OCR Paper 3 Exam Analysis

STUDY PSYCHOLOGY
HELPING YOU ACHIEVE

ENVIRONMENTAL PSYCHOLOGY

2025

Outline the key research by Ulrich (1984) and use it to show the extent to which the view through a window may influence recovery from surgery (10)

Discuss the usefulness of research into the psychological effects of the built environment (15)

Outline at least one strategy that will improve the health/ wellbeing – scenario (10)

2024

Outline the key research by Wells (2000) and explain what it tells us about territory in the workplace (10)

Discuss whether research into territory and personal space is ethnocentric (15)

Outline at least one suggestion into territory or personal space – scenario (10)

2023

Outline the key research by Black and Black (2007) and use it to explain the impact of environmental stressors on our biological responses (10)

Discuss research into stressors in the environment in relation to ethical considerations (15)

Outline at least one strategy to manage environmental stress – scenario (10)

2022

Explain what the key research by Czeisler et al (1982) tells us about biological rhythms (10)

Discuss sampling bias in research into biological rhythms (15)

Strategy for how to reduce the effects of shift work or jet lag (10)

2021

Outline the key research by ==Lord (1994)== and what it tells us about factors influencing recycling (10)

Discuss the free will/ determinism debate into recycling and other conservation behaviours (15)

Strategy to help people use less water (10)

2020

Outline the key research by ==Black and Black (2007)== and explain what it tells us about environmental stressors (10)

Discuss reductionism and holism in research into stressors in the environment (15)

Strategies for managing environmental stress for commuters (10)

2019

How the key research by ==Drews and Doig (2014)== could be used to help nurses working in hospitals (10)

Reliability of research into ergonomics (human factors) (15)

Strategies for how to apply ergonomic research to the design of a workplace (10)

2018

How key research by ==Ulrich (1984)== could be used to influence the design of hospitals (10)

Validity of research into psychological effects of the built environment (15)

Strategies for designing the new part of town so that it has a positive effect on the health/wellbeing of the people who will live there (10)

2017

How ==Lord (1994)== could be used to improve levels of recycling (10)

The individual-situational explanations debate in relation to recycling and other conservation behaviours (15)

Techniques for increasing recycling or other conservation behaviours among the children in the school (10)

Specimen Practice Papers

Set 1

How Czeisler et al. (1982) could be used to influence the design of work schedules (10)

The social sensitivity of conducting research into biological rhythms (15)

What suggestions might a psychologist make to this airline company about how it could reduce jetlag among its passengers (10)

Set 2

How Black and Black (2007) could be used in the management of aircraft noise (10)

The freewill-determinism debate in relation to stressors in the environment (15)

What suggestions might a psychologist make to Marie about how she can minimise environmental stress in the office block she is designing (10)