

## Who We Are

Sheree Sekou Consulting, LLC is your trusted partner for innovative and engaging leadership development and workforce training solutions. With over 16 years of experience, we work shoulder to shoulder with you to create quality learning solutions to accomplish your organization's goals.

## What We Do

We design and deliver high impact learnings experiences that drive positive change. By focusing on the "human" in human resources, our learning programs unlock latent leadership skills and behaviors that position learners for success in business and in life.



Email: info@shereesekouconsulting.com Website: shereesekouconsulting.com

#### Communicate with Consideration & Tact

Harness the power of considerate, respectful communication to navigate tricky situations with empathy and diplomacy. From email correspondence to face-to-face conversations, we'll discuss ways to connect and build rapport, express ideas clearly, and use tone and body language to leverage your etiquette advantage.

# Master Meetings Virtual & Live

Whether an in-person meeting or a Zoom or Teams call, professionalism is key! Learn how to lead and participate effectively, maintain focus, and communicate clearly when presenting or listening. We'll cover everything from video call tech tips to how to engage respectfully in difficult discussions.

### Dress for Success & Confidence

First impressions matter! Understand how to dress appropriately for various professional settings, including interviews, business meetings, and casual office environments. Learn the difference between business casual and formal attire, and how to project authenticity and confidence in your personal brand.

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