

APRIL 2024

# WELLNESS RETREAT GALICIA, SPAIN



Calmness



Connect With Nature



Balance



Unwind & Recharge

Monday 1st - Thursday 4th (3 Nights)  
Thursday 4th - Monday 8th (4 Nights)  
Monday 8th - Thursday 11th (3 Nights)

Limited spaces available  
Book ASAP to reserve your spot!

3 Nights: £425 - early bird £375  
4 Nights: £575 - early bird £525  
(Excl: flights, transfers & insurance)

Join us for an exclusive 3 or 4-night retreat in stunning Galicia, where urban chaos gives way to serene, off-grid landscapes

Limited to only 10 guests, this intimate experience features rejuvenating daily yoga sessions, soothing meditations, and mindful nature walks

Stay in Scandinavian-style 'casitas' surrounded by 5000 sq2 of lush greenery.

Enjoy nourishing vegetarian meals and the opportunity to connect with like-minded people

Invest in your well-being and find tranquility, creating memories and magic in the heart of nature!