30pm*

*Unless otherwise noted

Meals Served Daily

Breakfast 7:30am – 9:00am

Lunch 11:45am – 12:45pm

Transportation starts @ 3pm

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.
REN Phone # 602-248-0368

RECOVERY
Empowerment
NETWORK

If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events
212 E. Osborn Rd.
Phoenix AZ 85012

Calendar Highlights

- ⇒ **Let It Roll Bowling** every Thursday 12:30 - 3pm
- ⇒ **REN On The Move** every Monday 12:30 - 7:30pm
- ⇒ **Ability 360** every Friday 9 - 11:30am
- ⇒ **Wal-Mart Run** every Wednesday 12:30pm - 3pm
- ⇒ **6/02 Laundry 4 Love**
- ⇒ **6/04 REN Closed for All Staff**
- ⇒ **6/07 Dreaded Barber Haircuts**
- ⇒ **6/07 Saturday Fun Day** with Steven S
- ⇒ **6/14 Mall Walk**
- ⇒ **6/16 Laundry 4 Love**
- ⇒ **6/19 REN Closed for Juneteenth**
- ⇒ **6/20-6/22 Camp Open Sky Chavez**
- ⇒ **6/20-6/22 LGBTQ Retreat**
- ⇒ **6/21 REN Closed for Saturday Services**
- ⇒ **6/25 YMCA Monthly Event**
- ⇒ **6/28 Rattlers Game & REN Camp-In**
- ⇒ **6/30 Laundry 4 Love**