

# Attachment

## AQA Psychology

- **Animal studies of attachment: Lorenz and Harlow**
- **Explanations of attachment: learning theory and Bowlby's monotropic theory. The concepts of a critical period and an internal working model.**
- **Ainsworth's 'Strange Situation'. Types of attachment: secure, insecure avoidant and insecure-resistant. Cultural variations in attachment, including van Ijzendoorn.**
- **Bowlby's theory of maternal deprivation. Effects of institutionalisation, including the English and Romanian Adoptees project.**
- **The influence of early attachment on childhood and adult relationships, including the role of an internal working model.**

