

# Short-Term and Long-Term Plans

## -Example-

<b>In the next 12 months I want to:</b>
1) Adopt a cat from the animal shelter.
2) Lose 15 pounds.
3) Watch the entire season of "The Office."
<b>In the next three years I want to:</b>
1) Earn a technical certificate to show that I have certain software/hardware skills.
2) Remodel bathroom.
3) Take a trip – vacation - to the Caribbean.
<b>In the next five years I want to:</b>
1) Purchase a condo/house.
2) Have \$20,000 in savings.
3) Move to another state/providence/country.

**Remember:** *These are just plans, not goals. They will become goals if they have actions written for each of them and can be tracked for progress.*