No Bully Zone

Educational School Program Teacher's Guide

Program Overview:

David presents a variety of interactive routines that revolve around stories of bullying. Each one demonstrates a principle of definition or conduct.

Program Objective: Students will identify bullying and recall ways to prevent it.

Sketch-O-Magic

A student helps to determine what bullies look like by selecting facial components. In a surprise ending, the face turns out to be pleasant, not mean. Students discover that looks do not determine who is or is not a bully.

Learning Outcome: Students will understand that bullies are defined by their actions, not their appearances. Anyone might be a bully, and some people may be both bullies and victims.

Which Color For You?

A student chooses one of five colored boxes and David magically transports a message about bullying characteristics into that box. Each of the other boxes contain a paper identifying one of the characteristics of a bully.

Learning Outcome: Students will learn the five common characteristics of bullying. **Several Pairs of Hands**

Several students have signs with mis-matched colored dots and arrange themselves in a line. Students will need to cooperate with each other to form the line. David will correctly predict which students form the ends of the line.

Learning Outcome: Students will learn that working together builds friendships and prevents bullying

Be a Hero

A student helps five large letters, "H," "E," "R" and "O "transform into a picture as the student becomes the Hero and all hear a message about helping others.

Learning Outcome: Students will discover four ways to help keep their friends from becoming victims of bullying.

The Giant and the Dwarf

A fairy-tale setting is used to tell a story of a giant bully and a dwarf whose behavior causes them to exchange sizes. By bullying, the giant becomes a smaller being and by accepting others the dwarf grows in size.

Learning Outcome: Students will understand that being a bully makes you a "small" person and helping others makes you a "bigger" person.

Be S.A.F.E.

Several signs make some surprising changes to show symbols and letters that can help prevent bullying. Symbols of problems become symbols of positive steps to take and the word "SOME" (with a backwards "E") becomes "SAFE," an acronym for helping victims to cope with bullying.

Learning Outcome: Students will learn a practical acronym that can help them remember four steps to keep from being bullies. **S** - Stand tall & speak bravely. **A** -Ask for help from friends and teachers, **F** - Figure out your choices. **E** - End it calmly by not losing your temper.