

**Question 3: What else have you done to prepare outside of education, and why are these experiences useful?**

**Word Count: Minimum 350 words**

This is your chance to talk about any other activities you have undertaken outside of your formal education or personal experiences which further demonstrate your suitability for the course. This section is likely to be highly personal to you and anything you do include should reflect on why you are including it. Help yourself stand out!

Examples of what you might talk about here are:

- **Work experience, employment, or volunteering**

Whether it is in-person work experience at your local school or virtual work experience or volunteering at a dog shelter, the key thing here is for you to reflect on your experiences and the skills gained relevant to your chosen course.

- **Personal life experiences or responsibilities**

Is there a situation you have personally overcome that has influenced your decision? Are there responsibilities such as caring for a family member that has helped you develop essential qualities for the course like resilience and empathy?

- **Hobbies and any extracurricular or outreach activities**

Think sports, reading, community work, summer schools – any activities outside of your studies that help further showcase why you would make a great student.

- **Achievements outside of school or college**

This could be a position of responsibility such as captain for your local club, a musical achievement, competition you won, or a qualification you have attained outside of the classroom.

- **Post-education activities**

If you are no longer in full-time education, it's a good idea to detail what you've been doing since and how this has equipped you with the skills and qualities for your desired course(s).

Here are some more examples for this section:

- Extra and super-curriculars.
- Volunteering.
- Personal life experiences e.g. caring for a family member, overcoming a challenge.
- Young enterprise.
- Work experience.
- Job/employment – part-time or full-time.

