HERO Discovery Center

212 E Osborn Rd Phoenix, AZ 85012 (602)

Staff:

Steven Saucedo (Supervisor) 602-214-9231

HERO Hours of Operation:

Mon & Thurs11:30-3PM Tues & Wed 9-11:30 AM

REN Mon-Fri 7:30-3:00pm

Breakfast from 7:30am-9am Lunch from 11:45am-12:45pm



*ALL Outings are bold on the calendar. Community Events are in Italics. Sign up for events at renaz.org/events

*Calendar is subject to change

HERO November Calendar

Mon.	Tue.	WED.	Тни.	Fri.	Sat.
3	4	5 CLOSED FOR ALL STAFF	Bowlero 11:30-3pm	7	8
REN On The Move 11:30 -3 pm	Veterans Day	Expression through Art 9-11:30am	Bowlero 11:30-3pm	14	15
REN On The Move 11:30 -3 pm	Diamond Art 9-11:30am	Holiday Crafts 9-11:30AM	Harvest Celebration	21	22
REN On The Move 11:30 -3 pm	Interactive games 9-11:30AM	Recovery Cinema 9-11:30AM	27	28	29
	7	HAPPY			



Art - This is a time to creatively express yourself through the planned art activity.

Bowling - Join HERO at Let It Roll Bowl to have a striking good time.

Communication - Let's talk about how we can communicate with others better and form connections.

Creative Writing - Writing is essential for expression, coping, recovery, and discovery.

REN on the move - Let's get to experience nature while working on our physical wellness together.

Holiday Meal - Join HERO and REN in enjoying a delicious meal to kick off the holidays.

Interactive Games- Come enjoy some fun games with your fellow HERO peers!

Expression through art- Lets express ourselves through paint and what mental health looks to you.

Recovery Cinema- Lets gather for some good snacks while enjoying a great recovery based film!

For any outings please sign up online. If you have any questions reach out to Steven.

