

A monthly newsletter of The Aronos Research Club, Inc.
Proud members of GFWC & CFWC



Aronos Research Club, Founded 1915
37 Elkin St., Sonora CA 95370
Phone: (209) 770-1144
Email: aronosresearchclub@yahoo.com
And, visit us on facebook 

President's Letter,

As I complete my presidency of the Aronos Research Club, I want to thank all of our members for your friendship, support, and dedication over these past years. It has truly been an honor to serve alongside each of you. As we celebrate the 111th year of our Club, I hope you take pride in our mission to support educational endeavors and enrich the lives of our community through service. The strength of Aronos has always been its members and the spirit of caring that guides us. The theme of my presidency was "Sustainability Through Love and Care," centered around three goals.

First, we remained committed to promoting knowledge and "betterment," values that have guided Aronos since 1915. "Self Education," a goal of our founders, has continued through our annual Study Topics prepared by our members and open to the community.

Second, we expanded our service to the community through our scholarship and teacher support programs, donations to food banks, and outreach to individuals in need. Our Crafts on Wheels, Valentine cards, and Wild Flower Program have brought joy and connection to local seniors. Our History/Mystery Walks encouraged healthy activity, socialization, and learning, while our Gentle Movement Yoga classes created a welcoming environment of wellness and support. We also celebrated our community through Christmas Town Sonora activities and continued to provide the "best dance floor" for our monthly Contra/Barn Dances.

Third, we focused on preserving and caring for our historic Aronos Clubhouse. Thanks to the dedication of many members and volunteers, our 1902 clubhouse and grounds continue to flourish. We now await possible listing on the National Register of His-

Upcoming Events

May 5th - 10 am - Board Meeting

May 12th - 3 to 4 pm - Common Financial Scams Targeting the Older Population, Lt. Jennifer Hanna, Sonora Police Department

May 14 to 16th - CFWC State Meeting, Ontario

May 19th - 10 am General Meeting, Installation New Officers

"Your Kids Don't Want Your Stuff!" Classy Estate Sale, tentative dates August 8th and 9th this Summer

You are cordially invited to attend the installation of new officers of the Aronos Research Club

When: Tuesday May 19, 2026
Time: 11:00 a.m.

Where: 37 Elkin St - Sonora, CA
R.S.V.P. By May 12, 2026 to
Cathie Petithomme (559) 301-4635



"An English Garden" Tea was lovely

In spite of the April showers happening outside, the inside was brimming with yummy delicacies, fun music and a lovely time visiting with friends and neighbors, enjoying the day. We owe a big thank you to Joyce Axtell-Drush who organized the event. Perfect timing for our spring Tea and the "April showers" that will bring those beautiful May flowers!

toric Buildings and, hopefully, a new heating and air conditioning system.

Thank you for your kindness, dedication, and belief in our Club's mission. I leave this position with heartfelt gratitude and great confidence in the future of Aronos, though I won't be going far ... I'll be back as next term's Treasurer!

With warmest thanks,
Shelly Stewart,
President 2023-2026

The Aronos Research Club, Inc., is a proud member of the General Federation of Women's Clubs (GFWC) and the California Federation of Women's Clubs (CFWC). We are in Area "B" in the San Joaquin Valley District. Meetings are held the 1st and 3rd Tuesdays of the month September through May at 10:00 A.M.

Officers, Directors, Chairs

President • Shelly Stewart
1st Vice President • Cathie Petithomme
2nd Vice President • Sue Endter
Recording Secretary • Donna Elias
Treasurer • Cathie Petithomme
Auditor • Laurie Livingston
Parliamentarian • Joyce Axtell-Drush
Directors • Jim DeGlopper, Anne Leonard & Pam Overholtzer

Scholarships and ACTS Program • Diane Dotson
Clubhouse Decor • Chris Halley

Newsletter Designer/Editor • Pam Overholtzer
Telephone and Cheer • Mary Jayne Moffatt & Diane Dotson
House Committee Chairs • Shelly Stewart & Dennis Wiebe

Arts & Culture Chair • Laurie Livingston
Communications Chair • Cathie Petithomme

