



Sausage, Egg & Cheese Breakfast Bowl

Ingredients:

1 package of sausage

1 can of diced potatoes, drained and rinsed

10 eggs

1/12 cup cottage cheese

shredded cheese

Salt

Pepper

Directions:

Brown the sausage. Once cooked through, add in the potatoes. Season with salt and pepper. In a bowl combine the eggs, cottage cheese and salt and pepper (to taste) and whisk together. Pour egg mixture over the sausage and potatoes, stirring constantly until eggs cook through. Dish out into bowls and top with as much shredded cheddar as you would like.

This recipe makes 5 small anchor bowls. Perfect for breakfasts on the go!

Enjoy!