

Microneedling Contraindications & Precautions

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Microneedling is a safe and effective treatment for many patients; however, certain medical conditions, medications, and skin concerns may make treatment inappropriate or require additional precautions.

Contraindications

You should NOT receive microneedling treatment if you currently have:

- Active skin infection in the treatment area
 - Open wounds, cuts, or abrasions
 - Active cold sores/herpes outbreak
 - Severe active acne or cystic acne in the treatment area
 - Sunburned skin
 - Active eczema, psoriasis, or dermatitis flare in the treatment area
 - History of poor wound healing
 - Keloid or hypertrophic scarring tendency
 - Uncontrolled diabetes
 - Bleeding disorders
 - Active cancer treatment unless cleared by your physician
 - Recent use of Accutane/isotretinoin (typically within the past 6–12 months)
 - Known allergy to topical products used during treatment
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Pregnancy & Breastfeeding

Microneedling may not be recommended during pregnancy or breastfeeding depending on the products used during treatment. Please notify your provider if you are pregnant, trying to become pregnant, or breastfeeding.

Use Caution / Notify Your Provider If You:

Please inform your provider if you:

- Take blood thinners or bruise easily
- Have a history of hyperpigmentation or melasma
- Have autoimmune disorders

- Have recently had:
 - Botox or filler
 - Laser treatments
 - Chemical peels
 - Facial surgery
 - Have a history of herpes simplex/cold sores
 - Are prone to skin sensitivity or allergic reactions
 - Have implanted medical devices in the treatment area
 - Use prescription topical medications
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Possible Side Effects

Common temporary side effects may include:

- Redness
- Swelling
- Dryness/flaking
- Tightness
- Mild bruising
- Sensitivity

Rare but possible risks include:

- Infection
 - Prolonged redness
 - Hyperpigmentation
 - Scarring
 - Acne flare-ups
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Important Reminder

A consultation and medical history review are required prior to treatment. Your provider will determine if microneedling is appropriate and safe for your skin and medical history.

For questions prior to your appointment, contact:

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