

SAMPLE CALENDAR



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	Exercise Bible Study	Exercise Baking Time	Bingo Board Games Exercise	Exercise Story Time	Exercise Jazz Night @ church (6-9pm) Cost \$5.00	Exercise Shopping @ Local Stores Movie Night
7	8	9	10	11	12	13
Church Service	Exercise Blues Night (6-9 pm @ Church) Cost \$5.00	Exercise Apple Cider & Cheese Social	Bingo Board Games Exercise	Exercise Crochet	Exercise Jazz Night @ church (6-9pm) Cost \$5.00	Exercise Shopping @ Local Stores Movie Night
14	15	16	17	18	19	20
Church Service	Exercise Bible Study	Exercise Baking Time	Bingo Board Games Exercise	Exercise Story Time	Exercise Jazz Night @ church (6-9pm) Cost \$5.00	Exercise Shopping @ Local Stores Movie Night
21	22	23	24	25	26	27
Church Service	Exercise Blues Night (6-9 pm @ Church) Cost \$5.00	Exercise Apple Cider & Cheese Social	Bingo Board Games Exercise	Exercise Crochet	Exercise Jazz Night @ church (6-9pm) Cost \$5.00	Exercise Shopping @ Local Stores Movie Night
28	29	30				
Church Service	Exercise Bible Study	Exercise Baking Time				
				***Activities are subject to change		