

TERMINOLOGY

GENDER IDENTITY

Sex Assigned at Birth	The sex (male/female/intersex, X), that a doctor uses to describe a child at birth based on their external anatomy.
Gender Identity	How individuals perceive themselves and the pronouns they use. This can be same or different from sex assigned at birth
Intersex	People born with primary or secondary sex characteristics that may not align with binary medical definitions of male or female reproductive or sexual anatomy
Transgender	Refers to a gender identity that is different from cultural expectations associated with the sex they were assigned at birth
Trans man	Someone assigned female at birth who identifies on a masculine spectrum. People may also use FTM (Female to Male) to identify.
Trans woman	Someone assigned male at birth who identifies on a female spectrum. People may also use MTF (Male to Female) to identify.
Non-Binary	Non-binary people may identify as being both a man and a woman, somewhere in between, or as falling completely outside these categories
Gender Non-Conforming	People who do not conform to the traditional expectations of their gender, or whose gender expression does not fit neatly into a category
Two Spirit	An Indigenous person who identifies as having “masculine and feminine” spirits, and is used by some to describe their sexual orientation, gender identity, and/or spiritual identity
Cisgender	Refers to a gender identity that corresponds with cultural expectations associated with the sex they were assigned at birth