7Y TRAINING
TRAINING THAT BUILDS CONFIDENCE
Keep Stepping Up.

Level 1 Award in Health and Safety in a Construction Environment

Gain the qualification. Build your knowledge. Get site ready.

This Level 1 qualification provides learners with essential health and safety knowledge for working within a construction environment. Learners develop an understanding of common construction hazards, safe working practices and their responsibilities for helping to keep themselves and others safe on site.

DURATION
29 Hours
Total Qualification Time

DELIVERY
Leominster or suitable locations across the UK

SUITABLE FOR
Construction Workers • Labourers
New Entrants

Certification
Lantra Level 1 Award in Health and Safety in a Construction Environment

About This Course

This Level 1 qualification is designed for people working in, or looking to enter, the construction industry.

Learners develop essential knowledge of construction health and safety, including common hazards, safe working practices and their responsibilities when working on site.

Why Choose 7Y Training?

✓ Experienced, qualified instructors

✓ Practical, engaging training

✓ Accredited qualifications

✓ Training available across the UK

✓ Friendly, personal service

LOOKING TO APPLY FOR A CSCS LABOURER CARD?
This qualification may form part of the requirements. You will also need to meet the current CSCS requirements, including the appropriate CITB HS&E test.
Ask Paula for advice.

Talk to Paula today

📞 07808 670110
✉️ paula@7ytraining.co.uk

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🧠 WHAT YOU'LL LEARN

By the end of this course, learners will have developed an understanding of health and safety within a construction environment.

✓ The importance of health and safety in construction
✓ Health and safety responsibilities on site
✓ Common construction hazards and risks
✓ The importance of safe working practices
✓ Accident prevention and reporting
✓ The safe use of work equipment
✓ The importance of PPE and welfare facilities
✓ How to contribute to a safer construction environment

👥 WHO IS THIS COURSE FOR?

The Level 1 Award is suitable for:

✓ New entrants to the construction industry
✓ Construction workers and labourers
✓ Individuals needing a recognised construction health and safety qualification
✓ Workers looking to develop their construction safety knowledge
✓ Those looking for the relevant qualification as part of their route towards applying for a CSCS/FISS card

ASSESSMENT & CERTIFICATION

Assessment
Lantra Level 1 Award in Health and Safety in a Construction Environment

Certification
Lantra
Certificate of Attendance

Course Duration
29 hours
Total Qualification Time

PREPARING FOR YOUR COURSE

This qualification is classroom based. Please come prepared to take part in discussions, learning activities and assessment.

👕 No special clothing required

💊 Personal medication

📱 Phone/tablet
If needed during breaks

🥪 Lunch
Please bring if required

IMPORTANT:
This qualification can be used as part of the route when applying for a CSCS card to gain access to construction sites, including a Labourer Green FISS/CSCS card. Additional card requirements may apply, so please ask Paula if you are unsure what you need.

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