

JULY 2025 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation/HERO St Vincent Volunteer RENovation Station MindMasters PM Groups 12:30-3 Anger Management MindMasters Circle of Support RENewal Spa	2 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO RENewal Spa PM Groups 12:30-3 Wal-Mart Run Men's Group MindMasters Women's Group	3 AM Groups 9-11:30 Power of Positivity MindMasters RENovation Station RENewal Spa PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for activities and dinner!	4 REN CLOSED FOR  <i>*Please Remember to cancel your rides.</i>	5
7 AM Groups 9-11:30 Gratitude Monday MindMasters Creative Writing REN Newsletter PM Groups 12:30-3 REN On The Move Wellness & Wholeness MindMasters 	8 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer RENovation Station HERO MindMasters PM Groups 12:30-3 Anger Management MindMasters Circle of Support RENewal Spa	9 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO PM Groups 12:30-3 Men's Group MindMasters Women's Group	10 AM Groups 9-11:30 MindMasters Circuit Training RENewal Spa Power of Positivity RENovation Station RST Credentialing Ceremony PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!	11 AM Group 9-11:30 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa PM Groups 12:30-3 RENewal Spa Good Vibes Music Time MindMasters 	12 Saturday Services 7:30AM-2:30PM Board Games & Floats (On-Site Activity) Activity Info:  CAMP Open Sky Bonita Canyon  <i>*Activity subject to change</i>
14 AM Groups 9-11:30 Muscle Mondays MindMasters Gratitude Monday Laundry 4 Love Creative Writing PM Groups 12:30-3 Wellness & Wholeness MindMasters 	15 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer RENovation Station HERO MindMasters PM Groups 12:30-3 Anger Management MindMasters Circle of Support RENewal Spa 	16 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO RENewal Spa PM Groups 12:30-3 Wal-Mart Run Men's/Woman's Debate MindMasters RENewal Spa	17 AM Groups 9-11:30 MindMasters Circuit Training RENewal Spa Power of Positivity PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENovation Station RENewal Spa REN@Nite 3-7:30p PNC Bank Financial Literacy (Pizza Night)	18 REN CLOSED FOR STAFF APPRECIATION  <i>*Please Remember to cancel your rides.</i>	19
21 AM Groups 9-11:30 Muscle Mondays Weekend Highlights MindMasters Creative Writing REN Newsletter PM Groups 12:30-3 Wellness & Wholeness MindMasters 	22 AM Groups 9-11:30 RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer HERO MindMasters RENovation Station PM Groups 12:30-3 Anger Management MindMasters Circle of Support RENewal Spa	23 AM Groups 9-11:30 Weight Lift Wed Solutions on Sobriety Heidi's Village Animal Shelter Volunteer Awesome World MindMasters HERO RENewal Spa PM Groups 12:30-3 Wal-Mart Run Woman's Group MindMasters Men's Group RENewal Spa	24 AM Groups 9-11:30 Circuit Training Power of Positivity MindMasters RENovation Station RENewal Spa PM Groups 12:30-3 Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa REN@Nite 3-7:30p REN will be open late for activities and dinner!	25 AM Group 9-11:30 Ability 360 Tea Time LGBTQ+ Stardust Volunteer Fun Fact Friday MindMasters Bingo RENewal Spa PM Groups 12:30-3 MindMasters Good Vibes Music Time RENewal Spa	26 Saturday Services 2PM-Next Day Uptown Farmers Market (Off-Site Activity) Activity Info: Support local vendors and community members shopping for organic foods.  <i>*Activity subject to change</i>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>28</p> <p>AM Groups 9-11:30</p> <p>Muscle Mondays MindMasters Weekend Highlights Laundry 4 Love Creative Writing</p> <p>PM Groups 12:30-3</p> <p>REN On The Move Wellness & Wholeness MindMasters</p> 	<p>29</p> <p>AM Groups 9-11:30</p> <p>RENewal Spa Chair Aerobics Craft Nation St Vincent Volunteer RENOvation Station HERO</p> <p>PM Groups 12:30-3</p> <p>MindMasters Anger Management MindMasters Circle of Support RENewal Spa</p>	<p>30</p> <p>Christmas in July</p>  <p>All Day Event</p>	<p>31</p> <p>AM Groups 9-11:30</p> <p>MindMasters Circuit Training RENewal Spa Power of Positivity</p> <p>PM Groups 12:30-3</p> <p>Let It Roll Bowling Fun in Recovery MindMasters RENewal Spa</p> <p>REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!</p>		



JULY MONTHLY AWARENESS EVENTS

- National Picnic Month
- 7th Thank you Day
- 17th World Emoji Day
- 18th Black Leaders Awareness
- 25th National Schizophrenia Awareness Day
- 30th National Lollipop Day

Understanding the Calendar

- GREEN requires sign up
- BLUE gym
- Calendar Subject to Change
- PURPLE RENovation Station Computers
- Open Lab: Mon. - Fri. 7:30AM - 9AM
- Limited Staff Assistance

REN Hours

Monday - Friday 7:30am – 3:00pm*

Saturday 7:30am-2:30pm*

*Unless otherwise noted

Meals Served Daily

Breakfast 7:30am – 9:00am

Lunch 11:45am – 12:45pm

Transportation starts @ 3pm

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.
REN Phone # 602-248-0368

RECOVERY
Empowerment
NETWORK

If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events
212 E. Osborn Rd.
Phoenix AZ 85012

Calendar Highlights

- ⇒ Let It Roll Bowling every Thursday 12:30 - 3pm
- ⇒ REN On The Move every Monday 12:30 - 7:30pm
- ⇒ Ability 360 every Friday 9 - 11:30am
- ⇒ Wal-Mart Run every Wednesday 12:30pm - 3pm
- ⇒ 7/04 - 7/05 REN CLOSED for July 4th
- ⇒ 7/10 RST Credentialing Ceremony
- ⇒ 7/12 Board Games & Root Beer Floats
- ⇒ 7/12 - 7/14 Camp Bonita Canyon
- ⇒ 7/14 Laundry for Love
- ⇒ 7/17 PNC Bank Financial Literacy
- ⇒ 7/18-7/19 REN Closed for Staff Appreciation
- ⇒ 7/26 Uptown Farmers Market
- ⇒ 7/28 Laundry for Love
- ⇒ 7/30 Christmas in July Event