

Everyone you meet is  
fighting a battle. Be  
Kind, Always.

## CONTACT US

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# RECOVERY *Empowerment* NETWORK

Make Your *Journey* With Us!

[www.renaz.org](http://www.renaz.org)

# RECOVERY *Support* TRAINING

Peer Support Credentialing

## CAREER OPPORTUNITIES

RST will not only help you and those around you but it will open doors to a career that you can utilize for a life time. Here at REN, we walk hand-in-hand with you while you learn how to use the key to open new doors and achieve your goals

Peer Support Specialists can work across a number of areas in the mental health system. This can include public, community, and private settings.

Most commonly graduates start as a Peer Support, which is directly supporting individuals who are experiencing mental illness by sharing their lived experiences.

**Mission: To provide recovery and healing opportunities in our community by sharing our journey.**



## WHY US

**This engaging and dynamic training will provide you with knowledge, skills, and tools to assist you in your recovery journey. Along with a new set of skills RST allows you to become credentialed as a Peer Support Specialist.**

### Required Attendance

12 Classroom Days  
5 Practicum Days

### Optional Attendance

CPR/First Aid / AED  
Mental Health First Aid  
Opioid Training  
Forensic Peer Support

## WHAT IS A PEER SUPPORT

**A peer support worker, also known as a peer specialist, is a person with a significant life-altering experience.**

**This is also referred to as "lived experience". These individuals provide help to others who have struggles pertaining to mental health, psychological trauma, or substance abuse.**

**Peer Support workers can have an impact on an individual, family, coworkers, or even strangers by sharing their journey and learned skills.**