



Native Health Initiative
www.loving-service.us



RUNNINGMEDICINE

RUNNING MEDICINE SUMMER SEASON 2021



MAY 29TH – JULY 11TH

**RUNNING MEDICINE EMPOWERS
FAMILIES AND COMMUNITIES TO
GREATER MIND, BODY, AND SPIRIT
WELLNESS THROUGH MOVEMENT.**

TO REGISTER VISIT:
RUNNINGMEDICINE.ORG

FOR MORE INFORMATION VISIT
RUNNINGMEDICINE.ORG OR EMAIL
RUNNINGMEDICINEABQ@GMAIL.COM

WHEN/WHERE:

Every Tues. and Thurs. at
5:30pm and Saturdays at
8am via RM Facebook Live!

WHO:

Walkers and runners of all
ages, speeds, and fitness
levels.

COST:

FREE