

Laser Hair Removal Contraindications & Precautions

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Laser hair removal is a safe and effective treatment for many patients; however, certain conditions, medications, and skin concerns may make treatment unsafe or require postponement.

Contraindications

You should NOT receive laser hair removal if you currently have:

- Active skin infection in the treatment area
 - Open wounds, cuts, or abrasions
 - Sunburned or recently tanned skin
 - Active cold sores/herpes outbreak in the treatment area
 - Severe skin irritation or rash
 - Recent waxing, tweezing, sugaring, or threading in the treatment area
 - History of severe reactions to laser treatments
 - Active skin cancer in the treatment area unless cleared by your physician
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Pregnancy & Breastfeeding

Laser hair removal is generally not recommended during pregnancy. Please notify your provider if you are pregnant, trying to become pregnant, or breastfeeding.

Use Caution / Notify Your Provider If You:

Please inform your provider if you:

- Are taking photosensitizing medications, including certain:
 - Antibiotics
 - Acne medications
 - Antifungals
 - Some psychiatric medications
- Have used Accutane/isotretinoin within the past 6–12 months

- Have a history of:
 - Hyperpigmentation or hypopigmentation
 - Keloid scarring
 - Seizures triggered by light
 - Autoimmune skin conditions
 - Poor wound healing
 - Have diabetes or circulation issues
 - Have recently had:
 - Chemical peels
 - IPL
 - Microneedling
 - Other laser treatments
 - Have tattoos or permanent makeup in the treatment area
 - Use self-tanner or tanning beds regularly
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Skin & Hair Considerations

Laser hair removal is most effective on:

- Darker hair
- Lighter skin tones

Results may be limited with:

- Blonde hair
- Red hair
- Gray or white hair

Treatment settings are customized for your skin type and safety.

Possible Risks & Side Effects

Temporary side effects may include:

- Redness
- Swelling
- Sensitivity
- Dryness
- Mild itching

Rare but possible risks include:

- Burns
- Blistering

- Hyperpigmentation
 - Hypopigmentation
 - Scarring
 - Infection
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Important Reminder

A consultation and medical history review are required before treatment. Your provider will determine whether laser hair removal is safe and appropriate for you.

For questions prior to your appointment, contact:

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