7Y TRAINING
TRAINING THAT BUILDS CONFIDENCE
*Keep Stepping Up.*

# VNA (VERY NARROW AISLE) LIFT TRUCK

Practical lift truck training designed to develop the skills and knowledge required to operate Very Narrow Aisle (VNA) Lift Trucks safely and efficiently. Training is available for Operator Up and Operator Down machines.

**DURATION**
Varies by Experience & Training Required

**DELIVERY**
ON-SITE or suitable training locations across the UK

**SUITABLE FOR**
Novice • Experienced • Conversion • Refresher

**CERTIFICATION**
ITSSAR Accredited Training

## About This Course

VNA Lift Truck training is designed for operators who use Very Narrow Aisle trucks within warehouse and storage environments.

Training combines theory and practical instruction, helping learners develop the knowledge, skills and confidence required to operate the truck safely and efficiently in restricted aisle environments.

## Why Choose 7Y Training?

✓ Experienced, qualified instructors

✓ Practical, engaging training

✓ Accredited qualifications

✓ Training available across the UK

✓ Friendly, personal service

## Talk to Paula today

📞 07808 670110
✉️ paula@7ytraining.co.uk

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## WHAT YOU'LL LEARN

By the end of the course, learners will have developed the knowledge and practical skills required to operate a VNA Lift Truck safely and efficiently.

✓ Operator safety and responsibilities
✓ Basic principles of stability
✓ Safety rules and relevant legislation
✓ Pre-use inspection procedures
✓ Factors affecting forward/sideways stability
✓ Battery maintenance and charging
✓ Manoeuvring in restricted areas
✓ Stacking and de-stacking at different heights
✓ Loaded and unloaded pallet handling
✓ Safe parking and shutdown procedures

## WHO IS THIS COURSE FOR?

Training is available for both Operator Up and Operator Down Very Narrow Aisle (VNA) trucks.

VNA Lift Truck training is suitable for:

✓ Novice operators requiring full training
✓ Experienced operators requiring formal training and assessment
✓ Existing operators requiring conversion training
✓ Current operators requiring refresher training

## ASSESSMENT & CERTIFICATION

**Assessment**
Theory & Practical Assessment.

**Certification**
ITSSAR Accredited Training

**Refresher Training**
Refresher training is available for existing operators and can be arranged according to individual requirements.

## PREPARING FOR YOUR COURSE

VNA Lift Truck training includes both theory and practical activities. Please come prepared to take part in practical truck-operating exercises.

**Safety Footwear**
must be worn for the practical elements.

**Photo ID**
Please bring photo ID with you for registration

**Suitable Clothing**
Wear comfortable, clothing suitable for operating machinery

**Medication**
Bring any personal medication you may need during the day.

**Lunch**
Please bring a packed lunch.

## IMPORTANT!

Suitable safety footwear must be worn for practical elements of the course. If you already hold lift truck certification or have previous operating experience, please bring details with you. Training requirements will be confirmed before your course.


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