### Efficiency and Organization

November 2024

### EFFICIENT, ORGANIZED, PRODUCTIVE... TIPS AND IDEAS FOR EVERYDAY LIFE



## 8 Ways to Get Ready for Thanksgiving and End-of-Year Holidays

Here are 8 specific things you can work on during Thanksgiving Break to organize yourself for the end-of-year holidays that are quickly approaching.

- 1. Get all your Christmas or holiday cards ready to mail.
- 2. Put up your holiday decorations and Christmas tree.
- 3. Work on finalizing your Christmas shopping list.
- 4. Make holiday plans to be prepared and organized: Where will you go, who will you see? Arrange travel plans.
- 5. Plan on end-of-year doctor visits, such as dental visits, flu shots, and eye exams.
- 6. If you have friends and family visiting, plan home cleaning and food preparation ideas.
- 7. Buy a planner for the new year to start planning ahead.
- 8. Plan end-of-year budgeting and get organized with your finances.

Use your Thanksgiving break to prepare for the end-of-year holidays. Planning and getting organized can help you feel less stressed, save money, pay attention to details (not forget things), and be better managed with your time.

Click **HERE** to see the article in more detail.









#### Tips on Developing a Stronger **Work Ethic**

business, or academics. Your commitment, habits, and drive will lead you to success. Get tips on how to develop a strong work ethic to put into an interest of the success.

- 1) Start each day with the right mindset.
- 2) Begin each day the night before.
- 3) Begin early.
- 4) Have organized spaces.
- 5) Use checklists.
- 6) Make a daily to-do list and cross off accomplished tasks.
- 7) Focus on priorities.
- 8) Be as goal-oriented as possible.
- 9) Use a planner with a calendar.
- 10) Break large tasks and projects into smaller, more manageable units.
- 11) Use a timer.
- 12) Take mini breaks.
- 13) Do not leave an area or a workstation until the main tasks are completed.

CLICK HERE TO READ THE ENTIRE ARTICLE WITH SPECIFIC **EXAMPLES** and **ALL 25 TIPS!** 

#### **COMING SOON!**



DAYLIGHT SAVINGS ENDS NOV 3

> FIFCTION DAY NOVEMBER 5

**VETERANS DAY** NOVEMBER 11

**THANKSGIVING** NOVEMBER 28

NATIONAL NATIVE AMERICAN HISTORY MONTH



**CHRISTMAS** DECEMBER 25

KWAN7AA **DEC 26 - JAN 1** 

NEW YEAR'S EVE DECEMBER 31

# 25 Tips for Working from Home for More Productivity

Here are ways to boost your productivity while working from home. Increase your efficiency and develop better work habits. Focus on only 3 of these at one time to avoid feeling overwhelmed. Stick to them for the next 2 months!

- 1) HAVE A CLEAN, UNCLUTTERED OFFICE SPACE.
- 2) THE EMAIL INBOX SHOULD HAVE JUST A FEW ITEMS BEING WORKED ON CURRENTLY.

  GE EMAIL INBOXES FOR NON-TECH-SAVVY PEOPLE
  - 3) USE CHECKLISTS.
  - 4) KEEP YOURSELF DISTRACTION-FREE.
- 5) WORK ON THE TOP TASKS AND PRIORITIES FIRST THINGS IN THE MORNING IN SEQUENTIAL ORDER.
  - 6) USE YOUR DOWNTIMES (UNINTERRUPTED TIMES) AS PRODUCTIVELY AS POSSIBLE.
  - 7) BREAK LARGE TASKS AND PROJECTS INTO SMALLER, MORE MANAGEABLE UNITS.
    - 8) USE A CALENDAR, SCHEDULE, AND PLANNER EVERY SINGLE DAY.
- 9) EACH NIGHT, CHOOSE UP TO 3 TOP-PRIORITY THINGS YOU WANT TO DO THE FOLLOWING DAY.
  - 10) USE PROJECT FOLDERS.
  - 11) KEEP A SUPPLY OF THINGS YOU USE DAILY IN STOCK.

CLICK HERE TO SEE THE ARTICLE WITH ALL 25 TIPS!

### 13 Checklist Ideas for Kids





What checklists are best for kids to benefit them with their growth and development? Get examples from this post to enjoy the benefits of using them.

- 1) Upcoming assignments and school-related projects with due dates
- 2) Checklist for chores
- 3) Checklist for cleaning the room
- 4) List of long-term and short-term goals
- 5) Grocery or snack checklist
- 6) Back-to-school checklist
- 7) Travel packing checklist
- 8) Morning checklist
- 10) After-school and evening checklist
- 11) Checklist with due dates for high school seniors
- 12) Holiday planning checklist
- 13) Gift list





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### **Latest Videos**

Click on each image to be directed.



