

A monthly newsletter of The Aronos Research Club, Inc.
 Proud members of GFWC & CFWC



Aronos Research Club, Founded 1915
 37 Elkin St., Sonoma CA 95370
 Phone: (209) 770-1144
 Email: aronosresearchclub@yahoo.com
 And, visit us on facebook

Upcoming Events

- March 6th - 5:30 - 8:30 pm All Ages Barn/Contra Dance with Mya
- March 17th - 10 am - General Meeting - 11:30 am - Vietnam Presentation
- March 20th - 5:30 - 8:30 pm All Ages Barn/Contra Dance with Mya
- March 21st - 7 pm - Barn/Contra Dance
- March 27th - 10 am - Aronos Club History/Mystery Walks & every Friday until May 29th
- April 7th - 10 am - Board Meeting
- April 9th - 10 am - San Joaquin Valley District Meeting in Shafter
- April 11th - 10 am to noon - Presentation by Sue Endter Advanced Health Directives and POLST
- April 17th - 5:30 - 8:30 pm - All Ages Barn/Contra Dance with Mya
- April 21st - 10:00 am - General Meeting Election of Officers, Select 2025-6 Study Topic
- April 26 - Sunday - 2pm - ENGLISH COUNTRY GARDEN SPRING TEA
- April 23 - 4 am - Volunteer Fair (need volunteers)
- EVERY MONDAY, WEDNESDAY and FRIDAY - 9 - 10 am Stretching with Annie (no fee)
- August 8 & 9th "MY KIDS DON'T WANT THIS STUFF" Classy Estate Sale (Save your items!)



SAVE THE DATE! It is time for our Annual Spring Tea!



"An English Country Garden"
 Sunday, April 26th 2 pm

All proceeds will support our Student Scholarship Program!

NEW Health Class!

April 11th 10 am to Noon

Sue Endtner will be present the first in a new series of informative health classes beginning April 11th. This first seminar will focus on advanced health directives and POLST. Sue will help you understand how to make *informed* decisions about the personal beliefs that reflect your wishes and desires. This is a great opportunity to learn about these rights and responsibilities for your own healthcare outcomes, and that of loved ones.



Annual Membership Drive March and April!

Head over to *Zeffy* to safely & easily renew your annual dues:
<https://www.zeffy.com/en-US/ticketing/aronos-research-club-incs-memberships>

\$40.00 for Aronos/CFWC/GFWC members and \$25.00 for the Friends of Aronos. Got Questions? Call Shelly!
 Phone: 209 770 1144 or email shellystewart5@gmail.com

Gentle Movement, Balance and Relaxation with Annie -

FREE on Mondays, Wednesdays & Fridays 9-10 am

Come meet our new club member, Annie, and enjoy gentle stretching in a calm environment with her relaxed teaching style. Chair exercises available in a nice warm, friendly environment. Come meet new friends at the Aronos! No cost - sponsored by the Aronos Club Health and Wellness Committee.

The Aronos Research Club, Inc., is a proud member of the General Federation of Women's Clubs (GFWC) and the California Federation of Women's Clubs (CFWC). We are in Area "B" in the San Joaquin Valley District. Meetings are held the 1st and 3rd Tuesdays of the month September through May at 11:00 A.M.

Officers, Directors, Chairs

President • Shelly Stewart
1st Vice President • Cathie Petithomme
2nd Vice President • Sue Endter
Recording Secretary • Donna Elias
Treasurer • Cathie Petithomme
Auditor • Laurie Livingston
Parliamentarian • Joyce Axtell-Drush
Directors • Jim DeGlopper, Anne Leonard & Pam Overholtzer
Scholarships and ACTS Program • Diane Dotson
Clubhouse Decor • Chris Halley
Newsletter Designer/Editor • Pam Overholtzer
Telephone and Cheer • Mary Jayne Moffatt & Diane Dotson
House Committee Chairs • Shelly Stewart & Dennis Wiebe
Arts & Culture Chair • Laurie Livingston
Communications Chair •
Health & Wellness Chair • Jeri Cates & Shelly Stewart
Scholarship Chair • Diane Dotson
Grants & Sponsorships Chairs • Joyce Axtell-Drush & Chris Halley
Environment Chairs • Pam Overholtzer & Donna Elias
Civic Engagement & Outreach Chair • Dennis Wiebe
Domestic & Sexual Violence & Awareness • Cathie Petithomme
VietNam Study Chair • Ann Leonard
Contra Barn Dance Chairs • Sue Endter & Wayne Mullen

