7Y TRAINING
TRAINING THAT BUILDS CONFIDENCE
Keep Stepping Up.

LEVEL 2

Health & Safety in the Workplace

Build knowledge. Understand responsibilities. Work safely.

This Level 2 qualification develops learners' understanding of health and safety in the workplace. Learners explore common workplace hazards, risk and control measures, accident prevention and the responsibilities of employers and employees. It is ideal for anyone looking to build a stronger understanding of workplace health and safety.

DURATION
1 Day

DELIVERY
Leominster or suitable locations across the UK

SUITABLE FOR
Employees • Team Members • Workplace Responsibility

Certification
Qualsafe Level 2 Award in Health and Safety in the Workplace (RQF)

About This Course

This Level 2 qualification develops learners' knowledge and understanding of health and safety within the workplace.

Learners explore workplace hazards and risks, health and safety responsibilities and the measures that can be used to help prevent accidents and create a safer working environment.

Why Choose 7Y Training?

✓ Experienced, qualified instructors

✓ Practical, engaging training

✓ Accredited qualifications

✓ Training available across the UK

✓ Friendly, personal service

Safer workplaces start with knowledge.
Understand the risks. Take responsibility.

Talk to Paula today

📞 07808 670110
✉️ paula@7ytraining.co.uk

7Y TRAINING
TRAINING THAT BUILDS CONFIDENCE
Keep Stepping Up.

WHAT YOU'LL LEARN

By the end of this course, learners will understand key principles of health and safety in the workplace.

✓ Roles and responsibilities for health and safety
✓ The importance of health and safety in the workplace
✓ Common workplace hazards and risks
✓ How risk assessments help control workplace risks
✓ Common causes of workplace accidents and ill health
✓ Measures used to reduce and control risks
✓ Safe working practices and procedures
✓ How to contribute to a safer working environment

WHO IS THIS COURSE FOR?

The Level 2 Award is suitable for:

✓ Employees wanting to develop their health and safety knowledge
✓ Employees with workplace responsibilities
✓ Businesses looking to improve health and safety awareness
✓ Individuals wanting a broader understanding of workplace health and safety
✓ Learners aged 14 years and over

ASSESSMENT & CERTIFICATION

Assessment
30-question multiple-choice
Minimum pass mark: 20/30

Certification
Qualsafe Level 2 Award in Health and Safety in the Workplace (RQF)

Course Duration
6 guided learning hours
7 hours total qualification time

PREPARING FOR YOUR COURSE

Health & Safety training is classroom based. Please come prepared to take part in discussions and learning activities.

No special clothing required

Personal medication

Phone/tablet
If needed during breaks

Lunch
Please bring if required

IMPORTANT:
This course develops a broader understanding of workplace health and safety. Learners should be prepared to take part in classroom discussions and learning activities.

Talk to Paula today
📞 07808 670110
✉️ paula@7ytraining.co.uk