

SPECIFIC WAYS TO INSPIRE OTHERS AND MAKE A POSITIVE IMPACT



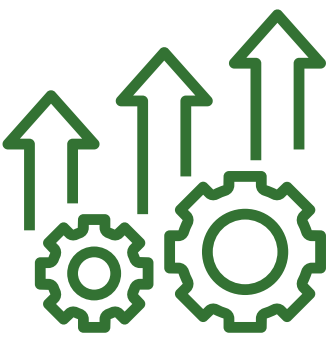
PLAN TO VOLUNTEER AT A SCHOOL AT LEAST 4 TIMES EACH YEAR BY MARKING YOUR CALENDAR FOR SPECIFIC DATES AND TIMES AFTER ARRANGING WITH THE SCHOOLS OF YOUR CHOICE.

Doing so will help you connect with younger generations and help them find things in common with you. Commonalities will create trusting relationships.

START A YOUTH ORGANIZATION, OR PARTICIPATE IN ONE TO HELP YOUNGSTERS, ESPECIALLY TEENAGERS, OVERCOME CHALLENGES IN THEIR LIVES.



This can be done through a faith organization, volunteer organization, like Girl Scouts or Boy Scouts, by starting one of your own.



GET BETTER AND BETTER AT WHAT YOU DO, WHETHER YOU ARE A SCIENTIST, A LANDSCAPER, A TELEMARKETER, A TECHNICIAN, OR A DISPATCHER. KEEP IMPROVING AND EXCELLING AT WHAT YOU DO TO INSPIRE OTHERS TO ALSO PURSUE EXCELLENCE.

To do this systematically, set a specific goal: Figure out what specifically you want to improve to excel at what you do and by when (deadline).

ENCOURAGE AND INSPIRE OTHERS TO LIVE A HEALTHY LIFE BY ADOPTING HEALTHY HABITS AND GIVING UP ON NOT-SO-HEALTHY HABITS

Here are some examples:

- Go walking each day or get on the treadmill for 30 minutes to 1 hour.
- Cut sodas from your diet.
- Drink alcoholic beverages only minimally.



BE A LIFELONG LEARNER AND SHOW OTHERS HOW TO BE LIFELONG LEARNERS BY READING BOOKS, ARTICLES, ATTENDING CONFERENCES, ASKING QUESTIONS FROM EXPERTS, WATCHING VIDEOS TO LEARN MORE SKILLS, AND MORE.

Inspire others to be hungry to always learn and explore.

TEACH A SKILL TO YOUNG PEOPLE AROUND YOU, EVEN IF IT MEANS MAKING VIDEOS TO DO SO!

For example, you can teach how to fix something, change a tire, grow plants, etc. In other words, pass on your skills to others.

