

SPRING 2022 SEASON



WHEN/WHERE:

Every Tues. and Thurs. at 5:30pm and Saturdays at 8am at various locations!

YOUTH TRACK & FIELD:

We will compete in USATF track meets this spring.

TO REGISTER:

Please register by scanning the QR code or visit: www.runningmedicine.org

WHO:

Walkers and runners of all ages, speeds, and fitness levels.

COST:

\$15 includes RM shirt and other great incentives!



For more information email: runningmedicineabq@gmail.com