

# 10 WAYS TO BUILD CONFIDENCE TO ACHIEVE AND ACCOMPLISH MORE

01

**Set big goals but small action steps to get small wins.**



Work on building self-discipline to get yourself to finish things you may not want to do to need to do.

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**Give yourself pep talks.**



04 Remind yourself of your positive attributes.

05

**Take care of difficult and unpleasant tasks first.**



Be reflective and open to change.

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**Read self-help books and watch self-help videos.**



08 Learn to manage your time effectively to only spend time in ways that will help you grow and evolve.

09

**Keep a distance from those who knock you down instead of building you up.**



10 Work on your outward projection.