Examples of Morning, Afternoon, and Evening ROUTINES and HABITS

How to Improve TIME MANAGEMENT

(10-minute tool)



5 Things to Do on Sunday to GET READY for the WEEK Ahead





WORK TASK
MANAGEMENT
STRATEGIES

(9 Helpful Tips)

### 7 Tips for Reading Self Help Books

- 1. Read each chapter. Highlight or underline the parts and pieces that resonate with you the most.
- 2. When you get to the end of the chapter, go back, and read the highlighted or underlined sections only.
  - 3. Based on those highlighted and underlined sections, write down what specifically you want to do to make changes in your life.
- 4. Turn each specific thing you want to change into a goal. Make sure the goal is as specific as possible with a due date or a deadline.
- 5. Write the goals down using a notebook, a goal form, or a vision board. You can measure your success if the goals are written down, specifically with a timeline or due date.
- 6. For each goal, come up with specific action plans or steps specific things you will do to achieve the overarching goal.
  - 7. Monitor each of the goals you set periodically to make changes and improvements in your life after reading the self-help books.

CLICK HERE TO READ THE ENTIRE ARTICLE ON THIS TOPIC.



### Helpful Downloadable Documents & Templates

Click on each image to be directed to the webpage.







### 12 Ways Busy People Can Plan for Thanksgiving This Year

- 1) Decorate the home (inside, outside, or both).
- 2) Get a list of foods you plan on making for Thanksgiving dinner.
- 3) Set a budget for Black Friday shopping & prepare to shop in stores or online.
- 4) Figure out which day you will do house cleaning to get ready for the holiday.
- 5) Plan on taking snacks or putting together a potluck for work.
- 6) Think about attending a parade or watching the parade on television.
- 7) If you are home for a few days, catch up on some things you need to do, like decluttering, deleting emails from your inbox, organizing the pantry, etc.
- 8) Think about some activities you can do with the kids, like going to the movies, crafts, hiking, etc.
- 9) Decide on who you are going to visit and who you are going to invite.
- 10) Make travel plans if you are going away for the 4-day holiday.
- 11) Be sure you get some rest by planning which books you want to read and what shows you want to watch while you are home.

CLICK HERE FOR MORE.

#### How to Do a Great Job **Presenting to Your Team**

- Break up your presentation so that you don't talk for more than 5 to 10 minutes at a time
- Ask a question every 5 to 10 minutes, or have them do something to keep them
- Don't read from slides.
- Refrain from using "um" when speaking.
- Walk around.
- Use proper <u>tone</u>, <u>volume</u>, <u>and pitch</u>. Practice makes perfect!
- Show energy.
- Use proper eye contact. Reveal the "Why." Why should they care about what you are saying or teaching?
- Use gestures and movements.
- Use a variety of teaching strategies. Talking directly is one way, but it's not the only way. Vary it up!



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#### Why should you continue to develop

#### BETTER WORK HABITS?

- Gaining more skills
- **Gaining confidence**
- More efficiency
- Improved productivity
- Better self-presentation
- Stronger likelihood of getting promotions
- More consistency
- Stronger self-discipline
- Better follow-through
- Achieving more goals
- Attaining more success



CLICK ON EACH OF THESE INFOGRAPHICS TO BE DIRECTED TO THE WEB PAGES TO READ MORE ON EACH TOPIC FOR SELF-GROWTH. SELF-IMPROVEMENT, AND SELF-DEVELOPMENT.

### Benefits of Developing

### **WORK ETHICS**

- Completing tasks on time
- Reliability
- Better reputation
- **Productivity**
- **Self-satisfaction**
- Stronger self-confidence
- Career advancements
- Attaining larger life goals
- Having focus and determination
- Powerful self-discipline
- Setting an example for others

#### 30 TIME GUZZLERS TO AVOID DURING WORK HOURS

for better time managemen

- 1.Gossip
  2.Whining/complaining
  3.Checking emails too often
  4. Too many unnecessary breaks
- 5. Excessive socializing 6. Worrying/thinking about the
- past in dismay
  7. Hanging out with toxic people
  8. Looking for things in disorganized piles
- 9. Cleaning up spills that could 9. Cleaning up spins that co have been avoided 10. Online shopping 11. Sending personal texts 12. Elongated personal calls

- Social media scrolling
- 14.Doing someone else's work
- 15. Not organizing things ahead of
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- 16. Not planning ahead/prioritizing 17. Perfectionism
- 18 Procrastination
- 19. Distracting things all around 20. Noisy environment
- 21. Work avoidance

- 22. Putting on makeup 23. Helping others with their
- workload instead of doing yours
- 24. Lack of delegation 25. Unnecessary meetings 26. Planning for the weekend while
- at work 27. Taking extra time to return from lunch/breaks

- 28. Overthinking 29. Decorating too often or too
- 30. Looking for documents on
- disorganized computer desktop