
Industrial Counterbalanced Fork Lift

KEY FACTS

Duration: Will depend on experience 1-5 days training

Award: This course can be trained under either Lantra Awards or bespoke in-house certification

Assessments: The instructor assesses candidates at the end of the training

Course Programme

Industrial counterbalanced lift truck (below 5 tonnes)

Assessments

The assessment is carried out during training

Course Contents

- Working in the construction industry
- Specific legislation
- Introduction to the lift truck
- Working principles of lift trucks
- Lift truck stability
- Undercutting
- Assessment of landing zone
- What can go wrong
- Planning the operation
- Starting and stopping the engine
- Starting and stopping the machine
- Basic driving and manoeuvring
- Operating with an empty pallet
- Handling loaded pallets up to a height of 1200mm
- Stacking/Destacking loaded pallets at all heights
- Risk assessment
- Using an assistant (banksman)
- Daily and take-over maintenance checks
- Familiarisation with instruments and controls
- Loading and unloading lorries and trailers
- Difficult loads

If you require any more details on this or any other course, please contact:

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