

Idea...Plan...Monitoring...Achieving

I want to do the following:



Here is how I will do it (plan/goal):



These are the actions I will take:

1. _____ by date _____.
2. _____ by date _____.
3. _____ by date _____.



Monitoring progress:

1. Is action #1 complete? **Yes No** (If not, when is my deadline?)
2. Is action #2 complete? **Yes No** (If not, when is my deadline?)
3. Is action #3 complete? **Yes No** (If not, when is my deadline?)
4. What other action items do I need to add?



Achievement:

Is the goal achieved completely or is it ongoing?

Should I plan something else that I want to do?

Should I add to this plan or goal?