ACTS Teachers

Aronos Club Teacher Support Program has awarded \$100 grants to the following local teachers:

Sheri Betz at the Chinese Camp Science Academy
 Melissa Hughes at Jamestown Elementary
 Taylor Katicich at Soulsbyville Elementary
 Corynne Zavoda at Soulsbyville Elementary
 Cathleen Washington at Summerville Elementary
 Carrie Martin at Jamestown Elementary

History Mystery Walks Beginning Again Soon!

Its time to get ready for our spring "History Mystery Walks" resuming again for Spring! These are fun, healthy and a great way to socialize with others in this wonderful historic community we all share.

Come with us: we're beginning Friday, March 27th at 10:00 am, meet at the courthouse and we'll set off on another adventure in search of history's mysteries right here in Sonora!



CRAFTS ON WHEELS — A Growing Success!



Our second quarter Crafts on Wheels projects were packaged up on Wednesday, March 4th, to be delivered to seniors through Meals on Wheels. Club volunteers met at the clubhouse and assembled take-home craft kits that allow seniors to create their projects at home.

Our new program is funded by Chicken Rancheria in partnership with Adventist Health, Tuolumne County Arts, the Senior Center and volunteers. It is a year-long art program for homebound seniors. The response has been overwhelmingly positive and everyone loved the first kit they received and assembled!

Valentine's Day Cards for Seniors

The Aronos Research Club delivered 586 Valentine's Day cards to six senior service programs, including four cards in Braille, through the Meals on Wheels Services.



A relative of a resident of Meadow View Manor called to thank the Club for their hard work. Thanks to Elena and Team, California Scholarship Federation, 19 participants from local Girl Scout Troops and Visually Impaired Person's Support.

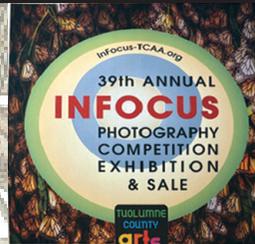


NEW! All Ages Barn/Contra Dance with Mya

Come to the new Friday night dances for all family members to learn the Contra Barn Dance steps with Mya's teaching to the live band! The first dance was Friday, March 6th with two more scheduled ... check the calendar!



Aronos Research Club
 Scan the QR Code to
 make a donation



Angelo's Hall
 Columbia State Historic Park
 MARCH 18-29, 2026
 Over 25 cash awards!
 Awards Presentation
 Sunday, March 15, 5:00pm
 Exhibition Open Wednesday-Sunday: Noon to 5pm
 Closing day, Sunday March 29 - Noon to 2:00 pm
 SPECIAL SALE DAYS! - Saturday-March 28 & Sunday - March 29
 All works discounted 15%
 Sponsored by:
 Rick & Jeanette Emery • Sonora Area Foundation
 Chicken Ranch Casino • Coldwell Banker Superior Realty
 H. Randolph & Betty Holder

Congratulations to Laurie Livingston!

Laurie entered two photographs into the 39th Annual INFOCUS Photography Competition Exhibition and Sale at Angelo's Hall in Columbia and both were accepted! They are in the "people" category if you attend the show and want to find them. One is entitled *Girl Pondering at the ARONOS Club* and the second is *Watching the Action: At the ARONOS Club*. It is quite an honor to have your work selected for the show and we're wishing you the best!

We accept tax deductible donations which help fund building projects, scholarships and our Aronos Club Teacher Support Program.
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