

A monthly newsletter of The Aronos Research Club, Inc.
Proud members of GFWC & CFWC



Aronos Research Club, Founded 1915
37 Elkin St., Sonora CA 95370
Phone: (209) 770-1144

FALL BINGO Fundraiser

Lets Give Teachers *More* Than Just Another Apple!

Join us for an afternoon of Bingo, prizes, surprises and fun with friends!

Elena and Chris have gathered wonderful silent auction items, and Bonnett and her dancers will delight us with a special performance!



Get Your Tickets **NOW** - **ONLY \$25!**
SATURDAY NOVEMBER 7th

2:00 - 4:00 pm - Aronos Clubhouse, Sonora

Proceeds will provide classroom stipends for local elementary and special education teachers in Tuolumne County.

Purchase tickets at: <https://www.zeffy.com/en-US/ticketing/lets-give-teachers-more-than-an-apple>

OR VISIT: aronosresearchclub.com and go to

What's Happening, and use the QR code

OR CALL: Shelly at 209-770-1144

or Ann at 209-591-3778 for tickets.



Come join the fun while supporting our local teachers and students!

Talk With a Doc - Food As Medicine!

Dr. Pericles Ioannides, local oncologist and nutrition expert, is offering a special presentation on Saturday, October 17th from 9 to 10:30 am at the Aronos Club. His presentation includes how to eat yourself to better health and what to eat to recover from illness. This is a casual and informative event and questions will be taken at the end. It is **FREE** but seating is limited and Registration required. Email: chrismontesano@gmail.com

Upcoming Events

October 6th - 11 am - Board Meeting

October 7th - 10 am to 12 pm - Coffee with a Cop

October 10th - 10 am - CFWC Area B Meeting Diamond Bar

October 17th - 9 am to 10:30 - A Talk with a Doc

October 17th - 7 pm - Contra/Barn Dance

October 20th - 11 am - General Meeting - First Presentation on Curacao

October 21st - 3 to 5 pm - Crafting at Aronos - Volunteers wanted!

November 3rd - 11 am - Board Meeting

November 4th - 3 to 5 pm - Crafting at Aronos

November 7th - 2 to 4 pm - Fall Fundraiser - Let's Give More Than an Apple!

November 12th - 10 am - San Joaquin Valley District Meeting at Aronos Club

November 14th Dianne Aveni Memorial

A Warm Thank You for Our New Heating and Air Conditioning System!

The Aronos Research Club extends a heartfelt thank you to all our generous donors and to the Sonora Area Foundation, through its supporting organization, the Irving J. Symons Foundation, for helping make our new heating and air conditioning system a reality! Thanks to a generous \$15,000 grant and individual donations, we raised an amazing \$25,000 toward this much-needed improvement to our historic clubhouse! The new system is installed, up and running, and working beautifully! Special thanks to Foust Heating and Air for installing the system and Empire Insulation for insulating the roof and floor of our building. We are so grateful to everyone who helped make our clubhouse more comfortable and energy-efficient for our members and the community for years to come. Thank you for investing in the future of our historic Aronos Clubhouse!

Dollars for DELEGATES

♥ A MONTHLY FUNDRAISER ♥

Supporting Aronos Research Club Members
Who Want to Attend the

CFWC ANNUAL CONVENTION

Great prize raffles at Aronos monthly meetings!

Funds support the cost to send delegates to regional meetings!

For More Information Contact Cathie Pettithomme at:
cfwc.cathiepetithomme@gmail.com OR CALL 559-301-4635

The Aronos Research Club, Inc., is a proud member of the General Federation of Women's Clubs (GFWC) and the California Federation of Women's Clubs (CFWC). We are in Area "B" in the San Joaquin Valley District. Meetings are held the 1st and 3rd Tuesdays of the month September through May at 11:00 A.M.



