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## **Qualsafe Emergency First Aid at Work**

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**Date:** TBC  
**Time:** 9:00am - 4:30pm  
**Venue:** TBC  
**Duration:** 1-day training  
**Costs:** As per email

### **Course Programme**

This course is recognised by the H.S.E and certificated under QualSafe. First aid - the care given before emergency medical help arrives - can literally mean the difference between life and death.

But knowing the correct thing to do if someone has a nosebleed or cut is also important. Upon passing this course, you will be provided with a certificate, which will be recognised anywhere in the United Kingdom. The course will enable your nominated first aid person to have the skills and confidence needed to handle any emergency at work. The topics, which are listed below, are some of the topics that may be taught on the day:

- Resuscitation
- Cervical Spine Injuries
- Head Injuries
- Unconscious Casualty (reason for)
- Poisons and Chemicals
- Airway and Breathing Problems
- Major and Minor Bleeds
- Burns (heat, electrical and chemical)
- Fractures (management and recognition)
- Heat and Cold Injuries and Illnesses
- Other Medical Conditions e.g. Asthma, Diabetes etc.
- Reports, Forms and Accident Book

### **Assessments**

The assessment takes place at the end on the course.

**Can all candidates please bring photo I.D. with them to the course.**

### **Supplied by Training Provider**

Tea and coffee facilities, all paperwork & equipment used on the course will be available for training and the assessment.

**If you require any more details on this or any other course, please contact:**

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