Vision Board & Goal Setting

Light A Fire

ROSE-ANNE UWAGUE
ROSEANNEUWAGUE.COM

Vision Board

A vision board is simply a display or visual representation of your goals and dreams.

Vision boards help you to clarify your goals and serves as a reminder of what you want to achieve.

THE IGNITER

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Mindset Matters

Quote

“You are essentially who you create yourself to be and all that occurs in your life is the result of your own making.”

— Stephen Richards, Think Your way to Success: Let Your Dreams Run Free

"Progress is impossible without change, and those who cannot change their minds cannot change anything."
George Bernard Shaw

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Mindset & Planning Tips

- Take the limits off
- Give yourself permission
- Be creative
- Gather your supplies
- Have fun!

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Sample Board

The Decade 2020-2029

- What are your audacious goals?
- What do you desire?
- What do you value?
- What is your why?
- When will you work on your board?

Goal Setting Review

- Get your mind right
- Set audacious goals
- Create actionable steps
- Get accountability

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About Ro:

Passionate about igniting purpose to help women identify and achieve their goals, Rose-Anne Uwague has been nicknamed “The Igniter”. Through her productivity coaching business, Light A Fire, she challenges women through accountability and introspection to set milestones, tackle their vices to accomplish their mission. She distinguishes her approach by helping her clients pursue harmony, employ grace and strategy rather than hustling, grinding and struggling. Rose-Anne works full time in Human Resources, is an author, life strategist and project manager.

Rose-Anne is married with two sons. She enjoys traveling the world and learning about culture through food and music.

Light A Fire. Be ignited.

Ignited by Rose-Anne Uwague

Founder of Light A Fire, Productivity Coach, Life Strategist and Author

Thank you!

ROSE-ANNE UWAGUE
RUWAGUE@GMAIL.COM
ROSEANNEUWAGUE.COM