Officers, Directors, Chairs

President • Cathie Petithomme
1st Vice President • Pamela Overholtzer
2nd Vice President • Vacant
Recording Secretary • Dennis Wiebe
Treasurer • Shelly Stewart
Auditor • Laurie Livingston

Parliamentarian • Diane Dotson

Directors • Jim DeGlopper, Anne Leonard & Donna Elias

Scholarships and ACTS Program • Diane Dotson

Newsletter Designer/Editor • Pam Overholtzer

House Committee Chairs • Shelly Stewart & Dennis Wiebe

Arts & Culture Chair • Laurie Livingston

Communications Chair • Cathie Petithomme

Health & Wellness Chair • Shelly Stewart & Jeri Cates

Scholarship Chair • Diane Dotson

Grants & Sponsorships Chairs • Joyce Axtell-Drush

Environment Chairs • Pam Overholtzer & Donna Elias

Civic Engagement & Outreach Chair • Dennis Wiebe

Domestic & Sexual Violence & Awareness • Cathie Petithomme

Curacao Study Chair • Elena Linehan

Contra Barn Dance Chairs • Sue Endter & Wayne Mullen

CURACAO

My Soul Is Still Alive ... *Un-chain Me!*

Our next study topic presentation will be *The Story of Tula: A Slave's Quest for Freedom*.

Elena Linehan will be our presenter. Hear his eloquent words as he explained his right to live free. A story that needs to be told. Don't miss the upcoming October 20th General Meeting of the Aronos Research Club to hear the tale!



Contra Barn Dance

Always fun, the Sept 19th Contra Barn Dance had a good crowd and a good old toe tappin' time for all. Sue reported attendance is up! A dedicated sign for the Contra Dance will be created soon.



Remember ... you don't need a partner and everyone is welcome. So, come on down and make some new friends at the next Contra Dance October 17th. We'd love to see you there!

Ellen Stewart of KAAD Community Radio (103.5 FM) interviewed Shelly and Pam to learn about the Aronos Club History Mystery Walks; where the idea came from and how they are proceeding now in our fourth season of sponsoring them. We told our story ... they are going great and everyone loves them! Please come join us - no registration required!

Be sure to follow us on facebook and our website for more happenings or to make a donation ...
<https://aronosresearchclub.com>

History Mystery Walks Continue Weekly

until November 6th in Columbia!
 Come join the fun Fridays, 10 am
 at the large parking area
 behind the Fallon House.
NO cost; NO signup; just come!



Aronos Hosts 3rd Annual Coffee With a Cop!

Thanks to all who made Coffee with a Cop on Oct 7 a great success. **Chief of Police Turu VanderWiel, Lt. Jennifer Hannula, and members of the Sonora Police Department** addressed traffic control, speeding, and other local issues. **Sheriff David Vasquez and Undersheriff Neil Evans** discussed county concerns, including traffic safety, patrols, and ICE-related issues. The event offered a valuable opportunity for open conversation and stronger community connections.



The Aronos Club is proud to continue this annual tradition and thanks all the law enforcement representatives and community members who took the time to participate and make this year's event a success! Refreshments and treats were generously donated by Day-O, Mother Lode Coffee Roasting Co., Nox Coffee & More, Price Co., Adventist Health, Safeway, Dennis Weibe and Elena Linehan.



Fun was had by all: **New officers were installed by CFWC 1st VP Cindy Sanders for 2026-2028!** Gifts, goodies and special thank you's for everyone from our new **President, Cathie Petithomme**, whose graphic theme this year is pink butterflies! There were delicious salads and desserts to enjoy and it was great visiting with everyone again after our long summer break!

Crafting Sessions - Come Craft with Us!...

Seeking volunteer Crafters: help us make ornaments and wreaths for the Aronos Club Christmas Tree and Fall Fundraisers! Our 1st session is Wednesday, October 21, 3-5 pm, followed by November 4th and November 18th, both at 3-5 pm, **Please bring a wire cutter and needle-nose pliers if you can.** We have crafting supplies to make the ornaments and wreaths but short on tools!

AND don't forget the annual **BIG Crafting with Tuolumne County Arts** for the children in Tuolumne County! Supplies and refreshments provided coming up on November 25th.



We accept tax deductible donations which help fund building projects, scholarships
 and our Aronos Club Teacher Support Program.
 Federal Tax ID94-6090599 (501c3) State Tax ID 1681830