Health & Wellness Chair • Jeri Cates & Shelly Stewart
Scholarship Chair • Diane Dotson

Grants & Sponsorships Chairs • Joyce Axtell-Drush & Chris Halley

Environment Chairs • Pam Overholtzer & Donna Elias
Civic Engagement & Outreach Chair • Dennis Wiebe

Domestic & Sexual Violence & Awareness • Cathie Petithomme
VietNam Study Chair • Ann Leonard

Contra Barn Dance Chairs • Sue Endter & Wayne Mullen

2nd in our Community Health and Wellness Topics

The Advanced Directives and POLST by Sue Endter was so well received we will be planning another in the future. No reservations needed. Call Shelly at 209 770 1144 if you have questions.

The Common Financial Scams Targeting the Older Population

TUESDAY, MAY 12TH
3-4 PM

ARONOS CLUBHOUSE
37 ELKIN STREET,
SONORA

FREE OF CHARGE
SPONSORED BY ARONOS RESEARCH CLUB

OUR GUEST SPEAKER:

JENNIFER HANNULA
LIEUTENANT
SONORA POLICE
DEPARTMENT

THE COMMON FINANCIAL SCAMS TARGETING THE OLDER POPULATION WILL PROVIDE AN OVERVIEW OF TODAY'S MOST FREQUENT SCAMS AIMED AT OLDER ADULTS. LEARN HOW THESE SCAMS WORK, HOW TO RECOGNIZE WARNING SIGNS, AND PRACTICAL STEPS YOU CAN TAKE TO PROTECT YOURSELF AND YOUR LOVED ONES.

THIS PRESENTATION IS PART OF OUR HEALTH & WELLNESS SERIES, OFFERED BY THE ARONOS RESEARCH CLUB TO BRING IMPORTANT TOPICS TO OUR COMMUNITY. WE'VE ALREADY EXPLORED POLST AND ADVANCE DIRECTIVES, AND WILL CONTINUE MONTHLY WITH TOPICS SUCH AS CARING FOR THE CAREGIVER, ISSUES IN AGING, GRIEF SUPPORT, AND HOSPICE CARE.

ANNUAL MEMBERSHIP DUES! MEMBERS and Friends of Aronos

should have received their request to renew annual memberships via our Zeffy website or by check. \$40.00 for Aronos/CFWC/GFWC members and \$25.00 for Friends of Aronos. Questions?

Call Shelly at 209 770 1144 or email shellystewart5@gmail.com

Wild Flower Program

Our Wildflower group is still looking for more volunteers to help on Tuesday and Thursday afternoons - can you help out one day a month? It means so much to them and is fun for all. Questions? Call Shelly 209 770 1144 - we'd love to see you there!

Update on Historic Nomination Submission!

After over two years of work spent on the nomination to see our building honored as historic with SHPO (California State Office of Historic Preservation), we have submitted our revision that includes a new section, Social Impact, in addition to architectural history. With thanks to Cynthia Doyle who researched the history of the Aronos Research Club and the 11 founding members, there is now all the more reason to honor the Aronos Club with historic designation. We now await contact from our California State SHPO Office!

Contra Barn Dance

Always fun, the April 18th Contra Barn Dance had a good crowd and a toe tappin' time for all! You don't need a partner and everyone is welcome. So, come on down and make some new friends at the next Contra Dance. We'd love to see you there!

Curacao!

Our Next Study Topic

Beginning in the Fall, our new Topic of Study for the 2026/2027 program year will be the island nation of Curacao in the Caribbean Sea. There's plenty to learn about this spunky



little country with their ties to Europe, a unique language, and their interest in GFWC. Our club members share the podium as the monthly speakers who share information about this special place. Come join the fun, pick an area of interest and put on your research hats! Call Elena Linehan 209 532 7241 to secure your spot on the calendar.

Gentle Movement, Balance & Relaxation with Annie **FREE**
Monday, Wednesday, Friday 9-10 am



Aronos Research Club
Scan the QR Code to
make a donation



We accept tax deductible donations which help fund building projects, scholarships and our Aronos Club Teacher Support Program.

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